



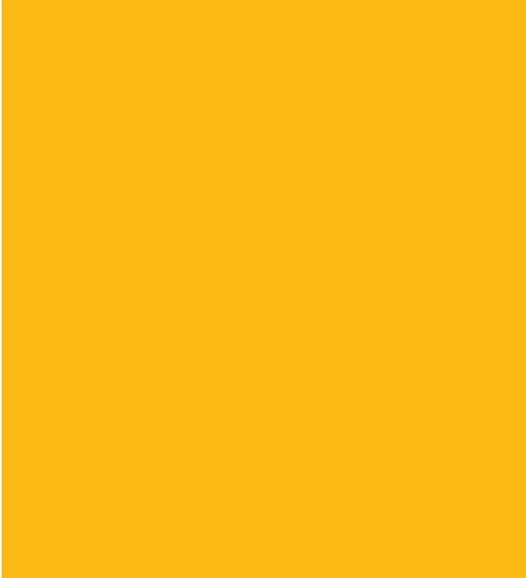
A Report On
**The Charitable
Giving Patterns
of Houston Women**



A Study Sponsored by

**The Women's
RESOURCE**
OF GREATER HOUSTON
Building Financial Literacy





Dear Friend,

For the past 20 years, The Women's Resource of Greater Houston has expanded opportunities for women and girls to be independent, productive and economically stable. When the founders of our organization gathered in 1990, they established five goals.

- Help women become economically self sufficient.
- Encourage prevention and early intervention of problems affecting women and girls.
- Support programs that help develop and improve life skills.
- Actively involve women in philanthropic decision making.
- Educate women about charitable giving.

Since that time, we have diligently pursued the first three goals- we taught free personal finance classes to over 13,000 Houstonians; published 13 research reports on issues significant to women, girls and families; and awarded more than \$850,000 in grants. As we approached our 20th anniversary, it would have been easy to pat ourselves on the back and say, "job well done", but we chose to ask critical questions instead.

As a leading organization for women and girls, we cannot celebrate 20 years or plan for the next 20 without an understanding of the charitable giving patterns of Houston women: What causes and organizations do women give to? How do women give- time, in-kind or money? What are the most pressing needs of women and girls based on both data and the perspective of nonprofit agencies?

This report, for the first-time in Houston, tells us what women are doing, why they are doing it, and outlines opportunities for improvement. It is not research-as-usual. The report authors went to great lengths to ensure that we have data that will help us make informed decisions. For our organization, their work paid off. This research confirms that our mission is still as relevant as it was two decades ago, but it also reveals that we need to be more strategic.

I hope that something will be revealed for you too, and that you realize that you have great capacity to create meaningful, positive change. I encourage you to read this report so that you not only gain information for yourself but also for the women and girls who are counting on us.

Dreaming Big,



LaTanya Flix
Executive Director

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INTRODUCTION

*There are “six C’s of women’s giving. Women give with the intent to Create new solutions, Change things for the better, Commit through volunteerism, Connect with those they affect, Collaborate with others, and Celebrate to have fun together... Recognizing that women’s roles in society and philanthropy have continued to evolve..., there is another C to consider – **Capacity**. Women’s philanthropic potential, through earnings, marriage, and inheritance, has created an unparalleled capacity to give. Increased capacity enables women to:*

Take control of their lives, their finances, and their philanthropy;

Gain confidence to become philanthropic leaders; and

Have the courage to challenge the old ways of doing things and take risks with their giving to bring about change.”¹

The Women’s Resource of Greater Houston is committed to expanding opportunities for women and girls to become independent, productive and economically stable. Over the past 20 years, The Women’s Resource has worked to achieve this mission by providing grants to non-profits that serve women and girls, providing free financial literacy and personal finance classes, and by conducting targeted research on topics of significance to Houston women.

Aware of the growing role of women in philanthropy and their increasing capacity to bring about change, The Women’s Resource sponsored this study on the charitable giving patterns of women in Houston to better understand women donor’s interests, motivation for giving, and the extent of their support for organizations that benefit women and girls. This research, conducted for the first time in Houston, focused on answering six questions:

What causes do women donors in Houston care about?

What charitable organizations do they give to and why do they support the organizations to which they contribute?

To what extent do women donors support organizations that serve primarily women and girls?

How do the interests of women donors align with the needs of women and girls in Houston?

What can be accomplished with increased and targeted giving to organizations that specifically benefit women and girls?

And finally, what organizations exist in the Houston area to specifically benefit women and girls?

The following report is a summary of the research findings.

¹ Selected excerpt from *Women’s Giving Circles* by Sondra Shaw-Hardy.



EXECUTIVE summary



Women donors are a tremendous asset to the greater Houston community. They give an impressive amount of time and money to organizations that address a wide range of causes. Their giving is deeply personal, connected in some way to their lives or the lives of those they care about. And they are willing to give more, when they can, to improve the lives of women and girls in Houston. The results of this study demonstrate that there are many opportunities to address the difficult challenges that women and girls face, and that perhaps the most powerful opportunity to improve the lives of women and girls is to harness the power of women's giving to overcome the most critical challenges.

Charitable Giving Among Women Donors

Following national trends, women in Houston are a significant force in philanthropy. Ninety-five percent (95%) of women who took the survey on Charitable Giving report contributing time, money or goods to charitable organizations in the past year. Eighty percent (80%) of these women contributed money and more than 70% reported volunteering their time. Of the women who gave their time, they contributed almost 85,000 hours of service to community organizations last year. Of those who contributed financially, nearly half gave a total of \$1,000 and \$2,000 to charitable organizations.

Houston women donors give to a wide range of causes as well as to multiple causes, but an underly-

ing theme is the personal nature of their giving. The majority of women donors in Houston support social service and religious organizations. Nearly half of women support educational issues - including traditional education institutions as well as organizations that provide financial education and job training. One-third support health services and research. Regardless of the causes women donors contribute to, the vast majority are motivated to give for similar reasons: a personal belief in a cause, compassion for those in need, and a desire to contribute to their community. Nearly 50% of women donors were motivated to give to a cause because the issue affects their lives or the lives of people close to them.

Women donors also learn about the organizations to which they give in a personal way. The most common source of information about a charitable organization is that the donor, or someone close to them, has been affected by the organization. Appeals by places of worship and the recommendations of friends and associates are also important ways that women learn about the organizations they support. Notably, targeted solicitations by email, mail, workplace campaigns and media ads reached less than a third of Houston female donors. Together, these findings have important implications for organizations that are trying to reach women donors.

Nineteen percent (19%) of donations by women donors went to causes and organizations that specifically benefit women and girls, and 89% of women donors would give more to organizations that serve women and girls if they could. Among these women, the issues they wanted to support included: addressing the needs of vulnerable women, improving the education of women and girls, and increasing health care services and research. A common thread among survey respondents was the emphasis on the theme of 'empowerment', by which they meant that women could have the power to decide how they act with other girls, free from the effects of peer pressure and bullying, and how they act with the men in their lives, making the decisions about their bodies and their sexuality, and freeing themselves from the subjugation that often accompanies domestic violence.

Opportunities for Investment

Recent Census data on the status of women and girls in education, health, and employment is quite consistent with what Houston women donors see in their personal lives: women who do not get the



education they need - including life skills, academic and technical training - and engage in unhealthy behaviors are relatively powerless in the face of the forces they encounter at home, at work, and in the community. While many of the indicators in education, health, and employment show women and girls in difficult situations, a few are particularly severe:

- In education, the dropout rate and the low SAT scores are indicators of low educational performance. Without a good education, all the other issues that women experience in life are harder to address.
- In health, the Census data highlights the degree to which women are engaged in risky behaviors; leading relatively inactive lives, carrying too much weight, burdened by stress, and drinking excessively. Women are also subject to health issues that men do not have at all, such as breast cancer and unwanted pregnancy. While cancer occurs independent of attitude and behavior, unwanted pregnancy is highly related to women's feeling of powerlessness in the face of peer pressure and male domination.
- In employment, the increasing number of women in poverty is the most telling statistic that describes the difficulties women face. Single mothers and their children are the most prevalent demographic among the poor. Poverty itself is a function of other issues, such as a lack of education, unhealthy behaviors, and an overall feeling of powerlessness.

Organizations with a mission to meet the needs of women and girls have an acute awareness of the needs of women and girls. From this perspective, the needs are quite detailed. In health, more is needed to address unwanted pregnancies, breast cancer, and eating disorders. In employment, job readiness skills and the lack of available and affordable child care and after-school care are the biggest challenges to women pursuing and retaining gainful employment and achieving self-sufficiency. Organizations that work with girls noted a particular concern for aggression and bullying, a theme that was consistent with the overall attention given to unhealthy behaviors.

From each of these views on the needs of women and girls in the Houston area, we can identify a number of opportunities for investment that can specifically benefit women and girls.



Education:

- Develop strategies to address self-image and relational issues including motivation, self-esteem, aggression and bullying.
- Increase investments in college readiness.

Health:

- Invest in strategies that encourage healthy eating, life style and self-image.
- Increase access to mental health supports.
- Invest in more education on issues relating to sexuality.
- Continue to invest in education and screenings for breast cancer.

Employment:

- Continue support for life skills training, including financial planning, money management, and investing.
- Support professional development and mentoring to allow for job and salary advancement.
- Invest in strategies to offer more child support options for women, including child care and after-school care.

Empowerment:

- Invest in programs designed to build self-esteem, self-image, and healthy relationships in order to reduce violence and abuses against women;
- Invest more in legal services for abused women seeking to leave unhealthy relationships.

Women donors in Houston care deeply about issues that affect them, their families, and their communities. They are willing to give substantial time, money, and goods to help women and girls lead full and healthy lives. However, the multiplicity of interests on the part of women donors can dilute their voice and, hence, their power to resolve the challenges they want to address. As women emerge as a critical force in philanthropy, perhaps a greater opportunity to address the needs of women and girls in Houston is to bring women donors together to prioritize issues of importance. Bringing together the voices and experiences of women, and engaging their abilities as solution builders and leaders, can harness the power of women's giving to overcome the most critical challenges.

Conclusion

Decades ago, women came together and found their voice by bringing light to the social and economic challenges that women and girls uniquely faced. In the years since, women have worked to address these issues and, because of these efforts, women have come a very long way. Yet much more needs to be done. As one service provider noted, "women in Houston need to keep talking about issues that are important to them and get their voice back." Agreement on priorities, and a renewed and unified voice can magnify the capacity of women donors to reshape the future of women and girls in the Houston area.



METHODOLOGY



The Women's Resource of Greater Houston engaged Working Partner and two prominent researchers from the University of Houston to conduct a survey on charitable giving among Houston women. was complemented by three additional research components:

- An analysis of the status of women and girls in the areas of education, health, and employment;
- An analysis of the opportunities for investment that would meet the needs of women and girls in the Houston area; and
- A directory of organizations in the Houston area that serve primarily women and girls.

The survey of women consisted of nineteen questions that addressed: the causes that inspire women; their motivation for giving; how they learned about the organizations they support; and the nature of women's giving, including time, goods, and money. In addition, the survey asked specifically about women's support for organizations that serve primarily women and girls and their willingness to increase their support or women and girls.²

Participants for the survey were recruited from January to March 2010 using a variety of methods. Women were solicited to take the survey online by area social service, professional, civic and women's organizations that sent e-mail to their members inviting them to participate. Using a snowball sampling method, these respondents were each asked to forward the survey to two other female friends. In addition, paper surveys were distributed at three churches and two community centers. The survey was available in English, Spanish, and Chinese.

The analysis of the status of women and girls in the Houston region was conducted by updating the relevant indicators used in The Women's Resource's 2004 report, *The Status of Women and Girls' Greater Houston*. Data in this report was drawn primarily from the U.S. Census, using the three-year estimates of the Census Bureau's American Community Survey 2006-2008, as well as from secondary reports and other relevant government sources, such as the Texas Education Agency and the Texas Department of State Health Services.

Opportunities for investment were developed using data from the donor survey, the census data gathered for the status update, and by information gathered from

select organizations that serve women and girls. Eleven organizations were invited, based on their work in causes of interest to women donors and a high degree of donor support, to respond to two questions: What current initiatives or policies would you expand if new funds targeted to women/girls became available? What new initiatives, programs, or policies should be pursued in that case? Eight organizations responded, including Bay Area Turning Point, Baylor Teen Clinic, Dress for Success, Girls Inc., Girl Scout Council of San Jacinto, Houston Area Women's Center, Planned Parenthood, and The Rose.

Each of these sources – women donors, census data, and service providers – offers a different perspective on investment opportunities to advance the needs and interests of women and girls in Houston. These perspectives were reviewed and compared to identify trends and opportunities to invest in ways that will specifically benefit women and girls.

Finally, the directory of organizations that serve primarily women and girls was developed from three sources: the NCCS-Guidestar National Nonprofit Research Database of 501(c)3 public charities that filed Forms 990 or 990-EZ in the year 2007; from organizations listed by women donors in the donor survey; and by a website search of organizations that serve women and girls. Two criteria were applied to include an organization in the directory:

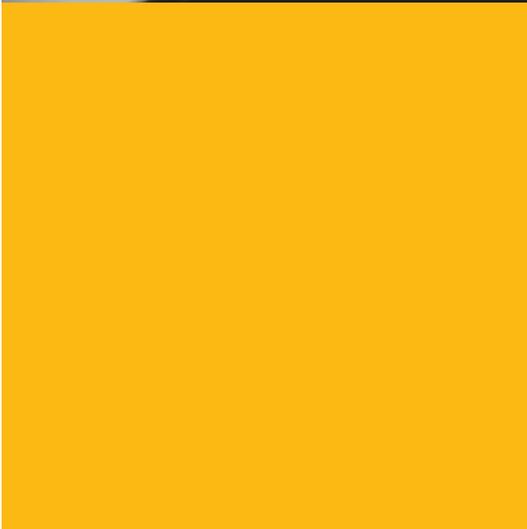
Organizations had to devote at least 95% of their effort and resources to serving women and/or girls.

Organizations had to have some contact information, such as a website, an address, or a phone number.

In cases where an organization's website information was outdated or no website was available, a verification process was undertaken between March 11th and March 26th to ensure that organizations listed in the directory still exist. Using email or phone calls, attempts were made to contact these organizations to secure updated information. If no contact with the organization was made, they were not included in the directory.



SURVEY FINDINGS



SURVEY FINDINGS

One thousand, eight hundred forty three (1,843) women from the greater Houston area participated in the survey: 1,576 completed the survey online and 267 women filled out a paper survey at locations targeted to ensure responses from diverse income groups. Responses were received from a diverse set of women. However, on average, survey respondents were more educated, wealthier, more likely to be white, and in a stable relationship compared to the women in Harris County. While the survey sample is not representative of the entire female population in Houston, it does represent women who are active in formal organizations. This donor profile also reflects findings from other national studies, where increased education, income, and

being married have been shown to correlate positively with higher levels of giving.³

Ninety-five percent (95%) of respondents reported donating time, goods, or money to community organizations in the last year:

- The vast majority (80%) contributed financially to organizations.
- Over three fourths (78%) of women donated goods to community organizations that help people in need.
- More than two-thirds of survey respondents (71%) reported volunteering their time to charitable organizations.

Table 1: Demographic Characteristics of Survey Participant and Harris County Women*

DEMOGRAPHIC CHARACTERISTICS	PARTICIPANTS	HARRIS COUNTY
Median Age	45 (range 18-81)	39.5 (range 18+)
Education		
Less than High School Diploma	5.7% (100)	21.9%
High School graduate/GED	5.0% (87)	26.0%
Some College	12.2% (214)	22.5%
Associate Degree/Vocational Certification	6.1% (106)	5.6%
College Graduate	33.9% (624)	16.5%
Post-graduate Degree	33.6% (619)	7.4%
Median Household Income	\$80,000-\$99,999	\$51,718
Race / Ethnicity		
African American/Black	17.7% (308)	19.7%
Asian	6.8% (119)	5.6%
Hispanic	22.7% (396)	36.7%
White	50.2% (876)	22.7%
Mixed Race/Ethnicity	1.9% (34)	1.5%
Other	.7% (12)	13.8%
Marital Status		
Single	18.5% (341)	29.1%
Married/Living with Partner	65.1% (1,140)	47.5%
Widowed	2.6% (45)	7.5%
Separated/Divorced	12.8% (224)	16.0%

*U.S. Census Bureau: 2006-2008 American Community Survey 3-Year Estimates

³ Brown, et al. 2008, Mesh et al., 2006, Newman, 1995.

The majority of women who participated in the survey often gave in multiple ways. Half of the women donated time, goods, and money. An additional twenty-eight percent (28%) gave in at least two ways. The high level of giving may be related to the relatively high levels of education and income as well as marital status of the women who participated in the survey. As noted above, these characteristics have been shown to correlate positively with higher levels of giving.⁴

Based on these survey findings, it is clear that women in the greater Houston area - through their donations of time, goods, and money - are vital assets for charitable and non-profit organizations.

What Houston Women Give To And Why

Women who reported donating to charitable organizations demonstrate support for a broad range of issues and organizations. The majority of women support human services and religious organizations. Nearly half of women donors supported disaster relief, which could be due to the Haiti relief campaign that coincided with the timing of the survey. Forty-five percent (45%) of women support educational issues, which includes elementary, secondary and post-secondary education institutions as well as organizations that provided financial education and job training.



ORGANIZATION TYPE SUPPORTED		
Social/Human services	1,176	(67%)
Religious	978	(56%)
Disaster relief	838	(48%)
Educational	783	(45%)
Health Services/Research	611	(35%)
Neighborhood/Civic	482	(28%)
Political Campaigns/Advocacy	426	(24%)
Arts/Entertainment	394	(23%)
Conservation/Wildlife Protection	226	(13%)
Other	69	(4%)
Animal Protection/Rescue	55	(3%)

Of the 4% who marked "other," many defined organization type by a specific target group rather than a service type, such as veteran-serving organizations.

These results are comparable to other national and international surveys. Andreoni et al (2003) and Piper & Schnepf (2008) found that women tend to give to multiple organizations and that they direct their giving to human services, health and educational organizations. The Houston findings are also similar to the Canadian Centre for Philanthropy's study of giving in Canada, which found social service, religious and education organizations as ranking among the top four issues to which women gave their time and money.⁵ In a study on generational and gender differences in motivation for giving,⁶ religious organizations ranked second and social services third among women donors. Across all three studies, (Brown et al., Canadian Centre for Philanthropy, and this study), religious organizations and social services were among the top three organization types to which women contributed.

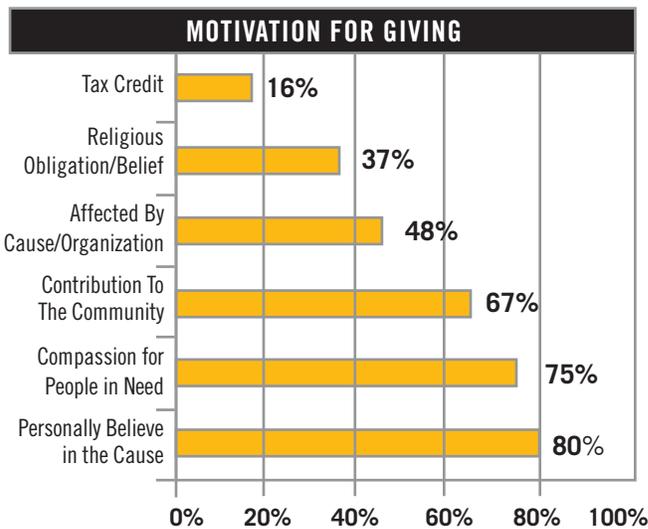
⁴ Brown, et al. 2008, Mesh et al., 2006, Newman, 1995.

⁵ Canadian Centre for Philanthropy. *Gender difference in giving and volunteering, Fact Sheet #5*. Retrieved 12/15/2009) from Imagine Canada website: http://www.givingandvolunteering.ca/files/giving/en/fs-1997_ca_gender_differences-e.pdf

⁶ Brown et al. "Men, Women, X and Y: Generational and Gender Differences in Motivation for Giving," The Center on Philanthropy at Indiana University.

What Motivates Women Donors in Houston to Give?

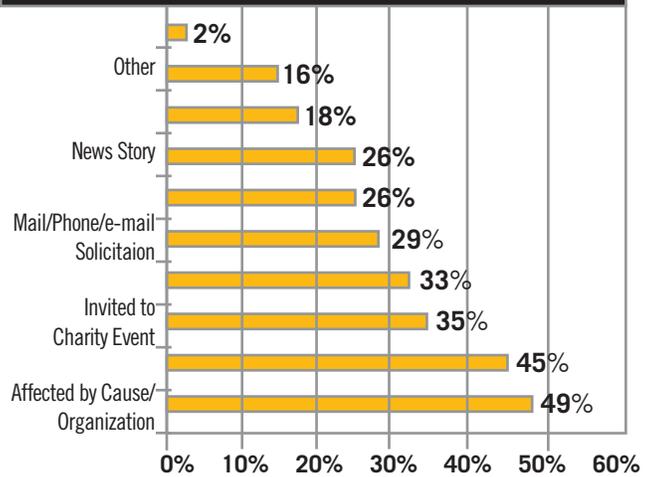
Houston women were motivated primarily because of a personal belief in a cause, a compassion for those in need, and a desire to contribute to the community. Nearly half (48%) of women donors supported issues that had affected their lives or the lives of people close to them. Although 56% of respondents reported giving to religious organizations, only 37% were motivated to give because of feelings of religious obligation or beliefs. Among women who were married or living with a partner, the majority (59%) reported that the decision to contribute was made jointly with their partner.



These results demonstrate that there is no single motivator for women who contribute to charitable causes. More importantly, the data underscores that giving among women donors is very personal, and, for the most part, that the cause must connect with their passions.

Women donors learn about the organizations to which they give in a similarly personal way. Although there is no predominant means by which women learn about the organizations to which they give, the most common source of information is that the donor, or someone close to them, had been affected by the organization. Other top means are through appeals at one's church or place of worship and learning about an organization through an associate or friend. Interestingly, targeted solicitations - through mail or email, workplace campaigns, media ads or door-to-door - reach less than one third of Houston women donors.

WAYS RESPONDENTS LEARNED ABOUT ORGANIZATIONS



Sixteen percent (16%) of women reported other sources of information about the charitable organization to which they gave. However, a common theme among these women was, again, the personal nature of the contact. Many of these respondents gave to organizations with which they work, are a member, or volunteer. Some of these women noted the importance of the long-term nature of their relationship with an organization. As one woman stated, "I have worked with or for the organizations for more than twenty years."

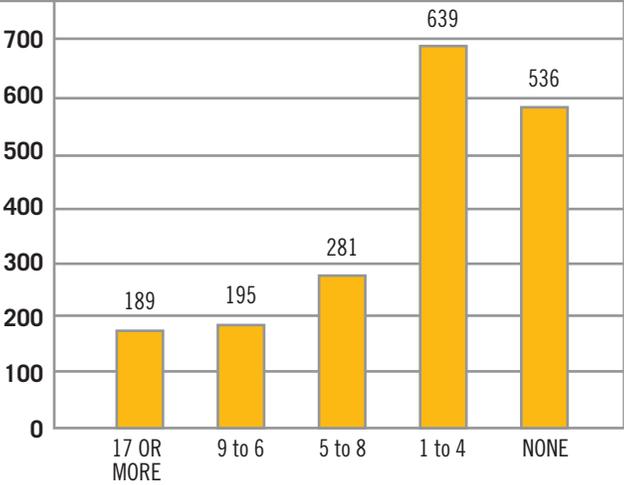
These results suggest that while Houston area women donors are reached through multiple outreach methods, the most effective contact tends to be personal. This finding is not unique to Houston women; Parsons (2004) found a similar pattern in her study of women who donated to the University of Alabama. Specifically, women are more likely to donate financially to organizations where they or their family members volunteer time.

The Nature and Extent of Houston Women's Giving

Of the women who reported donating to a charitable organization, 71% reported donating their time and 80% reported contributing money in the last year.

Among women who contribute their time, the greatest number (35%) volunteered between one and four hours in an average month. Although only 21% volunteered between 5 and 8 hours per month, and 29% volunteered more than 9 hours per month, their collective contribution is substantial. Together, the 1,843

HOURS DONATED IN AN AVERAGE MONTH



women who responded to this survey reported that they donated almost 85,000 hours of service to community organizations in the past year.

Among women who contributed financially to charitable organizations, the greatest proportion of women (49%) gave between \$1,000 and \$2,000 dollars in the past 12 months. The next most frequent amount contributed was in the range of \$100 - \$500.

In general, and consistent with the literature, wealth and more education were related to increased levels of volunteering and financial support. Among Houston women with household incomes over \$100,000, 46% were more likely to report volunteering more than 5 hours a month compared to 30% of other women.⁷ Similarly, 78% of wealthy women gave over \$500 in a year to non-profit organizations compared to 33% of other women. Perhaps this is no surprise. Women with more education and income are more likely to be aware of organizations in need of assistance, to have a broader skill set, and/or to have more disposable income and time to offer to causes of interest.

Finally, generational differences were noted in this study, with women of different generations having different patterns of giving. Women born between 1928 and 1945, often referred to as the 'Silent' Generation, had the highest levels of giving of both time and money. These women were followed in the levels of giving by the Boomer Generation (1946-1964), and the X Generation (1965-1981). The lowest level of giving was among the Millennial generation (those born in 1982 or later).⁸

PERCENT OF INCOME GROUP BY MONEY DONATED IN THE PAST 12 MONTHS (N=1651)



⁷ Only 1,651 women provided income information.

⁸ In other national studies (Brown et al.), the greatest financial giving was among Boomer women. The difference between that national finding and this study may be related to the nature of the survey sample, as discussed above. Alternatively, the results in this study may be related to other factors associated with generations and positively related to giving, such as marital status and religious attendance, which we were unable to include in the analysis.

SURVEY FINDINGS

Houston Women’s Support for Organizations Serving Primarily Women and Girls

Among women donors, 19% directed their contributions to causes and organizations that they perceive as serving primarily women and girls.⁹ Responses from

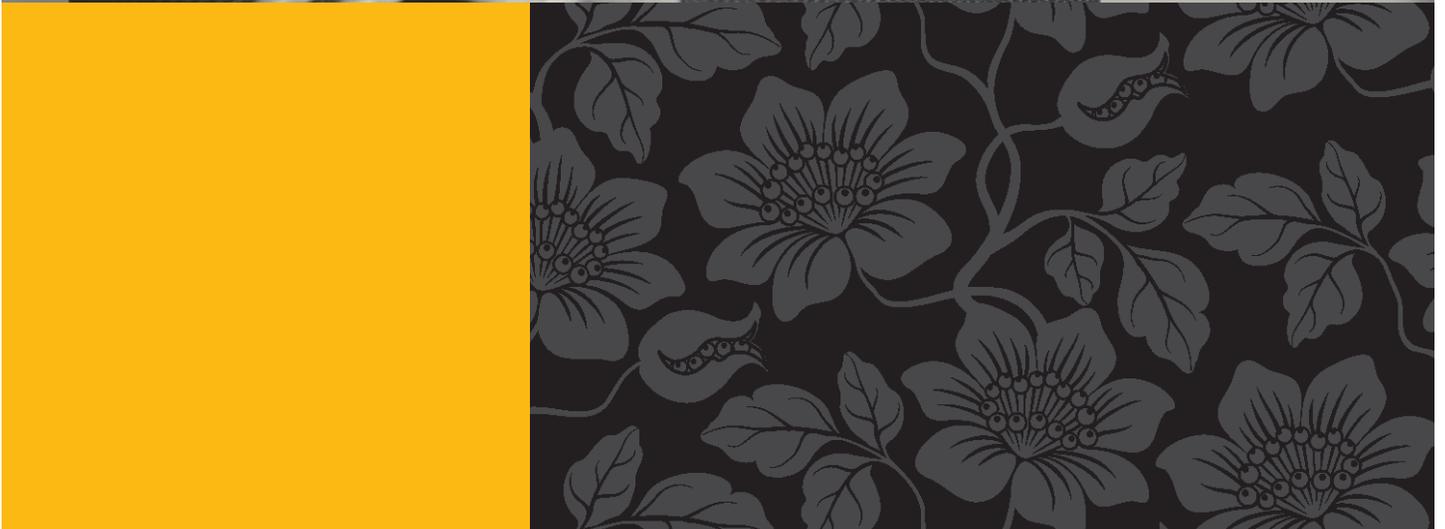
these donors indicate support for a broad range of interests and organizations. The three most prominently noted issues include concern for vulnerable women, and for the education and the health of women and girls.

CAUSE/ISSUE	NUMBER OF WOMEN SUPPORTING
ISSUES RELATED TO VULNERABLE WOMEN	
Domestic Violence	134
Social Services/Basic Needs	42
Homelessness	36
Substance Abuse/Mental Health	26
Refugee Services/Human Trafficking	2
Percent support	26%
ISSUES RELATING TO EDUCATION	
Education	111
Employment	108
Professional Development	18
Percent support	26%
ISSUES RELATING TO HEALTH	
Breast Cancer Services and Research	68
Health Other	34
Reproductive Health/ Crisis Pregnancy/ Teen Parents	53
Percent support	17%
ISSUES RELATED TO THE NEEDS OF GIRLS	
Youth Development	114
Child Abuse	6
Percent support	13%
OTHER	
Churches/religious groups, civic clubs, international development, political groups, sorority, grant makers, advocacy, disaster relief, arts, housing, women’s athletics, animal welfare, conservation, military (in no particular order)	165
Percent support	18%

⁹ “Organizations that serve primarily women and girls” was not specifically defined in the survey, but left to donor perception.



OPPORTUNITIES
FOR INVESTMENT



OPPORTUNITIES FOR INVESTMENT

An overwhelming majority of survey respondents (89%) stated that, if they could, they would give more to organizations that serve women and girls. Those that said that they would not contribute more to women and girls noted that they prefer to focus their giving on a cause rather than a demographic group.

Among women who said they are willing to increase their giving to women and girls, 82% said they would most like to support improvements for women and girls in education issues, 62% wanted to do more on health issues, and 62% wanted to support more on employment issues. Fourteen percent (14%) of respondents identified other issues that affect women and girls.

Some women identified issues of specific interest. For example, in the area of health, some would like to direct their giving to mental health and/or substance abuse treatment services; others would like to donate to specific diseases, such as breast cancer. In education, some women would like to direct more money to college scholarships, helping youth understand the "college experience," and assisting girls in planning their education. In employment, some donors would like to direct their support to training that results in employment.

A central theme that emerged from the responses is an interest in 'empowering' women and girls. This theme appears among women who want to donate more to the prevention of and recovery from domestic violence as well as among women who support education, health care, and employment. For those who want to support more education, their interest is to give women and girls the confidence and self esteem to avoid peer pressure and unhealthy relationships. For those who identify health care as an additional need, their interest

is for women and girls to have more control of their body and accept their body image. Among women interested in employment issues, their emphasis is on 'life skills' training - particularly in the area of financial planning, money management, and investing - and mentoring for girls and young women in the donor's profession.

THE STATUS OF WOMEN AND GIRLS IN EDUCATION, HEALTH AND EMPLOYMENT

Data on the status of Houston area women and girls in the areas of education, health and employment show women and girls facing a number of challenges in these areas, consistent with the desire of women donors to invest more to support for women and girls.

Education

Girls are improving their performance on state standardized tests at the elementary and secondary levels and are increasing their enrollment at the university and community college levels. However, girls still face serious challenges in education, especially when understood in the context of the global economy, which increasingly requires higher levels of educational achievement.

In 2009, 78% of girls in Houston area schools passed the minimum requirements of all tests on the state standardized exams at the elementary and secondary education levels.¹⁰ This number suggests that 22% of girls in the Houston area are unprepared to advance to the next level of education. Although Houston area girls are less likely than boys to dropout, a substantial number of girls do dropout. Official Texas Education Agency figures, which are often criticized for undercounting¹¹, suggest that, in 2009, 11% of girls in

HOW GIRLS SCORE ON KEY EDUCATION INDICATORS

	% Dropout*	% Graduate High School*	College Ready Grads in Math & Language*	Mean Composite SAT Score**
Region Average	11.3%	80.3%	41.2%	944
Statewide Average	9.5%	81.4%	44.0%	972
National Average	3.8%	NA	NA	1496

Source: * Texas Education Agency, Academic Excellence Indicator System

** "SAT scores show disparity by race, gender, family income" USA Today, August 26, 2009

¹⁰ Based on cumulative passing rates on state standardized tests in 2009.

the Houston area dropped out of high school.

Among girls in the Houston area who do graduate high school, only 41% were considered by the Texas Education Agency to be ready for college level material.¹² Similarly, Houston girls' mean SAT scores, a measure widely considered for college acceptance, are quite low, at 944 compared to the national average of 1496.

Health

Access to affordable healthcare and increasing vulnerability to health risks continue to be issues of serious concern to all women, and in particular to low-income Black and Hispanic women, who have not seen much improvement in health issues.

Twenty-eight percent (28%) of Harris County area women reported having no health insurance in 2008, 55% of which are Hispanic and 33% are African-American. Twenty four percent (24%) of women in the Houston area, up from 13% in 2002, reported being unable to get medical care because of the cost. The recent economic downturn has prompted many employers to shed or reduce health insurance benefits, so the concern for accessing affordable health care is likely to be even greater today.

WOMEN WHO REPORT NO HEALTH INSURANCE	2002	2008
White	14.70%	12.20%
Black	26.60%	32.70%
Hispanic	65%	55.10%
TOTAL	34.0%	28.4%

Source: TDSHS Behavioral Risk Factor Surveillance System, Public Health Administrative Region 6

The lack of accessible and affordable health care is especially concerning given women's increasing vulnerability to a variety of health risk factors. More than 50% of females in the Houston region are overweight or obese and 30% of women and girls report having no time to partake in physical activity. More than 20% of females experience poor mental health more than 5 days a month and a growing number are engaging in an excessive use of alcohol. These issues, coupled with the nearly 20% of women who fail to get an annual exam, puts a significant number of

women and girls at greater risk for health problems.

HEALTH RISK FACTORS			
	2002	2008	% Change
Smoking	19.0%	15.3%	-3.7%
5 or more drinks/ binge drinking	7.0%	12.6%	5.6%
Overweight or obese	53.3%	58.1%	4.8%
No time for physical activity	31.3%	30.9%	-.4%
5+ days of poor mental health		20.5%	
No PAP Smear in 3 years	14.0%	18.6%	4.6%

Concern for reproductive issues, teen pregnancy, and violence against women was a strong trend among Houston women donors. Data on these issues show the number of abortions to be down slightly, with the notable exception of African-American women, who had a 16% increase in abortions between 2000 and 2008.

ABORTIONS	HARRIS COUNTY
2008	18,107
2000	18,657
Change	-550
% change	-2.9%

Source: Texas Department of State Health Services

The number of teen pregnancies has stayed about the same over the past 8 years. Of women who gave birth in Harris County in 2007, 4.5% were 17 years old or younger, compared to 4.7% in 2001. Teen pregnancy in the Hispanic community remains high, where 5.9% of Hispanic women giving birth were 17 or younger.

¹¹ See Children At Risk's white paper on the Texas Dropout Crisis for an analysis of how the State's dropout rate is calculated and deficiencies in the approach.

¹² This percentage reflects 2008 TEA figures.

OPPORTUNITIES FOR INVESTMENT

BIRTHS BY WOMEN 17 YEARS AND YOUNGER				
	Total (%)	White	Black	Hispanic
Texas	19,863 (4.9%)	3,428 (2.2%)	2,776 (6%)	13,659 (16.7%)
Harris	3,206 (4.5%)	311 (1.5%)	652 (5.1%)	2,243 (5.9%)

Source: Texas Department of State Health Services

Finally, the incidence of violence and abuse against women, especially at the hands of an intimate partner, continues to grow. The National Institute of Justice reports that 1.5 million women are raped or assaulted by intimate partners in the U.S. each year. In Texas, both the number of family violence incidents and women killed by intimate partners are up since 2002, by 5.5% and 16.2% respectively.

VIOLENCE AGAINST WOMEN IN TEXAS			
	2002	2008	% Change
Number of family violence incidents	183,440	193,505	5.5%
Number of Women killed by intimate partners	117	136	16.2%
Number of adults denied shelter due to lack of space	19%	22.6%	3.65%

Source: Texas Council on Family Violence

Another, perhaps more extreme, form of abuse known as human trafficking has emerged in the past several years as a critical issue for women and girls in Houston and Texas. Globally, human trafficking is recognized as the second largest criminal industry in the world, behind drug dealing, and is the fastest growing.¹³ According to the Polaris Project, a national organization that works to end slavery of all forms, between 14,500 and 17,500 foreign nationals are trafficked into the United States each year and an

estimated 244,000 American children and youth are at risk of sexual exploitation.¹⁴ With our proximity to Mexico, extensive transportation networks, and large number of runaway youth who can be lured into sex trafficking, Texas, and Houston in particular, are noted hubs of trafficking. According to Children at Risk, "in the last quarter of 2007, 30% of the calls received by the National Human Trafficking Hotline were out of Texas and 25% of all international victims certified by the U.S. Department of Health and Human Services were in Texas."¹⁵

Employment

In the area of employment, women's status continues to improve, with median earnings growing and women increasing their numbers in traditionally male occupations. However, these advances often are not enough to overcome some of the broader, work-related challenges women face. Changes in the global economy are also muting many of the positive effects of these advances.

For example, although women's median earnings are increasing, they remain significantly lower than that of men. Taken together with the impact of the economic downturn, this means that more families must survive on the lower income of women.¹⁶ Additionally, access to affordable and quality childcare is an important issue for working women. According to The Women's Resource 2004 The Status of Women and Girls Greater Houston report, "Often subsidized childcare is the difference between a woman being able to work to support herself and her children or having to rely solely on public assistance." Yet over the past decade, average weekly childcare costs in the Houston area have increased between 11% and 35%, depending on where the childcare center is located and the age of the child. In some areas, the increase in childcare costs exceeds the increase in median earnings.

These challenges support perhaps the most disturbing trend: that women constitute the majority of people living in poverty. In 2008, women were 55% of the Harris County population with incomes below poverty, a 26% increase from 2000.

¹³ U.S. Dept. of Health and Human Services, Administration for Children and Families, www.acf.hhs.gov

¹⁴ Polaris Project, Human Trafficking Statistics www.PolarisProject.org

¹⁵ *Children at Risk, Data and Issues, Human Trafficking*. www.childrenatrisk.org

¹⁶ "The New Economics of Marriage: The Rise of Wives" Pew Research Center, February 2010.

PERSPECTIVE OF ORGANIZATIONS THAT SERVE WOMEN AND GIRLS

Data is helpful to confirm or identify areas of need or opportunity, but it is unable to paint the full picture of what is required to address the needs and interests of women and girls. Service providers who work with women and girls on a day-to-day basis understand the needs and opportunities for women and girls differently than donors do. Because of their unique position they offer a different perspective of what is needed to assist women and girls to become independent, productive and economically stable. To understand their perspective, eleven organizations were invited, based on the causes of greatest interest to Houston women donors and the extent to which donors supported the organizations, to answer the following questions:

1. *If new funds targeted to women/girls became available, what current initiatives or policies (either your own initiatives and policies, or those of others) would you expand?*
2. *If new funds targeted to women/girls became available, what new initiatives, programs, or policies do you believe should be pursued?*

Eight organizations responded, identifying 28 separate needs that programs serving women and girls should address.¹⁷

Based on their responses and conversations with the service providers, two issues emerged most strongly: the need to address the variety of issues that relate to unhealthy relationships and the need to address the unique health issues of women, and especially those that relate to sexuality.

NEEDS IDENTIFIED BY SELECTED ORGANIZATIONS THAT SERVE WOMEN AND GIRLS

Needs Sector	Number of Organizations that Mention the Need	Number of times those Organizations Mention the Need
Domestic violence	1	1
Family relationships	1	1
Legal services	2	2
Child care	1	1
Education	2	2
Development (positive image)	2	2
Relational Aggression	3	3
Health	3	7 ¹⁸
Mental health services	2	2
Sexuality	2	5
Substance abuse	2	2

¹⁷ The eight organizations that responded include: Baylor Teen Clinic, Bay Area Turning Point, Dress for Success, Girls Inc., Girl Scouts of San Jacinto County, Houston Area Women's Center, Planned Parenthood; The Rose.

¹⁸ Five items were mentioned from one organization.



Specific needs mentioned relating to women's health and sexuality included:

- More education about the prevention of pregnancies and sexually transmitted infections as well as education on other health issues.
- Renewed education and information that emphasizes the importance of women being screened for breast cancer, and especially screenings of younger women as more young women are being diagnosed with breast cancer.
- More resources to assist with mental health and substance abuse.

One other recommendation was made that did not fall into any of these categories, but was pertinent to all issues regarding women: "Women need to keep talking about issues that are important to us. The voice of women has weakened over the years, and we need to get that voice back."

In regards to the former, providers specifically mentioned the following:

- Among girls, provide "more education on the enhancement of positive attitudes, including inspiration for better futures and motivation to improve school performance and bolster family relationships."
- For all women, provide new "programs about bullying and aggressive behaviors."
- Offer "programs that change the way individuals approach their relationships."
- Increase attention to issues that affect girls' healthy living, including relational aggression; healthy media images; and eating disorders.
- Provide more legal services resources to handle representation, divorce proceedings, and protective orders for abused women trying to leave unhealthy relationships.



TRENDS and RECOMMENDATIONS



TRENDS AND RECOMMENDATIONS

The discussion above reveals three different perspectives on the opportunities to address the needs and advance the interests of women and girls, and each offers slightly different answers to where new investments should be directed. Though the answers are different, they are not inconsistent.

Women donors take a personal approach to address the needs of women and girls in the Houston area, probably reflecting their own experience and the experience of the women and girls they have known, including their own mothers, sisters, daughters, and friends. Their interests concentrate on giving women and girls the education, mentoring, and counseling they need to lead full and healthy lives.

The Census data looks at women and girls on a completely different level. The data reveals little, if anything, about the personal lives of women and girls. Rather, it measures and tracks the changes in aggregate data around indicators that are believed to describe their status in a given area. While many of the indicators in education, health, and employment show women in difficult situations, a few appear to be particularly severe: low educational performance, as indicated by the dropout rate and the low SAT scores; the degree to which women are engaged in risky behaviors, particularly leading relatively inactive lives,

carrying too much weight, being burdened by stress, and drinking excessively; and the number of women in poverty. Poverty itself is a function of other issues, such as a lack of education, unhealthy behaviors, and an overall feeling of powerlessness.

The third perspective of service providers who work to meet the needs of women and girls every day, approaches the issue from the standpoint of being acutely aware of the specific needs of women and girls within a particular area of service. As a result, the responses from the providers who answered the questions on how to invest additional funds are the most detailed of the three perspectives. Organizations that work on the health of women and girls reported specific and detailed opportunities for investment in unwanted pregnancy, breast cancer and eating disorders. In employment, providers felt that lack of available and affordable day care and after-school care were most important in helping women pursue and retain gainful employment and achieve self-sufficiency. Domestic abuse providers also pointed to the need for more day care and after-school services, though they emphasized the critical need for free legal services for abused women who are trying to untangle their lives from unhealthy relationships. Organizations that focused on girls noted concern for aggression and bullying, a

OPPORTUNITIES FOR INVESTMENT

	Education	Health	Employment	Other
Women Donors	Build confidence and self-esteem, scholarships, counseling	Give women more control of their body & accept their body image, more support for mental health	Life skills training, mentoring	Reduce domestic violence
Census	Address high educational dropout rates, low SAT scores, lack of preparation for global economy	Minimize health risk factors, particularly drinking	Improve median earnings, access to affordable child care, efforts to bring women out of poverty	Reduce & address impact of violence from intimate partners, human trafficking
Service Providers	Reduce peer-to-peer aggression, bullying	Address issues relating to sexuality, more equipment and reimbursement for breast cancer screening, increase healthy media images, reduce eating disorders	More affordable and accessible day care, after-school care	Legal support to assist abused women leave unhealthy relationships

theme that was consistent with the overall attention given to unhealthy behaviors.

Taken together, these perspectives present a rich menu of opportunities, any of which will make a significant contribution to improving the lives of women and girls in our area.

Based on the chart at left, the following are opportunities for investment to address the needs and advance the interests of women and girls in the Houston area:

Education:

- Develop strategies to address self-image and relational issues including motivation, self-esteem, aggression and bullying;
- Increase investments in college readiness.

Health:

- Invest in strategies that encourage healthy eating, lifestyle and self-image;
- Increase access to mental health supports;
- Invest in more education on issues relating to sexuality;
- Continue to invest in education and screenings for breast cancer.

Employment:

- Continue investment in life skills training, including financial planning, money management, and investment;
- Invest in professional development and mentoring to allow for job and salary advancement;
- Invest in strategies to offer more child support options for women, including child care and after-school care.

Empowerment:

- Invest in programs designed to build self-esteem, self-image, and healthy relationships in order to reduce violence and abuses against women;
- Invest more in legal services for abused women seeking to untangle themselves from unhealthy relationships.

It is important to note that while each of these opportunities to invest addresses a critical need, they are deeply intertwined: young women require a quality education that includes the academic, social, and life skills needed to navigate work and home life. They need to care for themselves and have access to health



resources that can help them attend to their special needs as women. In addition to their education, they also need a chance to work and make a living without worrying how to care for their children. Most of all, and consistent throughout, women need their own sense of power to make their own decisions on education, health, and employment, free from the enormous pressures that are placed on them.

Clearly women and girls continue to be affected by a number of considerable challenges. However, the multiplicity of interests on the part of women donors could dilute their voice and, hence, their power to resolve the problems they seek to address. As women emerge as a critical force in philanthropy, perhaps a greater opportunity to address the needs of women and girls in Houston is to bring women donors together to prioritize issues of importance. Bringing together the voices and experiences of women, and engaging their abilities as solution builders and leaders can harness the power of women's giving to overcome the most critical challenges.

RESOURCE DIRECTORY

In light of the many women donors who are willing to do more to support women and girls in the Houston area, a Resource Directory has been developed to highlight the many organizations that address the issues that donors care about most. For each organization listed, contact information is provided, as well as information about the mission and services of the organizations. The following is a list of all organizations included in the attached Resource Directory.

AAA Concerned Women's Center
Aid to Victims of Domestic Violence
Alcohol Drug Abuse Women's Center, Inc.
American Association for Women Radiologists
American Association of University Women
American Business Women's Association
American Society of Women Accountants
Amigas Latinas for College
Annie's List
Association for Women in Aviation Maintenance
Bay Area Turning Point Women's Shelter
Baylor Teen Clinic
Birthright
Bonita's House of Hope
Breast Cancer Network of Strength
Bridge over Troubled Waters Inc.
Brigid's Hope
Business and Professional Women Association
Cancare of Houston Inc.
Carenet Pregnancy Center
Casa Juan Diego
Catholic Charities Pregnancy Services
Celebration of Women's Ministry
Center for Pregnancy - Friendswood
Charity Guild of Catholic Women of Harris County
Commercial Real Estate Women, Houston
Community Doula Program
Community Pregnancy Center of Pasadena
Crisis Pregnancy Center of Houston
Cy-Fair Girls Athletic Association
Daya Inc.
De Madres a Madres Inc.
Dfeet Breast Cancer Inc.
Dress for Success Houston
Elizabeth Haven
Elnita McClain Women's Center, Inc.
Federation of Houston Professional Women
Fort Bend County Women's Center Inc.
Foundation for Women's Resources
Fulshear Ranch Academy
Girl Scouts of San Jacinto Council
Girls Inc. of Greater Houston
Girls on the Run, Greater Houston
Gracewood
Hadassah- Women's Zionist Org. of America
Haven Place TLC for Women
Hearts Desire Women Ministries Inc.
Helping Afghan Women Project
Hispanic Nurses Association - Houston Chapter
Hispanic Women in Leadership
Hispanic Women's Network of Texas
Houston Area Women's Center Inc.
Houston City Club Ladies Tennis Association
Houston Women's Business Council Inc.
Houston Women's Care Associates
Houston Women's Chamber of Commerce
Initiative for Jewish Women
Inspire Women
Islamic Women in Service to Humanity
Junior League of Galveston County Inc.

Resource Directory

Junior League of Houston Inc.
Junior League of N. Harris & S. Montgomery
Katy Girls Softball Inc.
Kingdom Girls International
Kingwood Women's Club
La Leche League International Inc.
La Rosa Family Services
League of Women Voters of Houston
Maria Boswell Flake Home for Old Women
Mission of Yahweh
Moms in Motion
Moms USA Inc.
Montgomery County Women's Center
NARAL Pro-Choice Texas
National Association of University Women
National Association of Women Business Owners
National Association of Women in Construction
National Charity League
National Council of Jewish Women Inc.
National Council of Negro Women Inc.
National Organization of Mothers of Twins Clubs Inc.
National Women of Achievement Inc.
Network of Executive Women in Hospitality Inc.
New Hope Women's Center Inc.
North Channel Women's Coalition Inc.
Organization for the Empowerment of Women
Pink Bracelet Fund
Pink Ribbons Project Inc.
Planned Parenthood of Houston
Positive Efforts
Pregnancy Assistance Center North Inc.
Pregnancy Help Center Inc.
Pregnancy Resource Center of Ft. Bend County
Ready Women Inc.
Resource and Crisis Center of Galveston County
Santa Maria Hostel Inc.
Second Mile Mission Center
Sisters Network Inc.
Sisters of Serenity Ministry
Society for Professional Women in Petroleum
Society of Women Engineers
Star of Hope Women's Shelter
Suburban Sugar Land Women
Sugar Land Girls Softball Association
Susan B. Komen Breast Cancer Foundation
Swedish Women Educational Association
Texas Executive Women
Texas Medical Center Women's Health Network
Texas Women Empowerment Foundation
Texas Women's Institute for Financial Education
The Center for Success & Independence
The Family Violence Center
The Rose
The Women's Fund for Health Education and Research
The Women's Home
The Women's Resource of Greater Houston
TMC Women's Health Network
Turning Point Center
Turning Point Ministries International Inc.
Ukrainian National Women's League of America Inc
Vanguard Women's Foundation
Warriors of Truth - Black Women for Changing Society
West Houston Girls Softball Association
Women Healing and Empowering Women
Women in Aviation
Women in Film Houston
Women in the Visual and Literary Arts
Women of Excellence Ministries Inc.
Women of Stature Ministries
Women of Vision Houston
Women Opting for More Affordable Housing Now
Women Professionals in Government
Women's Business Enterprise Alliance
Women's Business Support Network Foundation
Women's Cancer Foundation
Women's Center of Brazoria County
Women's Hospital of Texas
Women's Institute of Houston
Women's Resource Center
Women's Sports Initiative
Women's Way Out Center Inc.
Y-Me National Breast Cancer Organization Inc.
Young Women's Christian Association of Houston
Zina Garrison Foundation Inc.

Resource Directory

ORGANIZATION NAME	ADDRESS	CITY/STATE	ZIP	PHONE	WEBSITE	MISSION	SERVICES PROVIDED
AAA Concerned Women's Center	7324 Southwest Freeway #978	Houston TX	77074	713-988-2200	www.aaaconcernedwomen-center.org		
Aid to Victims of Domestic Violence	1001 Texas Ave, Suite 600	Houston TX	77002	713-224-9911	www.avda-TX.org	To provide direct services to families victimized by domestic violence by providing legal representation, education, and battering intervention programs.	Victim advocacy, legal advocacy, battering intervention and prevention programs
Alcohol Drug Abuse Women's Center, Inc.	201 1ST ST	Galveston TX	77550	409-763-5516	www.adawomenscenter.org	To provide licensed substance abuse treatment for medically indigent women in Galveston and Brazoria Counties	Residential program, transitional treatment, occupational therapy
American Association for Women Radiologists	4550 Post Oak Place Dr Ste 342	Houston TX	77027	713-965-0566	www.aawr.org	To provide a forum for issues unique to women in radiology, radiation oncology and related professions	Networking, research, education
American Association of University Women					www.aauwHouston.org	To advance equity for women and girls through advocacy, education, philanthropy and research	Monthly meetings, Community Projects, Branch Scholarships
American Business Women's Association	1114 Summer Brk	Sugar Land TX	77479		www.abwafortbend.org	To bring together businesswomen of diverse occupations and to provide opportunities for them to help themselves and others grow personally and professionally through leadership, education, networking, support, and national recognition	Monthly meetings, outreach services, community involvement
American Society of Women Accountants	10318 Minturn Ln	Houston TX	77064		www.aswaHouston.org	To advance the interest of women in all fields of accounting and finance.	Networking, scholarship program
Amigas Latinas for College					www.amigaslatinas4college.blogspot.com	To increase the number of Hispanic young women who succeed in achieving the goals of a higher education	Mentoring programs for Hispanic middle and high school girls
Annie's List	506 W. 7th Street	Austin TX	78701	512-481-8100	www.annieslist.org	Dedicated to changing the face of power in Texas politics by recruiting, training and supporting women candidates across the state	Recruit candidates, train candidates and staff, financial support for candidates, engage voters
Association for Women in Aviation Maintenance	2437 Thorndon Park Ct	League City TX	77573				
Bay Area Turning Point Womens Shelter	PO Box 57543	Webster TX	77598	281-338-7600	www.bayareaturningpoint.org	To provide recovery solutions services for survivors of family violence and sexual assault and facilitate violence prevention strategies for societal change in partnership with our community	Shelter, support services, support groups, legal information, peer support counseling, speaker's bureau, education
Baylor Teen Clinic	1504 Taub Loop	Houston TX		713-873-3601	www.teenhealthclinic.org	To offer community oriented primary and reproductive care to adolescent females and males ages 13-23 at little or no cost	Health screenings, family planning, prenatal care, crisis intervention, individual counseling, self-esteem coaching
Birthright	1200 Blalock Rd	Houston TX	77055	713-465-4058	www.birthright.org	To help women through unplanned pregnancies	Emotional support, pregnancy testing, maternity and baby clothing, information and referrals
Bonita's House of Hope	2605 Parker Road	Houston TX					To provide drug or alcohol rehabilitation services
Breast Cancer Network of Strength	1535 WEST LOOP S STE 319	Houston TX	77027	713-292-1045	www.networkofstrength.org/texasgulfoast	To provide immediate emotional relief to anyone affected by breast cancer	Breast cancer support, partner and survivor match, wig and prosthesis bank, education, outreach

ORGANIZATION NAME	ADDRESS	CITY/STATE	ZIP	PHONE	WEBSITE	MISSION	SERVICES PROVIDED
Bridge Over Troubled Waters Inc.	213 W. Southmore, Suite 302	Pasadena TX	77502	713-472-0753	www.thebridgeovertroubled-waters.org	To assist women, children and men in crisis, particularly those who have been affected by domestic violence, sexual assault or homeless situations.	Emergency shelter, permanent & transitional housing, counseling services, children's services, community outreach
Brigid's Hope	1117 Texas Avenue	Houston TX	77002	713-590-3333	www.brigidsplace.org	Dedicated to the development of women in mind, body and spirit.	Transitional housing, mentoring, spiritual support and coordination of resources for homeless women coming out of Texas prisons and jails
Business and Professional Women Association	12716 Cutten Road	Houston TX	77066		www.bpw.cc	To be a networking organization comprised of business and professional women who meet once a month	Networking, monthly luncheons, scholarships and contributions
Cancare of Houston Inc.	9575 KATY FWY STE 428	Houston TX	77024	713-461-0028	www.cancare.org	To improve the quality of life for cancer patients and their families	Support for cancer patients and for family members, hospital visitation programs
Carenet Pregnancy Center	17776 State Hwy 249, Suite 35B	Houston TX	77064	281-477-8200	www.carenetnw.com	To provide compassionate care, practical help, and accurate information to men and women facing unplanned pregnancies or past abortions; to promote premarital abstinence; and to do so in a manner that draws people into a relationship with the Lord Jesus Christ, to bring Him honor and glory.	Pregnancy testing, peer counseling, ultrasound, adoption referrals, post-abortion counseling, abstinence education
Casa Juan Diego	PO BOX 70113	Houston TX	77270	713-869-7376	www.cjd.org	To serve immigrants and refugees and the poor	
Catholic Charities Pregnancy Services	2900 Louisiana	Houston TX	77006	713-874-6583	www.catholiccharities.org	To provide comprehensive medical and social services to pregnant and parenting adolescents	Medical, nutritional, familial, emotional, vocation/educational, parental knowledge and skills, psychological, legal and financial; on-going individual, family, and group counseling regarding the pregnancy; monthly support groups; quarterly social enrichment activities; monthly in-home education on prenatal, life skills, and parenting issues; in-home aftercare up to 1 year after the birth of the child; and appropriate referrals to other health and social services
Celebration of Women's Ministry	3710 Highway 6 South	Houston TX	77082	281-497-4491	www.celebrationministries.org	To serve as a covenant of grace for all women who seek to discover their freedom and healing in Christ through sharing in experiences of praise and worship, personal witness, and testimony, prayer, Bible study, and fellowship	Worship
Center for Pregnancy - Friendswood	217 East Parkwood Ave	Friendswood TX	77546	281-482-5683	www.centerforpregnancy.org	To provide an environment of acceptance and warmth with the goal of making an unplanned pregnancy in a woman's life as easy as possible to face	Pregnancy testing, education, counseling, temporary housing, maternity & infant clothing, legal referrals, child-birth classes, post-abortion support, abstinence education
Charity Guild of Catholic Women of Harris County	1203 LOVETT BLVD	Houston TX	77006			To render assistance to underprivileged Women and children, and in co-operation with organizations dealing with the welfare of underprivileged Women and children.	Resale shop, grants to assist under-privileged women and children, spiritual development
Commercial Real Estate Women, Houston	P.O. Box 59	Bellaire TX	77402		www.crewHouston.org	To support the success of women in commercial real estate by providing resources and opportunities specific to our members' needs.	Networking, business opportunities, education
Community Doula Program	7500 Beechnut Ave., Suite 366	Houston	77074	713-270-8849	www.communitydoula.org	To educate and nurture expectant youth in disadvantaged neighborhoods, by cultivating peer Doulas from the communities served	Education and assistance during pregnancy, labor and birth, breastfeeding, early motherhood, and training community doulas

ORGANIZATION NAME	ADDRESS	CITY/STATE	ZIP	PHONE	WEBSITE	MISSION	SERVICES PROVIDED
Community Pregnancy Center of Pasadena	4230 Vista	Pasadena TX	77504	713-944-1730	cpcpasadena.org	Dedicated to helping women who are facing issues such as: a crisis, pregnancy, abortion, adoption, emergency needs, parenting, relationships and spiritual needs	Pregnancy tests, education, maternity and infant clothing, post-abortion healing, referrals for medical care, building healthy relationships
Crisis Pregnancy Center of Houston	3636 San Jacinto Street	Houston TX	77004	713-526-5565			Resources for pregnant women and their babies
Cy-Fair Girls Athletic Association	PO BOX 385	Cypress TX	77410		www.cfgaa.org	Dedicated to helping young female athletes learn the importance of playing in a team sport environment.	
Daya Inc.	9703 Richmond Ave.	Houston TX	77042	713-981-7645	www.dayahouston.org	To promote healthy family relationships in the South-Asian community	Help Line, counseling, referrals, legal advocacy, and financial support to women and children affected by family violence and sexual assault
De Madres a Madres Inc.	1108 Paschall St	Houston TX	77009	713-223-2432	www.demadres.org	To provide models of positive culturally appropriate risk communication and civic engagement to improve public health.	
Dfeet Breast Cancer Inc.	PO Box 3935	Galveston TX	77552	409-771-6332	www.dfeetbreastcancer.com	To provide mammograms to uninsured and underserved Galveston County women ages 40-64	Mammogram screenings, educational outreach programs
Dress for Success Houston	3915 Dacoma St Ste A	Houston TX	77092	713-957-3779	www.dressforsuccess.org	To promote the economic independence of disadvantaged women by providing professional attire, a network of support and the career development tools to help women thrive in work and in life	Professional clothing, employment retention programs, women's support group
Elizabeth Haven					www.elizabethhaven.org	To provide high-quality services to at-risk youth	Summer camp
Elnita McClain Women's Center, Inc.	2223 Arbor St.	Houston TX	77004	713-807-1999	www.elnitamcclain.com	To serve as a healing place of affirmation for women and their families	Educational, spiritual and community outreach programs that address health and economic disparities in minority communities
Federation of Houston Professional Women	12200 Northwest Fwy Ste 650	Houston TX	77092		www.fhpw.org	Professional businesswomen members focused on education, networking, specific careers or community service	Educational events designed to bring its diverse membership together to promote a place of POWER and INFLUENCE
Fort Bend County Women's Center Inc.	14141 Southwest Freeway, Suite 1300	Sugar Land TX	77478	281-494-4545	www.fortbendwomenscenter.org	To assist survivors of domestic violence and sexual assault and their children to achieve safety and self-sufficiency, while striving to prevent violence against women.	Emergency shelter, counseling, crisis intervention, advocacy, case management, financial assistance, job training/life skills, GED/ESL, transportation
Foundation for Women's Resources	25 Highland Park Village, Ste 100-371	Dallas TX	75205	214-421-5566	www.womensresources.org	Develops programs and projects to advance and improve the personal, economic, and professional status of women.	Leadership Programs, education, networking
Fulshear Ranch Academy	9506 Champions Cove Drive	Spring TX	77379	281-251-3009	www.fulshearranchacademy.com	To facilitate whole-family healing so that young women can step into a life of healthy independence with as much support as possible	Equine therapy, family therapy, individual and group therapy
Girl Scouts of San Jacinto Council	3110 Southwest Fwy	Houston TX	77098	713-292-0300	www.gssjc.org	To build girls of courage, confidence, and character, who make the world a better place.	
Girls Inc. of Greater Houston	1235 North Loop W Suite 118	Houston TX	77008	713-802-2260	www.girlsinc-Houston.org	To inspire all girls to be strong, smart, and bold	Educational programs in science and math, preventing adolescent pregnancy, media literacy, economic literacy, preventing substance abuse, leadership
Girls on the Run, Greater Houston	14359 Kellywood Ln	Houston TX	77079	832-628-4480	www.girlsontherungreater-Houston.org	To educate and prepare girls for a lifetime of self-respect and healthy living	Training for a 5K(3.1 miles) running event, healthy living education

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Gracewood	1617 Elmview	Houston TX	77080	713-988-9757	www.childrenatheartministries.org	To strengthen single-parent families at risk for homelessness by promoting their spiritual, emotional and physical well-being.	Residential program counseling, job training, positive parenting techniques, other life skills training
Hadassah the Women's Zionist Organization of America Inc.	5019 Glenhaven Dr	Baytown TX	77521	888-303-3640	www.hadassah.org	Volunteer women's organization whose members are motivated and inspired to strengthen their partnership with Israel, ensure Jewish continuity, and realize their potential as a dynamic force in American society.	Education, health awareness, and Zionist youth programs
Haven Place TLC for Women				713-516-3527	www.havenplacetlc.com	To provide structured housing for women who are in need of a community to live that is free of alcohol, other drugs, and criminal behavior; and to provide guidance so that they may prepare to live independently with confidence	Transitional living center
Hearts Desire Women Ministries Inc.	1522 Martin Lake Dr	Richmond TX	77469	281-827-9322	www.heartsdesireministry.org	To provide an opportunity for women to realize their full potential and discover a place of rest in the context of the busy lives which they lead.	Recreational and educational programs that focus on the issues right where women are in their lives
Helping Afghan Women Project	11500 Northwest Fwy Ste 612	Houston TX	77092	713-975-7205	www.helpingafghanwomen.org	To empower Afghan women to become self-sufficient, first by meeting their basic needs, then, through education and skills training, while creating goodwill for the American people at the same time.	Providing basic needs, education and skills training
Hispanic Nurses Association - Houston Chapter	10111 Nw Park Dr	Houston TX	77086		www.nahnHouston.org	To educate, inform and disseminate health care related information to the Hispanic communities of Houston and surrounding vicinities	
Hispanic Women in Leadership	PO Box 701065	Houston TX	77270	713-782-7993	www.hwil.org	To encourage and promote the development and advancement of all Hispanic women.	Networking, leadership training and skill development, foster leadership, scholarships
Hispanic Women's Network of Texas, Houston Chapter	PO Box 27892	Houston TX	77227		www.hwnt.org/Houston/	Committed to promoting the participation of Hispanic women in public, corporate and civic arenas.	Networking, education, professional development, community partnerships
Houston Area Women's Center Inc.	1010 Waugh Dr	Houston TX	77019	713-528-7273	www.hawc.org	To help individuals affected by domestic and sexual violence in their efforts to move their lives forward.	Counseling, advocacy, shelter, community education & training, hotline services
Houston City Club Ladies Tennis Association	One City Club Drive	Houston TX	77046	nadia.eloufir@ourclub.com	www.clubcorp.com		Indoor tennis courts, cardio equipment, free weights, exercise studio, spinning studio, pilates reformer studio, indoor running track and three racquetball courts
Houston Women's Business Council Inc.	1900 N Loop W 270	Houston TX	77018		www.abwaHouston.org	To promote involvement among participating Chapters and Express Networks	Networking, educational programs
Houston Women's Care Associates	7400 Fannin, Suite 1050	Houston TX	77054	713-795-1000	www.hwca.net	Dedicated to providing quality health care to women of all ages	Prenatal care, contraception, menopause care, treatment of irregular bleeding
Houston Women's Chamber of Commerce	5851 San Felipe Street	Houston TX	77057	713-782-3777	http://www.ghwcc.org/	Empowering Women to Reach New Heights	Advancing and empowering Houston women through numerous avenues – from leadership to education to advocacy and mentoring.
Initiative for Jewish Women	5925 Kirby Drive #474	Houston TX	77005	713-398-5555	www.ijwtexas.org/	To serve progressive Jewish women in the Houston area seeking to experience Judaism by addressing contemporary issues that reflect 21st century tastes and sensibilities	Multi-generational dialogues

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Inspire Women	1415 S Voss Ste 110-516	Houston TX	77057	713-521-1400	www.inspirewomen.org	To inspire women across ethnicities, denominations and economic levels to connect their lives with God's purpose and to fund biblical resources and scholarships to train women for maximum missions and service.	Annual conference, leadership institute, 'gifts assessment,' scholarships, small grants
Islamic Women in Service to Humanity	PO BOX 964	League City TX	77574	281-660-3685	iwish_org@yahoo.com	To serve all those in need with dignity and compassion based on Islamic values of Charity, Faith and Service	
Junior League of Galveston County Inc.	210 KEMPNER	Galveston TX	77550	409-765-7646	www.jlgalveston.org	Committed to promoting volunteerism, developing the potential of women and improving communities through the effective action and leadership of trained volunteers.	Education and community projects including Adopt a School, Kids in the Kitchen, PediPals
Junior League of Houston Inc.	1811 BRIAR OAKS LN	Houston TX	77027	713-622-4191	www.juniorleagueHouston.org	To promote voluntarism, developing the potential of women, and improving communities through the effective action and leadership of trained volunteers	Community Projects, Collaborations, Community Assistance Grants, volunteering
Junior League of North Harris & South Montgomery	21021 Springbrook Plaza Drive, Ste 175	Spring TX	77379		www.jlnhsmc.org	Committed to promoting voluntarism, developing the potential of women and improving communities through the effective action and leadership of trained volunteers	Education, Community projects
Katy Girls Softball Inc.	PO BOX 923	Katy TX	77492		www.kgsa.org	Dedicated to supporting area girls in the sport of fast pitch softball.	Sports, scholarships, community service
Kingdom Girls International	525 N Sam Houston Pkwy E	Houston TX	77060		info@jstaceymusic.com	A mentoring program geared towards young women ages 14-24.	Kingdom Girl Power Hour sessions at churches across the country.
Kingwood Women's Club	Po Box 5411	Kingwood TX	77325		www.kingwoodwomensclub.com	To perform service through various community organizations.	Community projects focused on community need, social welfare, and education
La Leche League International Inc.	6436 Brompton Rd	Houston TX	77005	713-383-2819	www.lllHouston.org	Dedicated to providing information, support, and encouragement to women who wish to breastfeed their babies	Support meetings, education
La Rosa Family Services	403 North Loop East	Houston TX	77022	713-699-3974	www.larosafamilyservices.org	To assist victims of domestic violence and abuse, to prevent future abuse, and to promote the health and safety of children by raising community awareness, empowering individuals, and offering positive alternatives to families.	Individual counseling, support groups, crisis intervention, education programs, in-kind legal assistance, teen education, back to school drive, Christmas toy distribution
League of Women Voters of Houston	4001 North Shepherd Drive	Houston TX	77018	713-784-2923	www.lwvHouston.org	To increase understanding of major public policy issues, and influences public policy through education and advocacy.	Education, research, policy forums, and voter service
Maria Boswell Flake Home for Old Women	1001 Fannin St Ste 700	Houston TX	77002	713-651-9400			
Mission of Yahweh	10247 Algiers Road	Houston TX	77041	713-466-4785	www.missionofyahweh.org	To empower, enrich and restore the lives of homeless women and children and provides outreach services to low income families in our neighborhood	Education, case management, responsible resident program, counseling
Moms in Motion	PO BOX 842245	Houston TX	77284		www.mimHouston.org	To create a global community that connects moms through fitness with other moms who share the same interests and goals, so they can make friends, work together as a team, and receive the support they need to accomplish their health & fitness goals.	

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Moms USA Inc.	5846 N Magazine Cir	Houston TX	77084		www.Houstonbellairemoms.com	To offer Moms support	Play dates, lunches, Moms night out, playgroups, monthly meetings, service projects
Montgomery County Women's Center	1600 Lake Front Circle 100	The Woodlands TX	77387	281-292-4155	www.mcwcthewoodlands.org	To serve victims of family violence, sexual assault or abuse and stalking from all areas of Montgomery County and northern Harris County	Emergency shelter, community educational outreach, legal services, sexual assault and counseling program
NARAL Pro-Choice Texas	PO Box 684602	Austin TX	78768	512-462-1661	www.prochoicetexas.org	To develop and sustain a constituency that uses the political process to guarantee every woman the right to make personal decisions regarding the full range of reproductive choices, including preventing unintended pregnancy, bearing healthy children, and choosing legal abortion	Support pro-choice candidates, lobbying, research and education, organize grassroots activities
National Association of University Women	PO Box 300414	Houston TX	77230		www.aauwtexas.org/branches/northharriscounty/index.html	To work for equity for women and girls, life-long education, and positive societal change	Monthly programs, study groups, community outreach projects, local grant allocations, Annual Holiday Home Tour, and coalitions with other organizations to pursue common goals.
National Association of Women Business Owners	6124 Highway 6 North, #118	Houston TX	77084		www.nawboHouston.org/	To strengthen the wealth-creating capacity of women business, create innovative and effective changes in the business culture, build strategic alliances, and transform public policy and influence opinion	Networking, leadership and business development training, recognition, public policy advocacy
National Association of Women in Construction, Houston Chapter	PO Box 519	Laporte TX	77572		www.nawic-Houston.com/	To enhance the success of women in the construction industry.	Education, certification courses, building design programs, scholarships, networking
National Charity League					www.nclHoustonhearts.org	To foster mother-daughter relationships in a philanthropic organization committed to community service, leadership development and cultural experiences.	Philanthropic work, educational activities, cultural events
National Council of Jewish Women Inc.	6102 Queensloch Dr	Houston TX	77096	713-667-5694	www.ncjwHouston.org	To advance the well-being and status of women, children and families; enhance the quality of Jewish life; ensure and advance individual and civil rights; and support a secure Israel and the well-being of all its people.	Community Service Projects, advocacy, educational programs
National Council of Negro Women Inc.	3417 Charleston St	Houston TX	77021	713-747-3727		To lead, develop and advocate for women of African descent as they support their families and communities	Research, advocacy and national and community-based health, education and economic empowerment services and programs in the United States and Africa.
National Organization of Mothers of Twins Clubs Inc.	PO Box 57465	Webster TX	77598	281-370-7816	www.nomotc.org/index.php?option=com_frontpage&Itemid=1	Dedicated to supporting families of multiple birth children through education, research, and networking	Support to parents of multiples, public awareness of the unique qualities of multiple birth families
National Women of Achievement Inc.	PO Box 41154	Houston TX	77241	888-495-6962	www.nationalwomenofachievement.org	Dedicated to community service, maintaining high moral and ethical standards, and encouraging individuals young and old to strive for excellence in academia, careers, their communities, and society as a whole.	Youth programs, scholarships, community projects
Network of Executive Women in Hospitality Inc.	PO Box 22090	Houston TX	77227				
New Hope Women's Center Inc.	3636 Meadow Wood Dr	Pasadena TX	77503	713-472-9573			Alcoholism treatment, addiction treatment
North Channel Women's Coalition Inc.	PO Box 447	Channelview TX	77530	281-457-6775	www.northchannelcoalition.org	To serve the victims of domestic violence and sexual assault and their children.	Domestic assault response team, social service education workshops, emergency needs assistance, Thanksgiving baskets, Holiday assistance

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Organization for the Empowerment of Women	4407 Mount Vernon St	Houston TX	77006				
Pink Bracelet Fund	920 Memoiral City Way, Ste 100	Houston TX	77024	713-249-6881	www.pbfund.org	To raise money to fight breast cancer	Raise funds for breast cancer, educate and raise awareness about breast cancer health issues
Pink Ribbons Project Inc.	2449 South Boulevard	Houston TX	77098	713-524-7465	www.pinkribbons.org	Using the arts to help save lives and improve the quality of life for those touched by breast cancer	Funding for mammograms and diagnostics for medically underserved women, educational programs, advocacy
Planned Parenthood of Houston	3601 Fannin St	Houston TX	77004	713-522-6363	www.plannedparenthood.org	To provide comprehensive reproductive and complementary health care services in settings which preserve and protect the essential privacy and rights of each individual	Abortion, birth control, general health care, HIV esting, Patient education
Positive Efforts	11500 Northwest Fwy Ste 340	Houston TX	77092	713-812-0044	www.positiveefforts.org	To provide health education and social services to economically disadvantage African Americans with special emphasis on women, in a culturally competent, caring, compassionate and linguistically appropriate manner	Neighborhood and community outreach, education, and service delivery take place in or near client homes, community centers, parks, street corners, neighborhood businesses and night clubs
Pregnancy Assistance Center North Inc.	26402 I-45 N	Spring TX	77386	281-367-1518	www.pacn.org	To provide information, support, and confidentiality to anyone facing the challenge of an unintended pregnancy.	Pregnancy testing, information about pregnancy and lifestyle issues and related concerns, abortion education, support programs
Pregnancy Help Center Inc.	1450 E Summity Circle	Katy TX	77449	281-578-0078	www.phckaty.org	Affirms life by meeting the spiritual, emotional and physical needs of anyone affected by an unplanned pregnancy.	Support and information for unplanned pregnancy, pregnancy testing, sexual health education, life skills classes, bilingual classes and support
Pregnancy Resource Center of Ft. Bend County	4203 Avenue H Ste 16	Rosenberg TX	77471	281-232-2375	www.prcfortbend.org	Dedicated to providing peer counseling, education, and support services to women facing an unplanned or crisis pregnancy	Pregnancy test, information, adoption planning, parenting classes, support and encouragement
Ready Women Inc.	3 Royal Hampton Ct	Sugarland TX	77479		www.readywomeninc.org	To enhance the personal appearance and self worth of woman who are moving from welfare to work	Free grooming services to women in need, including hair styling; make up application and instruction, skin care analysis, accessories, and image consulting. Guidance on job retention and access to professional group of Ready Women.
Resource and Crisis Center of Galveston County	2202 AVENUE L	Galveston TX	77550	409-763-1441	www.rccgc.org	To promote the safety and well being of women, men, children and families and to advocate for the prevention of family violence and sexual assault.	Crisis counseling, information on sexual assault, emotional support & advocacy, assistance to rape survivors, home visits for support
Santa Maria Hostel Inc.	7807 Long Point Rd Ste 375	Houston TX	77055	281-657-0898	www.bonithope.org	To empower women and their children to become alcohol and drug free	Substance Abuse treatment, residential treatment, court liaison services, outpatient services
Second Mile Mission Center	504 Murphy Road	Stafford TX	77477	281-261-9199	www.secondmile.org	To serve as a community hub for those in need	Food pantry, clothing, financial assistance, education, health services
Sisters Network Inc.	PO Box 3144	Humble TX	77347	713-726-0207	www.sistersnetworkinc.org	Committed to increasing local and national attention to the devastating impact that breast cancer has in the African American community	Education, advocacy, annual conference
Sisters of Serenity Ministry	3329 Airport Blvd	Houston TX	77051	713-738-4081	www.sistersofserenity.org	Providing a safe transitional home to those living with HIV/AIDS	Community-based street outreach throughout Houston's most underserved neighborhoods targeting persons at risk for HIV-infection and/or homelessness.
Society for Professional Women in Petroleum	PO Box 421168	Houston TX	77242		www.spwp.org	To support professional career women in the petroleum industry through technology and information	Monthly meetings, education, networking

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Society of Women Engineers	PO Box 1355	Houston TX	77251		www.sweHouston.org	To further the objectives of the Society	Professional development meetings and outreach activities
Star of Hope Women's Shelter	419 Dowling Street	Houston TX	77003	713-222-2220	www.sohmission.org	Dedicated to meeting the needs of homeless men, women and their children.	Emergency shelter, transitional living center, personal development, computer classes, counseling, health clinic, substance abuse recovery, parenting classes
Suburban Sugar Land Women	PO Box 2384	Sugar Land TX	77487		www.sslw.org	To design, implement, maintain, and evaluate educational, civic, and cultural programs that build self confidence and expand knowledge and skills to succeed in school and life.	Human and financial services and resources to people young and old
Sugar Land Girls Softball Association	PO Box 198	Sugar Land TX	77487		www.eteamz.com/slgsa/	To provide recreational as well competitive fastpitch softball programs to girls ages 5-16.	Traning and competitive softball
Susan B. Komen Breast Cancer Foundation	5433 Westheimer Rd., Suite 325	Houston TX	77056	713-783-9188	www.komen-Houston.org	To save lives and end breast cancer forever by empowering people, ensuring quality care for all and energizing science to find the cures.	Support research, community grants for breast health & treatment, education and advocacy events
Swedish Women Educational Association	108 Englewood St	Bellaire TX	77401				
Texas Executive Women	4295 San Felipe St Ste 340	Houston TX	77027	713-473-3222	www.tewHouston.org	To support programs that recognize, develop and fund the advancement of young women in the community.	Mentor program for young girls, honor outstanding business women, networking
Texas Medical Center Women's Health Network	1133 John Freeman Blvd	Houston TX	77030		www.tmcwhn.org	Dedicated to advancing women's health through collaborations in education, research, and advocacy	
Texas Women's Empowerment Foundation	9516 North Freeway	Houston TX	77037	832-434-5325	www.twef.org	Helping families to reach their fullest potential in the areas of personal development, business, education, finances, and socio-economic development.	Mentoring, training on personal finance, personal development, technology, career readiness
Texas Women's Institute for Financial Education	4550 POST OAK PLACE DR STE 118	Houston TX	77027		www.wife.org	To provide financial education to women in their quest for financial independence	
The Center for Success & Independence	3722 Pinemont Drive	Houston TX	77018	713-426-4545	www.tcsi.org	To provide comprehensive, compassionate and quality treatment to youth, ages 12-17, with behavioral, emotional and addictive disorders that are interfering with effective functioning in life.	Residential treatment, therapy, substance abuse treatment, anger management, social skills programs, diagnostic services, adolescent teen support program
The Family Violence Center	15555 Kuykendahl	Houston TX	77090	281-885-4673	www.namonline.org	To help clients find safe places, and offers support and the services to begin again on new paths	24 hour hotline, bilingual outreach, phone crisis counseling, emergency shelter, emergency food and clothing, transportation, medical assistance, information and referrals
The Rose	12700 N Featherwood, Suite 260	Houston TX	77034	281-484-4708	www.the-rose.org	To reduce deaths from breast cancer by providing screening, diagnostics and access to treatment to all women regardless of their ability to pay	Screening, Diagnostics, Bone density, mammography, young women's clinics, uninsured programs
The Women's Fund for Health Education and Research	5353 W Alabama St Ste 615	Houston TX	77056	713-623-6543	www.thewomensfund.org	Providing Houston area women and girls with the tools they need to become advocates for their health	Education and advocacy, scholarship opportunities
The Women's Home	607 WESTHEIMER RD	Houston TX	77006	713-521-3150	www.thewomenshome.org	To help women in crisis regain their self-esteem and dignity, empowering them to return to society as productive, self-sufficient individuals.	Residential treatment, clinical, vocational & chemical dependence programs, job training

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The Women's Resource of Greater Houston	730 North Post Oak Road, Suite 204	Houston TX	77024	713-667-4493	www.thewomensresource.org	To expand opportunities for women and girls to become independent, productive, and financially stable	Financial literacy classes, research on women, leadership programs for high school girls
TMC Women's Health Network	1133 John Freeman Blvd	Houston TX	77030		www.tmcwhn.org	Dedicated to advancing women's health through collaborations in education, research, and advocacy.	Education, Research, Advocacy
Turning Point Center	1701 Jacquelyn	Houston TX	77055	713-957-0099	www.turningpointcenter.org	To utilize a variety of supportive services to return the homeless elderly to productive society	Food, shelter and other rehabilitative services to meet the physical and emotional needs of underprivileged individuals aged 50 and older
Turning Point Ministries International Inc.	PO BOX 570663	Houston TX	77257	713-621-1498	www.tpmi.org	To prepare a people for the coming of the Lord	International ministry
Ukranian National Women's League of America Inc	803 Tiber St	Houston TX	77024		www.unwla.org	To unite women of Ukrainian descent and those affiliated with the Ukrainian community.	
Vanguard Women's Foundation	2600 Citadel Plaza Drive, Suite 105	Houston TX	77008		www.vanguardwomen.com	Assisting women toward self-actualization	Mentor workshops, education, individual recognition
Warriors of Truth - Black Women for a Changing Society	5407 Chenevert St Ste 201-B	Houston TX	77004	713-524-5767	www.buffTX.org	To empower communities most in need to help themselves change conditions, behavior and lifestyle. To help communities become self-sufficient in order for self-worth to be re-defined and life changes to take place	Community education and entrepreneurship
West Houston Girls Softball Association	PO Box 841086	Houston TX	77284		www.eteamz.com/WHGSA/	To provide recreational as well competitive fastpitch softball programs to girls ages 5-16.	Traning and competitive softball
Women Healing and Empowering Women	4410 Phlox St	Houston TX	77051		www.whew-now.org	To address the interconnected challenges women face such as former incarceration, homelessness, and domestic violence. Starting local, going global	Economic, educational, environmental, and cultural programs
Women in Aviation	PO Box 57996	Webster TX	77598		www.wai-spacecity.org	Providing networking, education, mentoring and scholarship opportunities for women (and men) who are striving for challenging and fulfilling careers in the aviation and aerospace industries.	
Women in Film Houston	PO Box 981104	Houston TX	77098	713-788-8075	www.wift-Houston.org	Dedicated to helping women reach the highest level of achievement in television, film, and other moving-image media, and further dedicated to promoting equity for women in these industries	Advocacy, produce special events, education, scholarships
Women in the Visual and Literary Arts	Po Box 130406	Houston TX	77219		www.wivla.org	To provide an inspiring forum for women to explore and advance their creative development, to promote their work in the marketplace, and to infuse the community with their spirit of cooperation and invention	
Women of Excellence Ministries Inc.	3918 Badger Forest Dr	Houston TX	77088	713-733-4642	www.lovefellowshipHouston.org		
Women of Stature Ministries	20619 Fieldtree Dr	Humble TX	77338				
Women of Vision Houston					www.wovHouston.org	To educate and motivate women to become women of action, willing to share their God-given resources in an effort to alleviate the injustice and inequities that exist for women and their families living in poverty	Pray, education, volunteering, advocacy
Women Opting for More Affordable Housing Now Inc.	PO Box 571898	Houston TX	77257	713-869-9727	www.womaninc.us	To provide financial and emotional support to women leaving abusive relationships and other at risk populations.	Transitional and permanent housing programs, support services, including case management, rental assistance, life skills, nutrition and medical intervention

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Women Professionals in Government	PO Box 1278	Houston TX	77251	713-853-8271	www.wpgHouston.org	Provides a forum for female professionals to hear key speakers and maximize networking opportunities	Three-pronged strategy of empowering members with enhanced networking opportunities, skill and knowledge
Women's Business Enterprise Alliance	4100 Westheimer, Suite 260	Houston TX	77027	713-681-9232	www.wbea-texas.org	To increase business opportunities for woman-owned businesses and corporate members through education, programs, and professional networking.	Executive Scholarship Program, mentoring, Buyer's Workshop
Women's Business Support Network Foundation, Inc.	PO Box 572563	Houston TX	77257	713-752-9276	www.wbsnonline.org	To create a networking system of support for business women.	Generate business referrals, enhance our members' business skills and provide support for women in business
Women's Cancer Foundation	9 Harbor View Drive	Sugar Land TX	77479	713-899-3797	www.womanscancerfoundation.org	To aid in the fight against the cancer epidemic affecting economically disadvantaged women	Early detection screening, clinical breast examination, financial aid, health education, training for health care professionals
Women's Center of Brazoria County	PO Box 476	Angleton TX	77616	979-849-9553	www.womenscenterbrazoria-county.com	To provide services to victims of domestic violence and sexual assault.	Shelter, group and individual counseling, supervised visitation, advocacy, education
Women's Energy Network	1707 Post Oak Blvd., PMB #112	Houston TX	77056		www.wenHouston.org	An international association for women professionals that provides networking opportunities for women in the energy industry and fosters career and leadership development	Networking, education, job board, industry events
Women's Finance Exchange of Houston	2800 Post Oak Blvd., Suite 3500	Houston TX	77056	713-624-1998	www.wfeHouston.org	A forum where women who are active in the financial arena could come together periodically to talk about business issues and to network	Networking, referrals, programs fostering professional development, promoting the welfare of all women
Women's Hospital of Texas	PO Box 540286	Houston TX	77254	713-790-8500	www.womanshospital.com	Committed to advancing women's health through research	Clinical studies to test the effectiveness and safety of new therapies and medical devices
Women's Institute of Houston	2202 Avalon Pl	Houston TX	77019	713-529-7123	www.wih.org	Dedicated to offering continuing opportunities for educational experiences	Cultural studies program, Sunday lectures, lecture luncheon series
Women's Resource Center	279A University Center	Houston TX	77204	713-743-5888	www.uh.edu/wrc	To identify the concerns of women at the university; promote gender equality throughout all areas of the university community; and recommend ways to address the concerns of women at the university.	Education, research, and celebration of achievements of University of Houston women.
Women's Sports Initiative	3619 Yankee Ct	Missouri City TX	77459		www.thewomenssportsinitiative.com	To address young female athletes most in need by removing barriers to participation; including but not limited to, availability of club programs, scholarships, transportation to events etc	
Women's Way Out Center Inc.	3217 Lola Street	Houston TX	77017	713-645-9962		To stay sober and help other alcoholics to achieve sobriety.	Alcohol detox, drug rehabilitation, residential help for addicted women
Y-Me National Breast Cancer Organization Inc.	1535 West Loop South, Suite 200	Houston TX	77027	713-624-7155	www.y-me.org/texasgulfcoast/	Provides immediate emotional relief to anyone affected by breast cancer	Peer support, empowerment and knowledge, Network of Strength strives to ensure that no one faces breast cancer alone
Young Women's Christian Association of Houston	3220 Broadway St.	Houston TX	77017	713-868-9922	www.ywca.org	Eliminating racism and empowering women	Racial Justice, economic advancement, children's services, teen, adult & senior services
Zina Garrison Foundation Inc.	PO Box 71185	Houston TX	77271	713-802-1969	www.zinagarrison.org	Dedicated to teaching life skills, promoting community service, providing positive role models, strengthening the educational opportunities and developing the tennis skills of Houston's diverse youth population.	

The **Women's**
RESOURCE
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Building Financial Literacy

730 N. Post Oak Road., Suite 204
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