



Bug Out Bag Sample Checklist

Basic Items

- Dry Bag
- Duct Tape
- Multi-tool
- AM/FM/NOAA Radio (hand cranked/solar- charger)
- Survival Knife
- Tactical Survival Ax
- Fire Starting - matches/lighter/striker
- Extra Cash
- Can Opener
- Pencil & paper (Small notebook)

Water

- Drinking Water (3 Liters)
- Collapsible Water Bottle
- Hard Water Bottle
- Metal Water Bottle / Canteen
- Water Filters / Purification Systems
- Water Purification Tablets (Qty 3)

Food

- Protein / Energy Bars (Qty 6)
- MREs / Dehydrated Meals (Qty 3)
- Spork/knife, fork, spoon
- P-38 Can Opener
- Metal Cooking Pot
- Metal Cup
- Pot Scrubber
- Portable Stove
- Stove Fuel (Qty 8 Tablets)

Shelter

- Sleeping Bag
- Survival Blanket/bivvy
- Tarp/
- Hammock or Emergency Shelter
- 550 Paracord

First Aid

- Antibiotics
- Gauze
- General Medications
- Moleskin
- Quick Clot
- Super Glue
- Suture Kit
- Tourniquet
- Triangle Bandage

Personal

- Hygiene Kit
- Wet Naps
- All Purpose soap
- Bug Repellent
- Hygiene/Signal Mirror
- Pack towel
- Medications/prescriptions
- Toilet Paper

Clothing

- Foul Weather Gear
- Clothing Change
- Shemagh

Way Finding

- Compass
- Emergency 2 Way Radio

- Flashlight (LED Preferred)/solar
- Headlamp
- Candles
- Glowstick
- Survival Whistle
- Map Of Your Local Area

Hunting/Self Defense

- Fishing Kit
- Rifle
- Handgun
- Extra Ammo
- Pepper Spray
- Slingshot & Ammo

Urban Survival

- Dust Mask
- Hydrant Wrench
- Gas Main Tool
- Pry Tool
- Work Gloves

Wilderness Survival

- Filet Knife
- Hatchet
- Hunting/Skinning Knife
- Saw
- Shovel
- Snare

Documentation

- Insurance papers
- Driver's license/Passport
- Lost/separation family photos
- Will and other legal documents
- Banking & financial information