

Saturday, May 26, 2018

5K Start time: 8:30 am • FunRun Start at 8:00 am

## 2018 REGISTRATION FORM

Please complete legibly. One form per participant. Online registration at [justfinish.net](http://justfinish.net)

Name: \_\_\_\_\_ USATF #: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ Email: \_\_\_\_\_

Phone: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Age race day: \_\_\_\_\_ Sex: M/F \_\_\_\_\_

Check One: ☐ 5K RUN ☐ KIDS FUN RUN

Special Category (check if applicable) ☐ Wheelchair ☐ Clydesdale/Athena Weight: \_\_\_\_\_

**Registration Fee:** Includes T-shirt (size selection is based on availability). Please note your registration fee and fundraising efforts help Long Islanders in their time of need.

Adult (17 and older): \$20	Teen (16 and younger): \$10
Kids 12 and under for Fun Run: FREE	Day of race (all participants): \$25

Registration Fee Subtotal: \$ \_\_\_\_\_

I wish to make a donation of \$ \_\_\_\_\_

Total: \$ \_\_\_\_\_

☐ Check made out to CNGCS enclosed

☐ Charge my credit card: ☐ Visa ☐ MC ☐ AMEX

Card #: \_\_\_\_\_ CVV \_\_\_\_\_ Exp. Date: \_\_\_\_\_ Billing Zip Code: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

I hereby waive and release any and all rights and claims I may have against CN Guidance & Counseling Services, Nassau County, The Town of Oyster Bay, Just Finish Systems Inc., Long Island Track & Field and all race sponsors and volunteers for any and all injuries suffered by me in said event. I am physically fit and have sufficiently trained for the completion of this 5K, I am aware of the considerable risks of competing, and that my physical condition has been verified by a licensed medical doctor. Further, I hereby grant full permission to any and all of the foregoing to use any pictures, or any other record of this event for whatever purpose. If signed by a parent, the parent agrees to release and hold the above organizations and persons harmless of any claims and/or rights which may be asserted on behalf of the entrant.

Signature: (Guardian if under 18) \_\_\_\_\_

Date: \_\_\_\_\_

Return to: CN Guidance and Counseling Services • 950 South Oyster Bay Road, Hicksville, NY 11801

Phone: 516-822-6111 ext. 253 • Fax: 516-396-0553