

“COME ON IN –
THE WATER’S GREAT!”

Dr. Jack Beattie

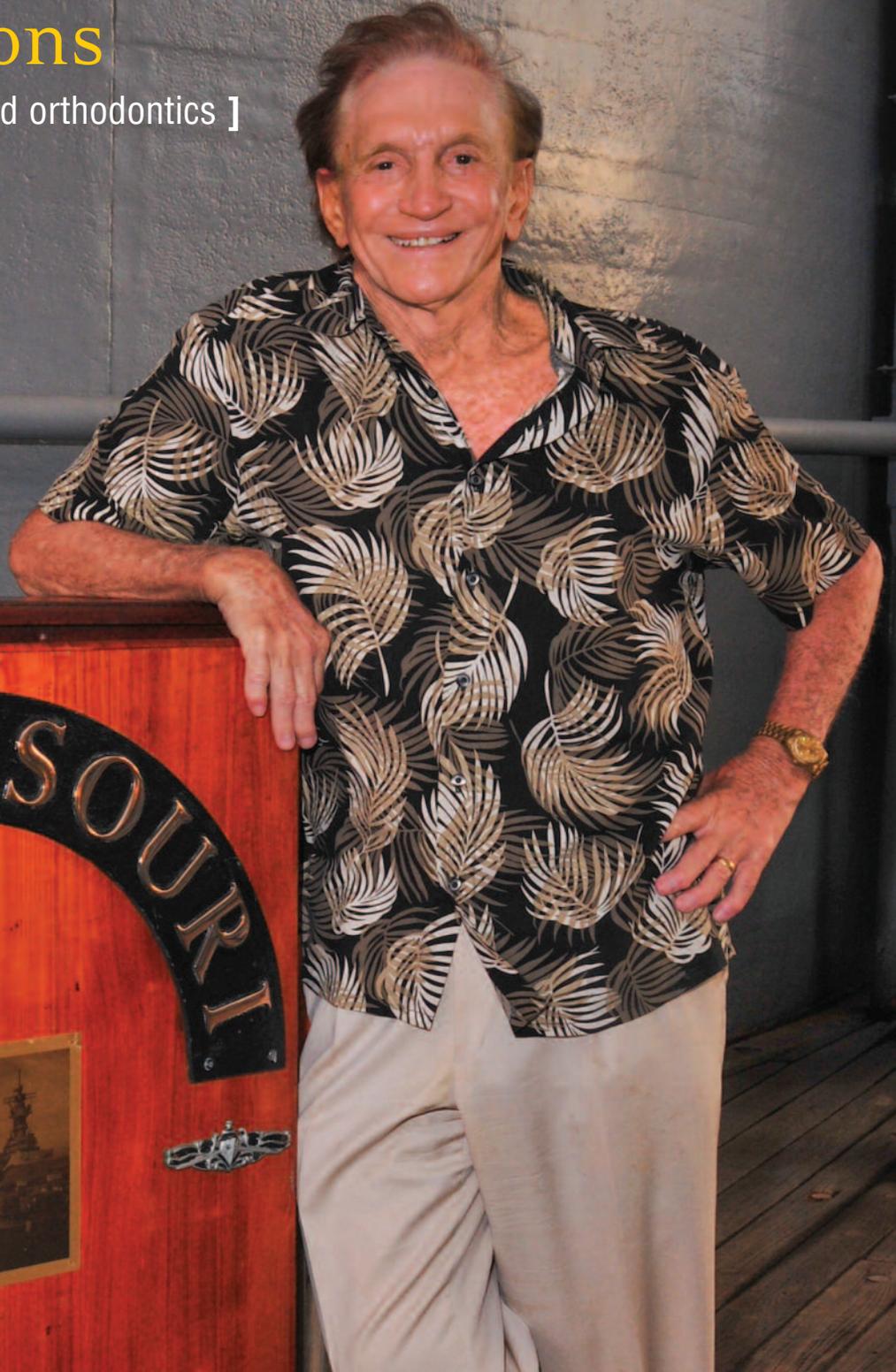
MUSICAL PEACE PROJECT
TAKES ROOT

Dr. George Barkett

New

Dimensions

[life beyond orthodontics]



Cover Story

“Come on in – the Water’s Great!”

DR. JACK BEATTIE

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On the Cover:

Dr. Jack Beattie can usually be found in the water rather than on board a ship, but he made an exception for a 2012 Annual Session event on the USS Missouri at Pearl Harbor in Hawaii.

Musical Peace Project Takes Root

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New Dimensions

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Panorama

AAO retirees engage in a wide variety of unusual and unique hobbies and activities. For some, like Dr. Jack Beattie, a post-retirement hobby is the continuation of a lifelong passion. As a highly accomplished youth swimmer and All American, and later as a Masters swimmer, Dr. Beattie enjoyed competing with other swimmers and against his own personal records. He was also a member of a relay team that swam the English Channel. Today, he shares his love of swimming on a personal and social level with many family members and friends. His family’s annual “Lake Swim” breakfast has been profiled in a segment airing on PBS.

Dr. George Barkett is a lifelong music lover who is not a musician. He was just a few years from retirement when he conceived the ideas behind Songs for Peace, an international song-writing contest. Since retiring, he has relinquished some of his planned leisure activities to advance the project. With efforts by Dr. Barkett, a few volunteers and today’s Web-based technology, this grass-roots-style initiative now has the potential to reach an enormous international audience. Using music as a catalyst, Dr. Barkett aims to focus many hearts and minds on peace.

Enjoy this issue of *New Dimensions*.

Dr. Jack Beattie Says, “Come on in – the Water’s Great!”

From the moment he first learned to dog-paddle as a toddler, Dr. Jack Beattie was hooked on swimming.

“By the time I reached high school (in Bay City, MI), I had competed in county swim meets,” he says. “Then, when I was in the 10th grade, my dad died from a heart attack. My swim coach became a great mentor for me. He encouraged me to pursue a college athletic scholarship.”

As a high school state swim champion and All American swimmer, Dr. Beattie was an obvious pick for the Michigan State University swim team, on which he became an NCAA All American.

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Dr. Jack Beattie



At left, Dr. Beattie is pictured in the memorabilia room at his home near Orlando. Dr. Beattie was active in politics for a number of years and met four U.S. presidents. He was also photographed with many well-known swimmers whom he met over the course of his competitive swimming career.

“Our coach, Charles McCaffree Jr., produced more Olympic swimmers than any other coach in the history of MSU,” says Dr. Beattie. “Although after college I had about a 15-year hiatus from competitive swimming, I had made great friendships with some of the most accomplished swimmers in the country and have stayed in touch with many of them.”

After graduating from MSU, Dr. Beattie went on to dental school and orthodontic training at the University of Michigan and Case Western Reserve University, respectively. In 1964, he started his orthodontic practice in Orlando.

As a research fellow doing his orthodontic training, Dr. Beattie received second prize in the Milo Hellman Research Award competition. His son, Dr. John Beattie, received the award of special merit in the competition 25 years later as a resident at Saint Louis University. They are the only father and son to have received research awards in the history of the AAO. (The award program now includes the Hellman award, and the Sicher and Graber research awards.)

Dr. Beattie quickly became active in organized dentistry and orthodontics, serving 22 years as a Florida delegate to the American Dental Association and 27 years as a delegate from the Southern Association of Orthodontists to the AAO House of Delegates. He also served two separate eight-year terms on the AAO Council on Governmental Affairs and was a member of the AAO Political Action Committee Board of Directors. Closer to home, he remains active in politics.

“I had a strong interest in politics going back to high school, where I was student council president and a lieutenant governor at Boys State,” says Dr. Beattie. “After moving to Florida, I became active in politics and was elected chairman of the Orange County Republican Executive Committee. I was approached about running for Congress, but I enjoyed the practice of orthodontics so much that in the end, I couldn’t give it up.”

Dr. Beattie was twice a delegate from Florida to the Republican National Convention.

As an AAO delegate, Dr. Beattie introduced the original resolution to change the name of the *American Journal of Orthodontics* to the *American Journal of Orthodontics and Dentofacial Orthopedics*. The *AJO-DO* title became effective in July 1986.

“During my specialty training, I became very interested in facial growth and development as my area of research under Dr. B. Holly Broadbent,” says Dr. Beattie. “My thesis centered on a cephalometric longitudinal study of mandibular growth as related to height, weight and skeletal age (the Bolton Brush Growth Study). I was fascinated by how headgear and other orthopedic-type appliances can impact growth and development of the face and jaw, and as a practicing orthodontist, felt strongly that adding *dentofacial orthopedics* to the journal title would more accurately reflect what our specialty does.”

Among Dr. Beattie’s professional awards is the Oren Oliver Distinguished Service Award from the Southern Association of Orthodontists and the Florida Association of Orthodontists Distinguished Service Award.

*As a Masters swimmer,
Dr. Beattie set national and
world records in the backstroke.*



In Tokyo in 1986,
Dr. Beattie took
three gold medals in the
Federation Internationale
de Natation (FINA)
and was recognized in
Sports Illustrated.



Back in the Water

Although his orthodontic career and political interests had fully occupied him during his first years in Florida, Dr. Beattie still enjoyed recreational swimming. He was intrigued when he learned in the early 1970s that the United States Masters Swimming competition was about to launch. He began entering events, specializing in the backstroke but also swimming in freestyle, butterfly and breast stroke events. He won a total of 88 national championships and set national age group records. At one point, he held five simultaneous world records in different events.

Internationally, Dr. Beattie conquered Federation Internationale de Natation (FINA), setting world records while competing in 10 different countries. In Tokyo in 1986, he took three gold medals and set a world record, earning recognition in *Sports Illustrated*.

Dr. Beattie shares a love of swimming with his entire family. His wife, Ernestine, also had a successful career in Masters swimming. All three of their children, including orthodontist Dr. John Beattie, oral and maxillofacial surgeon Dr. Jeff Beattie and attorney Kim Beattie became All American swimmers and varsity college competitors.

Like many highly accomplished swimmers, Dr. Beattie had a long-time dream of swimming the

English Channel. In 2000, he joined a team with five other swimmers for a relay swim from Dover, England to Calais, France.

“Each member of the team swam for an hour at a time,” says Dr. Beattie. “There was a storm coming in from North Africa to France, and the boat captain considered calling off the swim due to the rapidly deteriorating weather. The timing becomes very critical because of the changing tide as you approach France – you have to enter the harbor at just the right time. Another very difficult aspect of it was the hypothermia that you face in 60-degree water with wind and rain. I was shivering unbelievably hard every time I got out of the water. We were only in a 30-foot boat that was being pulled in every direction by the current. I’m glad I did the swim, but wouldn’t do it again for a million dollars.”

Despite the challenges, as an officially sanctioned channel swim team Dr. Beattie and his teammates received the Channel Association Award for the fastest relay crossing that year.

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Changing Focus

In 2002, Dr. Beattie retired from orthodontics, leaving his son to operate their practice on his own. Soon after, the senior Dr. Beattie found himself in an unexpected medical situation. Even though he had no cardiac distress, he was diagnosed with heart disease and had open heart surgery with a quintuple bypass.

"I had no idea that my blood vessels had closed," he says. "But it helped me to better grasp the importance of the genetics involved ... the same genes that caused my father's death at only 49 years of age. I directly attribute my present longevity to my lifelong swimming career. I made the decision to stop competing at the elite level because my records came as a sprinter and the training required is rather intense – you've got to totally concentrate and make it hurt. More importantly, I realized that I had accomplished what I wanted to accomplish."

Dr. Beattie now enjoys swimming as a fitness activity and a social outlet, swimming five to six days a week with friends. His workouts are usually at Rollins College and in Lake Maitland, one of the Central Florida Chain of Lakes. The Beatties' home in Winter Park, FL, overlooks the lake.



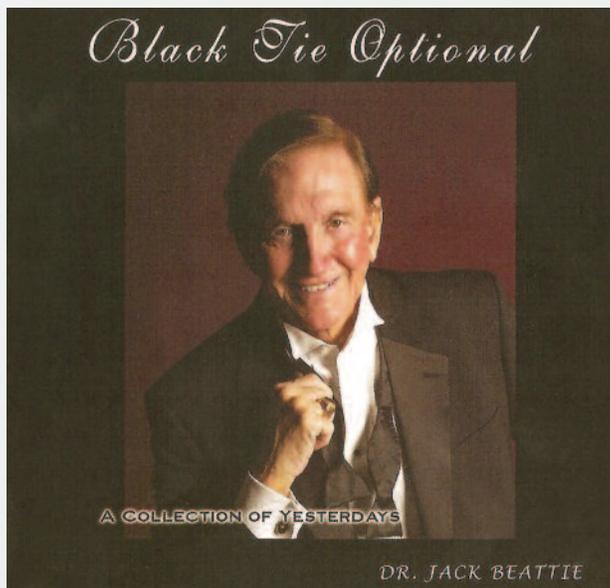
Dr. Beattie swims the butterfly stroke, above.



Every year, the Beatties host a one-mile "Lake Swim" and pancake breakfast, attended by many family members, friends, triathletes and former collegiate and Masters swimmers, some of whom the Beatties have competed with in the past. The breakfast, now in its 22nd year, was recently featured in a video segment filmed by GrowingBolder.com, an online community, with the segment now airing on PBS stations nationwide.

"It is a great way to enjoy socializing and swimming with a great group of people, since swimming has meant so much to all of us," says Dr. Beattie.

Dr. Beattie is scheduled to return to Michigan State University this fall, where he is to receive the MSU Varsity Club Jack Breslin Life Achievement Award for 2012. The award is presented to the Spartan varsity alumnus whose post-college career has brought great honor to the athlete, and by reflection to MSU and its intercollegiate athletic programs.



As a vocalist, Dr. Beattie enjoys singing a wide variety of music and produced a CD.

When he is not swimming, music is another of Dr. Beattie’s passions. An experienced vocalist who sang in a quartet in high school and in a collegiate musical group, Dr. Beattie enjoys a variety of musical styles. His CD, Black Tie Optional, includes a cross-section of titles ranging from Frank Sinatra Classics to “Me and Bobby McGee.”

Dr. Beattie also enjoys staying in touch with educators at Case Western Reserve. He recently donated \$100,000 in support of the Case Western Reserve School of Medicine Bolton-Brush Growth Study Center. Thanks to Dr. Beattie’s support, the imaging center at the Bolton-Brush Growth Study Center will be known as the Broadbent Institute for Craniofacial Research, in honor of Dr. Beattie’s mentors, Dr. B. Holly Broadbent Sr., and his son, Dr. B. Holly Broadbent Jr.

Dr. Beattie says his motivation for the gift was “to ensure the Broadbents’ names are forever remembered for the original research and the tremendous contributions they made to our specialty and to the university.”

Aside from swimming, politics, music and philanthropy, Dr. Beattie’s next accomplishments are yet to be seen. But no matter what other activities he chooses in retirement, he will follow his lifelong pattern of immersing himself thoroughly.

To view the PBS video on the Beatties’ lake swim, visit <http://growingbolder.com/media/sports/water-sports/family-friends-and-pancakes-641362.html>.



GrowingBolder.com produced a video segment on the Beatties’ annual “Lake Swim,” which has aired on numerous PBS stations.