



## 1 John 1:6,7

*“6If we say we have fellowship with him while we walk in darkness, we lie and do not practice the truth. 7But if we walk in the light, as he is in the light, we have fellowship with one another, and the blood of Jesus his Son cleanses us from all sin.”*

**Observe.** What are some obvious points that stand out?

**Ask.** What questions naturally arise from this passage?

**Gospel.** What is the Gospel and what are some Gospel applications from this text?

**Apply.** How does this text apply to my life at home, school, work, and church?

### Overview

“God is light, and in him is no darkness at all.” Therefore, John says that claiming to have fellowship with this God, while living in complete opposition to the nature and character of this God is a lie. True fellowship with God, who is light, changes everything about us. John’s argument in verses 6 and 7 is that “if we have truly been saved by God, then our lives *will* be shaped by God.” Ultimately, our lives will reflect the glory, light, and grace that we’ve experienced in Jesus.

In this lesson we will unpack the realities of salvation through Christ and the effects of this salvation in our daily lives. When we truly meet Jesus, we are never the same.

Let’s explore together what it means to be truly saved by Jesus, and changed by Jesus. We will discuss three states of every person who claims to know Christ:

- Living in darkness - Who we were (***Ephesians 2:1-3***)
- Darkness to light - What Jesus did
- Living in light - Who we are now





### Read Ephesians 2:1-3

- What are some things that *were* true of us before we knew Christ, and *are* true of those who currently do not know Christ?
  - *Dead in sin/trespases*
  - *following the course/pattern of this world*
  - *following satan*
  - *pursued the desires of our flesh*
  - *children of wrath*
- What is true of a dead person?
  - *Lifeless*
  - *They cannot do anything*
- Read **Matthew 7:13**. What does this verse teach us about “following the course of this world.”
  - *“Everyone’s” doing it*
  - *It leads to destruction*
- Read **Galatians 5:19-21**. Which of the “desires of the flesh” are you prone to pursuing?
  - *Answers will vary*
- What does it mean to be a child of wrath?
  - *Someone that deserves the wrath/punishment of God*

### Read Ephesians 2:4-9

- What is true of God in these verses?
  - *Rich in mercy, loved us with great love, made us alive with Christ, Raised us up with Christ, Seated us with Christ*
- Considering who we were, what is so significant about God’s love toward us?
  - *We were dead in our trespases*
  - *Perhaps read **Romans 5:6-10** to further reinforce this reality*
- Read **Verse 7**. Why does God save us?
  - *To demonstrate His grace toward us. (See **Ephesians 1:5-6**)*
  - *God saved us to show his awesomeness, not ours.*
- What does verse 9 tell us about how are we saved?
  - *By grace through faith*
- Allow some time for students (& leaders) to talk about how God has rescued them, by His grace, from darkness to light.





## Read Ephesians 2:10

- What does God save us for?
  - *Good works that God has prepared for us*
- Read **Ephesians 5:8-10**. How does this passage help us understand how we are to live as followers of Jesus?
  - *We don't walk in darkness/sin any more*
  - *We walk in the light - In what is good, right, and true*
  - *We seek to please the Lord in everything we do*
- How does the good news of what God has done for you through Jesus compel you to walk in the light?
- What are some practical ways you can walk in the light right now?
- What are some changes you need to make to more faithfully walk in the light right now?
- Who are some people in your life that you can walk in the light with?
- How can you encourage one another in this walk?

