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UW research supports community food systems

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LARAMIE, Wyo. (AP) — University of Wyoming assistant professor Christine Porter and a team of research partners are following five community groups developing local gardens for food supply.

The goal of the five-year, \$5 million project is to learn how to support such organizations while also figuring out how their gardens work best.

Porter tells the Laramie Boomerang that she seen tangible results such work can have in a community.

The project, called Food Dignity, is funded by the U.S. Department of Agriculture through the largest USDA grant UW has received.

It found that local gardens in Laramie produced enough vegetables, on average, to feed a person his or her recommended 2.5 cups a day for a year.

And that's with Laramie's 56-day growing season.