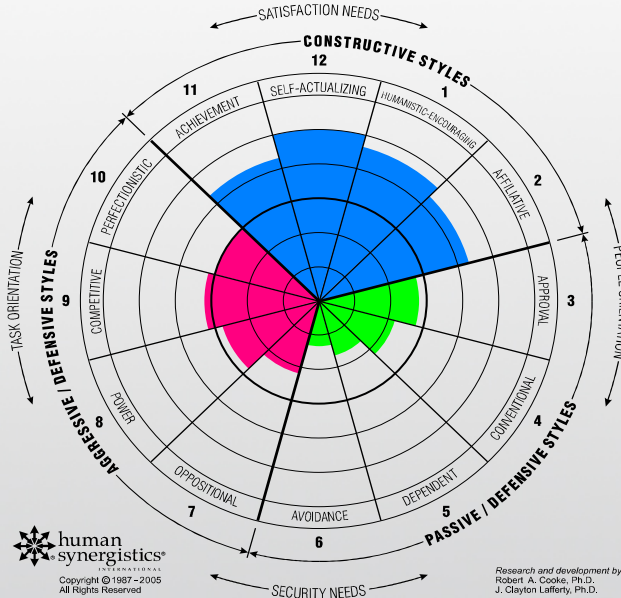


An Effective LSI Mindset

YOU ARE A HEALTHY PERSON, A SOURCE OF INSPIRATION AND LEADERSHIP

Your leadership 'mindset' profile suggests a combination of strengths, namely goal accomplishment, a strong sense of personal direction and the capability to derive enjoyment and satisfaction from what you do. These strengths are most frequently recognized by experienced managers, consultants and psychologists as key factors in personal (home / community) and organization (work) effectiveness.

You have proficient interpersonal skills and the ability to accomplish tasks efficiently. It's likely that you derive personal satisfaction from your maximum commitment to both the job at hand and the individuals involved.



An Effective Personal Mindset

In general, others would describe you as:

- Healthy and enthusiastic;
- Possessing unlimited energy in your quest to accomplish your own goals or the goals of the larger group (work, at home or in the community)
- An achiever - you strive to maintain a standard of excellence that is higher than that expected;
- Willing to give and receive honest feedback;
- Routinely seeking advice and counsel to enhance and broaden your perspective;
- Are non-judgmental of others while setting healthy boundaries;
- Able to clearly delineate the limits of your own skills;
- Deriving strong satisfaction from accomplishing self-set goals;
- Believing in cause-and-effect relationships, as opposed to fate, luck or chance;
- Having a deep concern for and commitment to others;
- Able to inspire and motivate others; and
- Having a strong, well-developed sense of what's possible with regard to people and tasks.



Ineffective Mindsets and Common Health Related Problems

Depression, Anxiety, Fatigue, Sleeplessness, Lack of Interest, Motivation or Energy

Heart Disease, Muscular Tension

Ulcers, Tension Headaches, Upset Stomach, Emotional Eating and other Addictions

High Blood Pressure, Stroke, Irritability or Anger

