ENGE ⋖ ì ⊢ 0

1

REMOVE ANY INSERTS YOU HAVEN'T USED IN THE LAST 3

MONTHS

2

PLANNER

PURGE

PRINT/REPRINT ANY INSERTS YOU NEED

4

CONSIDER SELLING OR GIVING AWAY ANY PLANNERS YOU NO LONGER USE

GET RID OF ANY PENS YOU DON'T LIKE OR NO LONGER WORK. KEEP ONLY THE ESSENTIALS

6

GO THROUGH

YOUR STICKERS

AND KEEP ONLY

YOUR FAVORITES

CREATE A SIMPLIFIED

KEY OR LEGEND FOR HOW YOU'LL PLAN TASKS & EVENTS

7

BRAIN DECLUTTER USE A PAGE TO GET EVERYTHING OUT 8

GET RID OF ANY DECOR YOU DON'T BELIEVE IS BEAUTIFUL, SPECIAL, OR MEANINGELL

9

REMOVE AT LEAST 3 ACCESSORIES (CLIPS, DIE CUTS, PAGE MARKERS. POST ITS, ETC.)

10

WAKE UP 30 MINS FARLIER TO PLAN 11

GET RID OF ANYTHING THAT NO LONGER SUITS YOUR STYLE, REMAKE OR TRANSFER ANY INFO IF NECESSARY

12

GO THROUGH YOUR WASHI TAPE AND ONLY KEEP YOUR FAVORITES

13

GIVE YOUR PLANNER A FRESH LOOK WITH A NEW

DASHBOARD

DIVIDER TABS. DO THEY STILL FUNCTION WELL? ARE THE SECTIONS STILL RELEVANT? IS THE ORDER WORKING?

14

15

CREATE A SYSTEM TO STORE PAST CALENDAR INSERTS

EDITS

SOMETIMES, YOU JUST NEED A FRESH START.
A NEW BEGINNING. A CLEAN SLATE. JUST GET
RID OF EVERYTHING GOING WRONG AND MAKE
IT GO RIGHT. SOMETIMES, YOU NEED TO DELETE
A NUMBER. COLOR YOUR HAIR. QUIT YOUR JOB.
PURGE ALL THE NEGATIVE THINGS AND FOCUS
ON ALL THE POSITIVE. JUST DO IT.

-UNKNOWN