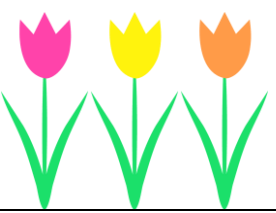


Breakfast Menu

March 2019

RUSD
Elementary
Schools

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	OFFERED DAILY
				1	New USDA requirements: Lunch should include minimum of Three menu items with one being a serving of fruit or vegetable.
4	5	6	7	8	
Cold Cereal /Crackers Pop Tart/Crackers Fresh/Canned Fruit Fruit Juice	Breakfast Pizza Cold Cereal/Goldfish Crackers Fresh/Canned Fruit Fruit Juice	Pancake on Stick WG Mini Donuts Fresh/Canned Fruit Fruit Juice	Yogurt/Cereal Bar WG Twin Bar Fresh/Canned Fruit Fruit Juice	Dutch Waffle Cold Cereal/String Cheese Fresh/Canned Fruit Fruit Juice	COLD BAR ITEMS INCLUDE: Fresh or Canned Fruit Variety of Fresh Vegetables
11	12	13	14	15	Choice of fat free Chocolate or 1% White Milk also included with each meal
Cold Cereal /Crackers Bagel/Cream Cheese Fresh/Canned Fruit Fruit Juice	Breakfast Pizza Cold Cereal/WG Crackers Fresh/Canned Fruit Fruit Juice	WG Cinnamon Roll Cold Cereal / String Cheese Fresh/Canned Fruit Fruit Juice	Bagel Breakfast Sandwich Mini Donuts Fresh/Canned Fruit Fruit Juice	The MAX Pancakes Cold Cereal/Crackers Fresh/Canned Fruit Fruit Juice	
18	19	20	21	22	Menu subject to change
Cold Cereal/String Cheese Pop Tart/String Cheese Fresh/Canned Fruit Fruit Juice	Breakfast Pizza Cold Cereal / Crackers Fresh/Canned Fruit Fruit Juice	Sunrise Wrap Potato Triangle Chocolate Chip Muffin Fresh/Canned Fruit Fruit Juice	Dutch Waffle Cold Cereal/String Cheese Fresh/Canned Fruit Fruit Juice	Sausage/Egg Pattie on English Muffin Honey Bun Fresh/Canned Fruit Fruit Juice	
25	26	27	28	29	
SPRING BREAK!	SPRING BREAK!	SPRING BREAK!	SPRING BREAK!	SPRING BREAK!	

The USDA and CDE are equal opportunity providers and employers.