

How to Play:

- 1. Print out as many rainbow flowers (template on the next page) as you would like. At least one flower should be prepared for every child that will be playing.
- 2. Write silly actions in the center of each flower. For instance, giggle, wiggle, make a funny face, jump, sing, dance, etc.
- 3. Cut out all of the flowers and position them on the floor so that they create a large circle.
- 4. Have all the children begin by standing next to one of the flowers.
- 5. Turn on **Silly Lily** by Poppy and Posie and have the children begin dancing from one flower to the next.
- 6. Pause the music and yell, "FREEZE!"
- 7. Go around the circle and have each child perform the silly action that is written on the center of the flower nearest to them.
- 8. Then, turn the music back on again and repeat steps 5-7 as many times as desired!

9. HAVE FUN!





For more wonderful, colorful fun, visit www.blossomcompanyct.com