



## EXPERTISE

Holistic and Integrative Pain Management & Energy Medicine

## INTRODUCTION

Dr. Mously Le Blanc is a strong believer in taking a holistic approach to care that addresses the mind, body, heart and soul. In her experience as a Physiatry doctor treating cancer and chronic pain patients, she has witnessed directly how emotional traumas result in physical manifestations of pain and illness. She has found that energy is the connecting aspect that marries the physical body (neuromusculoskeletal system) to the soul body (chakras, meridians, emotions). With this understanding, she believes that a multimodal approach to care is the most effective method of treatment.

Dr. Le Blanc has a unique treatment approach that blends the best of Western Medicine (tests, medication, physical therapy) and Energy Medicine including Traditional Chinese Medicine, Reiki, reflexology, meditation, massage and counseling strategies. She has trained with leaders in the field of traditional Pain Management as well as within the field of Energy Medicine taking her to China and Thailand. Equipped with this specialized knowledge, Dr. Le Blanc has established herself as an expert at maximizing quality of life and minimizing pain of the most complex nature.

Dr. Le Blanc graduated with a degree in Psychology from the University of Pittsburgh and received her medical degree from the University of Pennsylvania. She completed her residency training in Physical Medicine & Rehabilitation (Physiatry) at Columbia and Cornell University Hospitals. She served as the Director of Cancer Rehabilitation at University of Pennsylvania. She is a highly awarded and sought-after physician recognized for her academic accomplishments and stellar patient care. In addition, she is an author and motivational speaker focused on the physical health and emotional wellness connection. She has been interviewed as a pain expert in several magazines (Diabetes, Healthline, Elle) and radio shows.

## SERVICES OFFERED

Chronic Pain & Rehab Management
Physical Therapy
Traditional Chinese Medicine
Energy Healing

## MAKE AN APPOINTMENT

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