



Senior Provider Information Network

Portland Metro Area

www.spinportland.org

Presents:

Safety and Awareness

Date: October 28, 2019

Time: 3:00-5:00pm

Location: Mt Hood Adult Day Center
[376 NE 219th Ave, Building C](#)
Gresham, OR 97030

Phone: 503-512-7373

--1.0 CEU applied for from Board of Examiners of Nursing Home Administrator--

If you plan to attend, let us know at “RSVP Now!” on the SPIN website*
www.spinportland.org
(This is important for speakers copying handouts and facilities preparing refreshments!)

Safety and Awareness class will cover basic safety and awareness in regards to everyday life. We will touch on being aware of your surroundings and not being so preoccupied on a cell phone or being so tunnel vision that you fail to see dangerous situations. Identify potential problems to avoid them. We will do several awareness exercises to see how observant you really are. We will also cover pre-attack indicators. Things to look for when someone is about to attack, reading body language and their demeanor. We will have an open discussion regarding what to do in a hostile situation.

Officer Justin Boyd is a safety and awareness instructor for the Gresham Police Department

[Mt. Hood Adult Day Center](#) provides opportunities for socialization, emotional support, physical advancements, intellectual stimulation and spiritual growth. We work with you to ensure each participant has individualized planning to enable them to function at the height of their capabilities. We are confident you will want to come back again and again as you experience our dedication to a safe and enriching day center.

Please Forward and/or Post This Invitation for Others Who May be Interested