



## Senior Provider Information Network

Portland Metro Area

[www.spinportland.org](http://www.spinportland.org)

Presents:

### Defining Hope: Living with ALS

Date: **April 25, 2016** Time: **3:00pm – 5:00pm**  
Location: **[Holladay Park Plaza](#)** Phone: **(503) 288-6671**  
1300 NE 16th Avenue  
Portland, OR 97232

1.0 CEU approved by Oregon Health Licensing Agency for Nursing Home Administrators

**If you plan to attend, let us know at “RSVP Now!” on the SPIN website\*  
[www.spinportland.org](http://www.spinportland.org)  
(This is important for speakers copying handouts and facilities preparing refreshments!)**

**Defining Hope: Living with ALS** provides an overview of ALS including symptoms, diagnosis, progression, and treatment. We will discuss what quality of life means for those with this life-changing terminal diagnosis, how as helping professionals we can support people with ALS at home or in a community based setting, and what resources are available to help.

**Rachelle Preston, MSW CSWA**, has always been interested in people and how to help them. She has worked 8+ years in social services. She graduated with her Masters in Social Work degree from Portland State University in 2012 and is a Clinical Social Work Associate actively pursuing her clinical licensure. Rachelle works with families dealing with the terminal diagnosis of ALS (Lou Gehrig's disease) as a Regional Services Coordinator at The ALS Association of Oregon and Southwest Washington.

[Holladay Park Plaza](#) is an accredited Continuing Care Retirement Community (CCRC) in Portland's centrally located Lloyd District. All of our programs and services are geared toward helping Seniors enjoy life, even if health needs change over time. We offer our residents many amenities including fine dining, housekeeping and linen service, indoor heated pool and therapy spa, fitness center, art studio, woodworking shop, full service library, hair salon, bank – you name it, we have it! As a CCRC, our residents enjoy an independent lifestyle with the knowledge of having access to In Home Care, Residential Care and Skilled Nursing Care *on site* should the need ever arise. Our accreditation means our residents are assured of excellence in all we provide. [Parking](#) is available in the Sears East lot. Please use the crosswalk.

***Please Forward and/or Post This Invitation for Others Who May be Interested***