



Senior Provider Information Network

Portland Metro Area

www.spinportland.org

Presents:

Depression & Suicide in the Elderly

Date: **November 14, 2016** Time: **3:00-5:00pm**
Location: **[The Ackerly at Timberland](#)** Phone: **503.350.3400**
11795 NW Cedar Falls Drive
Portland, Oregon 97229

--1.0 CEU approved by HLO for Nursing Home Administrators Board

**If you plan to attend, let us know at “RSVP Now!” on the SPIN website*
www.spinportland.org
(This is important for speakers copying handouts and facilities preparing refreshments!)**

Depression & Suicide in the Elderly is a sensitive topic that many people are uncomfortable talking about. Twenty (20) percent of older patients who committed suicide visited their primary care physician on the same day as their suicide, 40% within 1 week, and 70% within 1 month. Through a patient interview we will discuss the elements of a suicide risk assessment, by reviewing the patient’s current depressive symptoms as well as an evaluation of the patient’s environment. At the end of this presentation, participants will have the tools and techniques to ask clear and concise questions and receive referrals options.

Mary Ballantyne, RN, BC is a Nurse Educator and Compliance Officer for [House Call Providers.Hospice, Inc.](#) She chose nursing as a career so she could work in comfy shoes and uniforms. But soon realized the overwhelming reason was to make a difference in her community and support people in the most difficult, happiest, and intimate times of their lives. Her first introduction to hospice was on a personal level, when a volunteer came to her home during her son’s illness. The care and compassion of the entire hospice team led Mary to discover this amazing profession over 25 years ago. She is fortunate to have worked at the bedside, supervised a hospice team, and still provides quality educational presentations throughout the metro area. The hospice journey never ceases to amaze her, especially the capacity for love, courage and endurance under trying times.

When you visit our [The Ackerly at Timberland](#) in the heart of Portland's Cedar Mill neighborhood, you’ll notice something unexpected the minute you walk through the doors. You’ll see, hear, and feel the energy and vibrancy of our community. The Ackerly at Timberland will *feel* like an active community because it *is* an active community. We don’t just care *for* people—we care *about* people.

Please Forward and/or Post This Invitation for Others Who May be Interested