



Senior Provider Information Network

Portland Metro Area

www.spinportland.org

Presents:

Successfully Navigating the Skilled Nursing Insurance Process

Date: **May 20, 2019**

Time: **3:00-5:00pm**

Location: **[West Hills Health and Rehabilitation](#)
5701 SW Multnomah Blvd
Portland, OR 97219**

Phone: **503.244-1107**

--1.0 CEU applied for from Oregon Health Licensing Office--

**If you plan to attend, let us know at “RSVP Now!” on the SPIN website*
www.spinportland.org
(This is important for speakers copying handouts and facilities preparing refreshments!)**

Presentation title – Speaker Debi Canales will lead this discussion of healthcare insurance driven steps from hospital discharge to skilled nursing rehab to eventual discharge to lower level of care. She will discuss the vital differences between Medicare, HMOs and secondary insurances. Debi will focus on the criteria for admission, tools to navigate hospital discharges, length of stay and the importance of counting days, and criteria for home health and durable medical equipment at discharge. Debi will include information on what to expect during a skilled nursing facility stay and the rights and process for patients to appeal a discharge.

Debi Canales is the Social Services Director at West Hills Health and Rehab. Debi has over 10 years of experience working with seniors. Her experience includes working at the Kaiser Permanente at the Long Term Skilled Placement Desk, earning Residential/Assisted Living Administrator Certification and serving as an Alzheimer’s Caregiver Support Group Facilitator.

At **[West Hills Health & Rehabilitation Center](#)**, we are dedicated to *putting you at the heart of everything we do™*. Our innovative Platinum Programs were purposefully created to enrich the lives of our residents. To ensure that each resident receives the maximum benefit possible, each program is personalized to their individual needs and desires.

Parking instruction – Parking is limited on site. Park at the West Hills Baptist Church **[6501 SW Multnomah Blvd, Portland, OR 97223](#)**. Shuttle service is available from 2:45p-3:00pm, and again after them meeting. If possible, please consider car-pooling.

Please Forward and/or Post This Invitation for Others Who May be Interested