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Iechyd Cyhoeddus  
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Public Health  
Wales

**Tim Amddiffyn Iechyd**

Iechyd Cyhoeddus Cymru, Llawr 4, Rhif 2 Capital  
Quarter, Stryd Tyndall, Caerdydd CF10 4BZ

**Health Protection Team**

Public Health Wales, Floor 4, Number 2 Capital Quarter,  
Tyndall Street, Cardiff, CF10 4BZ

Our ref: RHS-SA

Ffôn/Tel: 0300 00 300 32 · 02920 442981

Gwefan/Web: [www.iechydscyhoedduscymru.org](http://www.iechydscyhoedduscymru.org)  
[www.publichealthwales.org](http://www.publichealthwales.org)

8<sup>th</sup> March 2018

Dear Parent/Guardian

**Re: Measles in the South East Wales area**

You may have already seen or heard some information in the news, and we are writing to inform you that Public Health Wales are aware that measles is currently circulating in South East Wales.

Measles is highly infectious and is generally spread from person to person by coughs and sneezes.

Early symptoms include:

- a high temperature
- cough
- conjunctivitis (painful, red eyes)
- and sometimes small white spots on the inside of the mouth.

A red, blotchy rash appears approximately 3 to 4 days later which usually begins on the face and spreads down over the rest of the body.

If your child develops symptoms they should be kept home from nursery / school and social events such as clubs and birthday parties.

We urge parents not to take children who appear to have symptoms of measles to the GP surgery, A&E department or hospital, where they could put other people at risk, without calling ahead first.

If you suspect your child has measles you should contact your GP or NHS Direct Wales on 0845 46 47 for an assessment.

MMR vaccination is the best means of providing protection against measles. If children have not had the full course of two MMR vaccines,

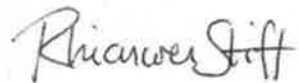


they may not be fully protected. Please contact your GP to arrange a vaccination.

General information on measles disease may be obtained from the website, <http://www.nhsdirect.wales.nhs.uk/encyclopaedia/y/article/Yfrechgoch/?locale=en>

Information on MMR vaccination is available at <http://www.nhsdirect.wales.nhs.uk/doityourself/vaccinations/MMR?locale=en>

Yours sincerely

A handwritten signature in cursive script that reads "Rhianwen Stiff".

**Dr Rhianwen Stiff**  
**Consultant in Communicable Control**