

The American Sanskrit Institute's Weekend Immersion

# Introduction to Sanskrit

Erik Marrero at One Yoga Planet



PERFECTLY REFINED,

Sanskrit is the language of yoga.

Anyone can resonate with Sanskrit's timeless sounds—and connect to words and ideas incredibly beautiful and profound.

REWARDS ARE MANY for those who take the time to see, hear and feel the power and elegance of Sanskrit. Those interested in yoga philosophy particularly benefit from this study.

This weekend workshop will give you intimate familiarity with the unique points of resonance in your own palate that support Sanskrit's sacred sounds. And you'll be firmly grounded in proper pronunciation of this ancient language.

Along the way you'll learn the alphabet—itsself a lovely chant—and you'll receive the tools you need to explore your favorite sutras and chants in the beautiful script of Sanskrit, Devanāgarī. ASI's teaching method, developed over many years by Vyaas Houston, makes learning Sanskrit stress-free and FUN!

**Erik Marrero** began his study of Sanskrit in 2008 in a Sanskrit Immersion Weekend with Zoe Mai of The American Sanskrit Institute. He was amazed that by the end of the second day, he was able to read Sanskrit words. The ASI learning model made that possible. In July 2011, with Zoe as his teacher, Erik joined Trishula Yoga's weekly Sanskrit study group focusing on chanting and studying the Yoga Sutras, Bhagavad Gita, and other texts, as well as chanting the Sanskrit alphabet and Maheshvara Sutras.

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ऋ	ॠ	ऌ		अं	अः
क	ख	ग	घ	ङ	
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ट	ठ	ड	ढ	ण	
त	थ	द	ध	न	
प	फ	ब	भ	म	
य	र	ल	व		
श	ष	स	ह		

## Sept 28

Friday Evening 6:00 – 8:00

Sept 29

Saturday 10:00 – 5:00

Sept 30

Sunday 10:00 – 5:00.

One Yoga Planet Vero Beach  
1446 19<sup>th</sup> Place Ave Suite 100  
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Tuition \$250

[www.oneyogaplanet.com](http://www.oneyogaplanet.com)

More at [www.americansanskrit.com](http://www.americansanskrit.com)

