

HR Sports Academy

Achieving great heights through sport



Alternative Education Prospectus

HR Sports Academy CIC

Company No. 07339329

Welcome

Welcome to our prospectus, outlining the curriculum pathway packages that we can offer young people, all delivered from our conveniently located site in Tottenham. The HR Sports Academy Alternative Education Programme exists to give support and high quality learning experiences to students who are struggling to cope with traditional settings for learning.

The nurturing, supportive and motivational approach we adopted at HR Sports Academy has made our current work with children and young people very successful, hence the development of our Alternative Education Programme. This will allow us to continue reaching as many young people as possible and helping them to achieve greatness.

Our main focus is to prevent the NEET (Not in Education, Employment or Training) trend among young people by providing learning opportunities and guiding them towards colleges, apprenticeships and work placements. With one-to-one support, young people are also encouraged to work towards accessing opportunities independently.

Our team consists of experience mentors and accomplished teaching staff. We strive to provide excellent pastoral care and academic support to help learners of all abilities achieve their aspirations, regardless of barriers they may face. HR Sports Academy is a lively, innovative and caring learning environment that promotes success, active citizenship and focuses on achieving outcomes of benefit to students and our partner schools."

Mickela and Christian Hall-Ramsay
HR Sports Academy
Directors

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Introduction

HR Sports Academy's Alternative Education Programme is a new project which supports and give high quality learning experiences to young people who find it difficult to cope with the traditional set up of a learning institution. Those who are at risk of permanent

exclusion or are vulnerable for a wide range of reasons can benefit from the bespoke packages on offer. Our dedicated mentoring team will liaise with our teaching staff to provide a learning pathway that meets the needs of each individual.

"I have had the pleasure of working with HR Sports Academy for several years. This began with after school sports clubs and later extended to PE lessons and to lunchtime play supervision. When I changed school and needed some reliable and professional sports coaching I had no hesitation in contacting HR Sports Academy. This is a very well-run organisation which pays scrupulous attention to safeguarding and to health and safety. All the coaches are well trained and have excellent rapport with pupils, including any who have challenging behavioural issues. They are firm but fair and also from the local community which means they can relate to our pupils. I am provided with detailed lesson plans and communication is excellent."



Jane Alexander
Head Teacher

We make every effort to guarantee that the young people who attend our centre gain recognition and qualifications through a practical programme of activities taking into account individual learning needs. Such activities entail students shadowing some of our top class qualified sports coaches; and also attending various sport coaching courses.

Our work is done in a safe caring environment where young people are listened to and feel valued.

HR Sports Academy currently works with many students from schools in the London borough of Haringey but we are extremely keen on expanding our services to ensure the needs of more young people in and around the borough are met.

We deliver an academic curriculum combined with vocational and sporting programmes. We aim to provide HR Sports Academy students with the necessary tools and skills to build a successful future and to be able to make a positive contribution in the community.



Goals & Objectives

At HR Sports Academy, the goals and objectives for our Alternative Education Programme are simple:

1. To improve the motivation and self-confidence within our students.
2. To show unlimited support to our students to enable them to reach their personal potential.
3. To change the lives of disadvantaged and vulnerable young people, through adapted learning techniques that'll provide real opportunities in education, employment and/or training.

"HR Sport Academy have enabled me to fulfil myself thus far in the sport sector, they provided me with the opportunity to do something I enjoy. As one of the first cohort of people to attend the Coach Development programme in 2011, I attended the workshop provided by HR and then found myself working in local schools. I have gained confidence, practical skills and coaching qualifications from the workshops/courses attended and it provided the platform to continue working in the sport industry. Since then I have completed a Sport Development degree, coached abroad and will be seeking to enrol on a sports related master's degree.

The alternative Education Programme will be very beneficial for pupils; it will most certainly raise the levels of aspiration, achievement and attendance. The programme will stimulate those children that need the support and inspire positive development of attitudes and skills. I would highly recommend the Alternative Education Programme as there are always young people that need extra support to help them fulfil their potential." Shanite Harris

A Step to Employment

The importance of sport in many young people's lives can be used to attract academic under achievers to educational programmes that will help them to excel in various areas. This is where HR Sports Academy can help.

HR Sports Academy Alternative Education Programme uses the attractiveness of sport and sports-related employment within the curriculum to engage our pupils and improve academic performance and commitment to their studies; resulting in enjoying education.

“After receiving my A level results and not getting into university HR Sports Academy provided me with the opportunity to gain working qualifications and paid experience. Under the guidance of experienced mentors I was able to develop my confidence, organisational skills and leadership. I thoroughly enjoyed my time in the programme as it enabled me to mature for the working world.” Elliott Moore

Courses We Offer

We offer a range of qualifications as part of our alternative education programme. These qualifications include:

BTEC Level 2 – Work Skills

Our BTEC Level 2 qualification in Work Skills will help our students to improve their understanding and application of work-based tasks. This flexible, vocational course teaches the knowledge, skills and understanding that are relevant, current and useful for both learners and potential employers.

This qualification will eventually develop personal skills for leadership, setting and meeting targets at work, solving work-related problems, and contributing to meetings.

BTEC Level 2 – Functional Skills

Functional Skills are qualifications in English, maths and ICT that equip learners with the practical skills needed to live, learn and work successfully.

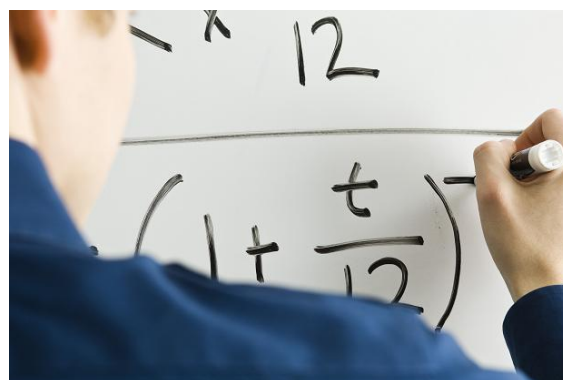
GCSE English Language

There are three units that are assessed for GCSE English Language.

Students are to show functional skills in understanding and producing non-fiction texts, together with speaking and listening and writing creatively.

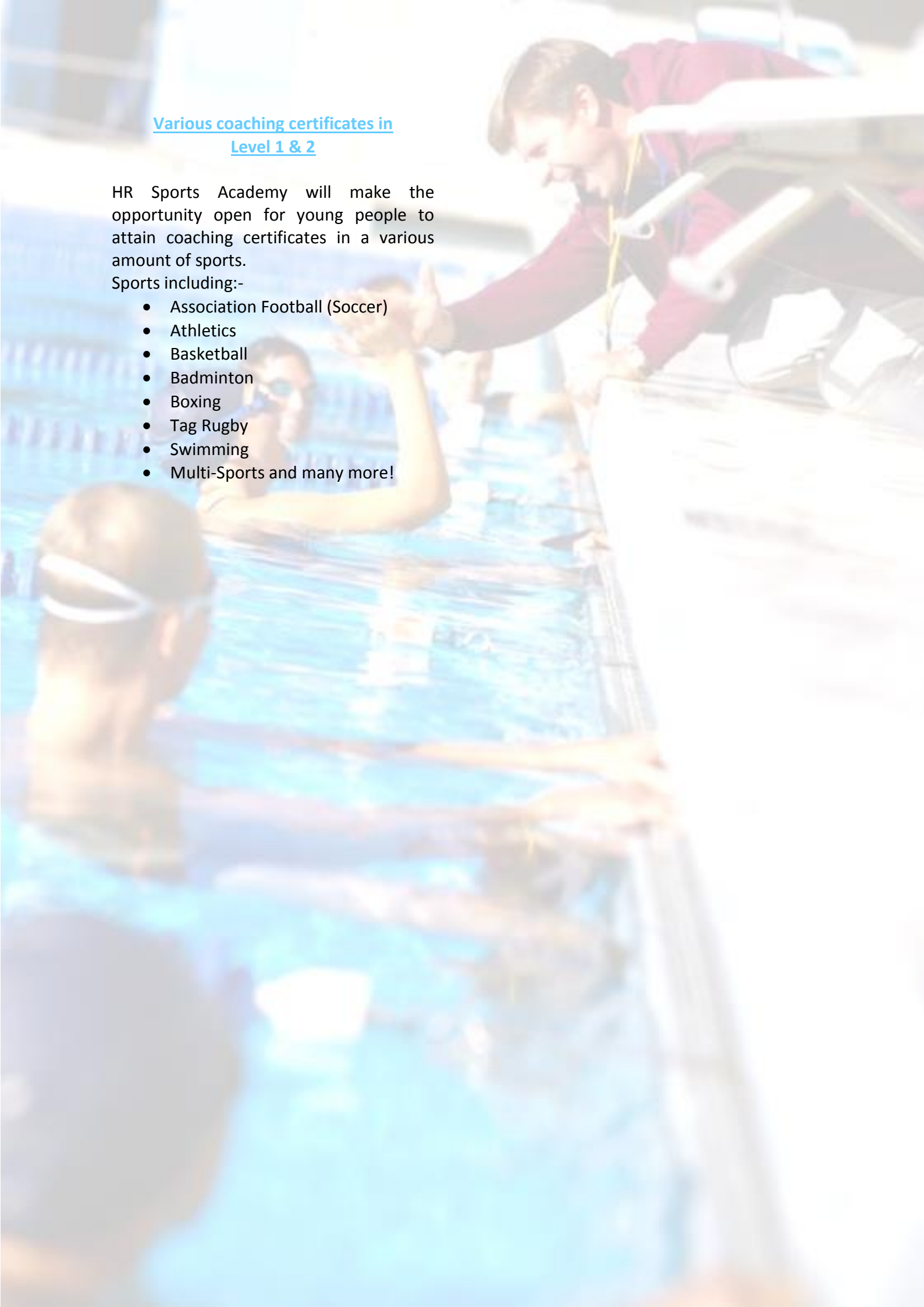
GCSE Mathematics

GCSE Mathematics has a Foundation tier (grades 1 – 5) and a higher tier (grades 4 – 9). Students must take three question papers at the same tier. All question papers must be taken in the same series.



Apprenticeship in Sports Development Levels 2 & 3

Sports development involves organising projects, programmes, information and training to encourage people to increase their activity and have a healthier lifestyle or to participate more actively in their community.

A background image showing a male coach in a maroon long-sleeved shirt leaning over the edge of a swimming pool. He is interacting with young swimmers in the water. One swimmer in the foreground is wearing a blue swimsuit and a white swim cap. Another swimmer further back is wearing goggles and reaching up towards the coach. The pool has blue lane lines, and the scene is brightly lit, suggesting an outdoor or well-lit indoor pool.

Various coaching certificates in Level 1 & 2

HR Sports Academy will make the opportunity open for young people to attain coaching certificates in a various amount of sports.

Sports including:-

- Association Football (Soccer)
- Athletics
- Basketball
- Badminton
- Boxing
- Tag Rugby
- Swimming
- Multi-Sports and many more!



Roles & Responsibilities

The staff at HR Sports Academy will use various techniques in order to help students overcome the barriers they come across whilst learning.

Frequent mentoring sessions will take place on a group and also one-to-one basis.

This will help our young people to work in a team as well as an individual.

Moreover, it will too help students to build a strong and trusting relationship with their tutor and the staff at HR Sports Academy.

Parent Evenings will take place at the HR Sports Academy Head Office:
Unit 5 Tottenham Green Enterprise Centre,
Town Hall Approach Road,
London N15 4RX.

At Parent Evenings, student's achievements will be praised whilst their difficulties will be discussed between the student, the student's parent and the tutor.

New targets will be set in order to expand the potential of each student.

What Makes Us Different?

Our staff members employ a range of strategies to help young people overcome barriers to learning. This includes regular tutorials and mentoring sessions which take place on a group and one to one basis allowing students to build a mutual rapport of trust and respect.

Routine parental liaison by phone, email and post is a key feature in supporting our young people. We will keep parents and carers informed of all their child's successes and challenges.

Learning contracts are utilised to make an agreement between student, staff and parents. This contract sets out what is expected of our students, whilst listing how our staff team will support the young person.

Disciplinary matters are dealt with sensitivity and on an individual basis, with meetings set up with parents to identify and encourage acceptable behaviours.

At our parent's evenings, achievements are praised and difficulties can be discussed and resolved. Targets are set to stretch the potential of each student.

Promoting Safe & Healthy Lifestyles

Here at HR Sports Academy we are firm believers that a healthy lifestyle helps to prepare students for learning and improves concentration. We will offer both breakfast and lunch for all the young people under our care.

We encourage young people to participate in sport and provide them with positive activities to engage in to help with social, health and well-being matters, and when necessary, our staff will 'sign post' students to professionals who can assist and advise them on various issues young people contend with.

JUST A FEW FACTS...

We are a dedicated learning centre providing sporting activities in schools across Haringey and neighbouring boroughs

We work with over 6,000 children and young people every year

We have a well-established Work experience programme

Many students who completed work experience with us return as volunteers, apprentices or secure part time work whilst moving on to higher education

We were nominated for a London Leadership and Peace Award in 2014, School Partner of the year 2012 and Sporting School of the Year in 2011

We were one of ten businesses selected in 2014 to be the face of a thriving businesses booklet 'Made in Tottenham', which is a bid to inspire others to start, build and grow their own business

“HR Sports Academy is a new, innovative and refreshing provider of activities that promote physical, emotional and social well-being in the young people of Haringey and neighbouring boroughs. With the dynamic and inspiring management team, young people can truly believe they are valued and able to achieve. As a foster carer, I have been able to work with the team during school holidays to keep the children in my care busy and active; with the blessing of their primary school and the go ahead from Social Services, I am confident that the children are well catered for.

It makes perfect sense that the organisation plans to further develop services to assist children who require alternative education because they have the flexibility to work in non-traditional way.

Thank you HR Sports Academy!”

Paula Spalding

Contact Us

HR Sports Academy (C.I.C) Community Interest Company:
Achieving great heights through sport

For more information or to arrange a meeting please feel free to contact a member of our team.

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