

Occupational Therapists : 10 things you didn't know

OTs...

- 1 Can undertake cognitive assessments
- 2 Can provide support to manage anxiety (e.g. fear of falling, fear of being alone)
- 3 Can assess home safety
- 4 Find ways for patients to undertake work & leisure activities, as well as skills like dressing & cooking.
- 5 Look at how physical, psychological & cognitive function interact, then advise on techniques or tools to support person achieve what they want to
- 6 Can be a link between health, social services & community & non-governmental organisations
- 7 Help to adapt homes or workplaces to accommodate individual needs
- 8 Carry out functional assessments
- 9 Look at ways to help prevent falls
- 10 Can devise strategies (including assistive technology) to tackle the classic triad of concerns about falls risk, reduced cognitive function, and home safety