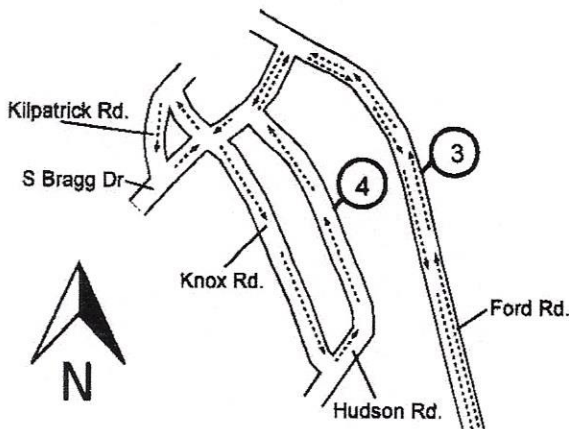


By Hook Or By Crook 12k Gateway National Recreation Area Highlands, New Jersey Course Map (Not to Scale)

USATF Certificate # _____

Effective Dates: _____



Course Description: START on Hartshorne Dr. heading north; right onto Atlantic Dr.; right onto Ford Rd.; left onto S. Bragg Dr.; right onto Knox Rd.; left onto Kilpartick Rd.; left onto S. Bragg Dr.; right onto Knox Rd.; left onto Hudson Rd.; right onto S. Bragg Dr.; right onto Ford Rd.; left onto Atlantic Dr.; left onto Hartshorne Dr. to FINISH.



Mile Markers:

Start: On Hartshorne Dr. facing north, between the Ranger Station and Parking Lot E. 137' 6" south of the guard house in the center median;

Mile 1: Heading north between Area F Road and Atlantic Dr. 829' south of directional sign for Fort Hancock, Sandy Hook Lighthouse, Gunnison Beach and North Beach;

Mile 2: Heading north on Atlantic Dr. .28 miles south of the DO NOT ENTER sign where Atlantic Dr. splits into separate north and south lanes;

Mile 3: Heading north on Ford Rd. 92' north of the manhole lid in the road exiting parking lot "I" onto Ford Rd.;

Mile 4: Heading north on Hudson Road 182' south of the hydrant opposite the north end of Battery Granger;

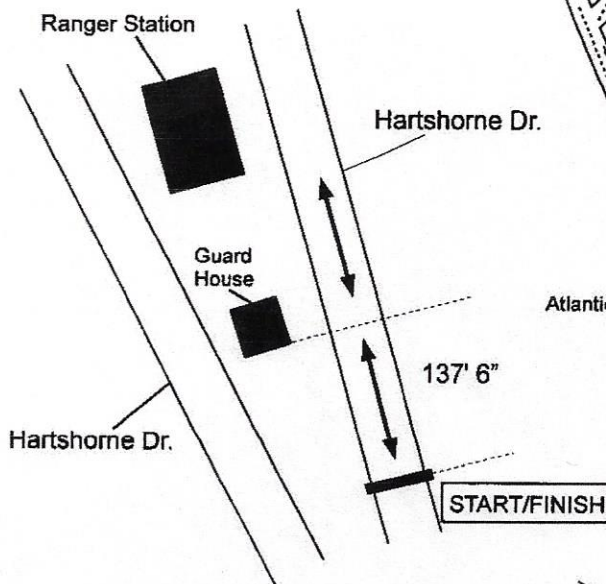
Mile 5: On Atlantic Rd. heading southeast, 272' east of the hydrant at the intersection of Atlantic and Gunnison Rd., opposite the bathrooms next to Battery Gunnison;

Mile 6: Heading southwest on Atlantic Rd. 64' west of the 15 MPH left curve sign which is on the south side of Atlantic;

Mile 7: On Hartshorne Dr. 300' south of "Fishing Beach" sign just south of Area "F" Rd.;

Finish: Same as start.

START/FINISH DETAIL

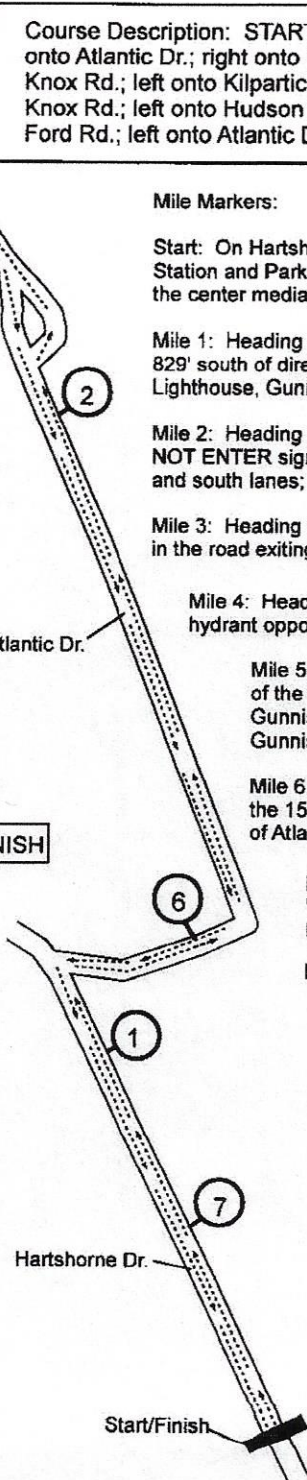


Course Notes:

1. Between the Start/Finish and Atlantic Dr., Hartshorne Dr. has two lanes split by a grass median. Runners will be limited to the northbound lane when going out and coming back.

2. Between Hartshorne Dr. and S. Bragg Dr. outbound runners will use the northbound lane of Atlantic Dr. and Ford Rd. and the southbound lane of Ford and Atlantic for the return.

3. 12k=7.4564543 miles.



Measured by:
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September 4, 2018
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