



1º Campeonato XCO ALLSTARS XXL ENERGY

Resultados GERAIS MASCULINOS

Pos.	Nac.	Nome	Escolão	Tempo de prova	Volta 1	Volta 2	Volta 3	Volta 4	Volta 5	Volta 6
1		AGO Euclides CHINGUI	Elites	1:52:31.6	0:21:01.1	0:22:18.6	0:17:02.9	0:17:16.1	0:18:00.0	0:16:52.6
2		PRT Luis MONTEIRO	Masters	1:55:52.1	0:17:46.0	0:18:40.0	0:19:05.6	0:19:38.0	0:20:05.2	0:20:36.9
3		AGO José CRISPIM	Elites	1:58:30.7	0:19:00.4	0:19:08.1	0:19:32.4	0:19:52.3	0:20:14.3	0:20:43.1
4		AGO Nuno MARTINS	Masters	2:01:09.2	0:19:34.6	0:19:55.6	0:20:11.2	0:20:12.1	0:20:49.9	0:20:25.4
5		PRT André PARAMÉS	Elites	2:02:01.4	0:20:08.3	0:19:55.9	0:20:34.7	0:20:13.0	0:20:32.9	0:20:36.3
6		AGO Olavo FERNANDES	Masters	2:02:50.9	0:18:16.4	0:19:48.0	0:20:09.7	0:20:37.7	0:21:50.7	0:22:08.2
7		AGO Luis MONIZ	GrandMasters	2:03:52.4	0:19:33.4	0:20:27.8	0:20:39.2	0:20:57.9	0:21:05.7	0:21:08.2
8		PRT Ricardo RAMOS	Elites	2:05:27.5	0:20:08.2	0:19:56.6	0:20:36.2	0:21:06.2	0:21:31.0	0:22:09.1
9		AGO Vieira CAMPOS	Masters	2:07:14.6	0:20:57.2	0:21:22.2	0:20:24.4	0:21:07.1	0:21:41.5	0:21:41.9
10		PRT Paulo LEITAO	Masters	2:08:15.2	0:20:47.5	0:20:22.1	0:21:05.3	0:21:25.0	0:21:42.8	0:22:52.3
11		PRT Carlos FERREIRA	GrandMasters	2:10:12.9	0:19:59.3	0:21:11.4	0:21:29.6	0:21:34.2	0:22:32.6	0:23:25.5
12		PRT Jorge ABREU	Masters	2:11:03.1	0:17:44.8	0:18:13.7	0:21:15.1	0:22:47.2	0:28:13.5	0:22:48.5
13		PRT João PACHECO	Masters	2:11:40.5	0:20:25.4	0:20:50.7	0:21:48.8	0:22:30.2	0:23:12.6	0:22:52.6
14		AGO Sérgio DIAS	Elites	2:13:43.4	0:20:55.6	0:21:32.5	0:21:33.1	0:22:17.2	0:22:15.5	0:25:09.2
15		PRT Marco MARTINS	Masters	2:15:37.6	0:21:07.2	0:21:19.8	0:22:28.0	0:23:11.8	0:23:43.7	0:23:46.8
16		BRA Matheus SILVA	Elites	2:16:37.5	0:20:04.2	0:21:29.8	0:22:48.7	0:24:50.1	0:24:20.2	0:23:04.2
17		AGO Heidy SILVA	Elites	2:25:48.6	0:21:28.5	0:23:00.2	0:23:52.0	0:25:53.0	0:25:47.2	0:25:47.3
18		AGO Edson PAULO	Elites	2:26:03.2	0:21:48.0	0:23:19.9	0:23:25.3	0:24:23.1	0:26:03.9	0:27:02.7
19		PRT Ricardo CARVALHO	Elites	2:30:51.5	0:24:50.1	0:24:36.7	0:24:20.1	0:24:50.8	0:26:16.3	0:25:57.2
20		VEN Antonio PEDRIQUE	Masters	2:35:38.9	0:24:56.3	0:24:22.6	0:24:43.5	0:25:46.2	0:27:09.1	0:28:41.0
21		NOR Per BUGGE	GrandMasters	2:37:52.7	0:23:44.7	0:24:45.9	0:25:12.0	0:26:07.6	0:28:36.4	0:29:25.9
22		AGO Tiago FIGUEIREDO	Elites	2:37:57.7	0:24:06.9	0:24:22.4	0:27:23.4	0:27:12.7	0:27:27.6	0:27:24.5
23		PRT Sérgio HENRIQUES	Masters	2:40:08.2	0:23:23.0	0:23:57.6	0:28:44.6	0:27:42.9	0:28:44.9	0:27:34.9
24		AGO Paulo VIEGAS	Masters	2:41:47.3	0:22:09.7	0:25:29.0	0:26:39.3	0:26:53.2	0:30:31.5	0:30:04.3
25		GBR Ray JELLEMA	Elites	2:48:21.1	0:25:53.3	0:26:37.8	0:32:41.3	0:25:47.8	0:26:29.0	0:30:51.7
26		ARG Hernan VILLADA	Masters	2:49:45.1	0:27:02.1	0:28:17.5	0:28:43.8	0:27:33.9	0:28:33.9	0:29:33.7
27		PRT Filipe COISINHAS	Masters	2:49:52.9	0:25:14.5	0:27:37.7	0:26:24.6	0:27:43.9	0:32:12.5	0:30:39.6
28		AGO Igor SANTOS	Elites	2:53:43.0	0:27:20.0	0:27:11.7	0:28:19.8	0:29:52.7	0:28:35.1	0:32:23.5
29		AGO Gizeldo FERREIRA	Elites	2:54:21.9	0:24:25.5	0:28:04.5	0:29:49.7	0:31:58.7	0:27:50.5	0:32:12.7
30		AGO Francisco PEDRO	GrandMasters	2:55:17.0	0:24:40.2	0:27:29.7	0:32:15.2	0:28:39.9	0:30:55.4	0:31:16.5
31		BRA Ivan PAZ	GrandMasters	2:57:14.5	0:26:56.8	0:28:55.2	0:29:23.1	0:34:00.9	0:28:50.1	0:29:08.3
32		IRL Alan O'HANLON	Masters	2:58:53.7	0:27:21.4	0:29:34.0	0:31:00.0	0:23:53.6	0:30:40.9	0:36:23.5
33		AGO Victor MENDES	Elites	3:06:50.7	0:23:53.3	0:24:59.4	0:27:38.4	0:30:08.3	0:33:17.1	0:46:54.0



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Pos.	Nac.	Nome	Escolão	Tempo de prova	Volta 1	Volta 2	Volta 3	Volta 4	Volta 5	Volta 6
34		AGO Leonardo NGANGA	Elites	2:21:05.8	0:48:22.1	0:16:57.3	0:17:23.7	0:18:25.3	0:17:18.1	0:22:38.5
35		AGO João FREIRE	Elites	DNF	0:55:16.0	0:26:20.4	0:27:16.9			
36		BRA Bruno BARBOSA	Masters	DNF	0:18:05.2	0:18:50.7	0:19:04.0	0:19:21.1	0:19:43.7	
37		BRA Vicente MANGUEIRA	Masters	DNF	0:22:05.1	0:27:47.1	0:58:21.9	0:21:51.0		
38		PRT Luis LUZ	Masters	DNF	0:35:39.1					
39		AGO Paulo MENESES	Masters	DNF	0:28:35.5	0:28:04.2	0:31:50.8	0:32:42.4	0:33:32.9	
40		PRT Luis RIO	Masters	DNF	0:28:31.4	0:27:53.3	0:32:05.9	0:32:42.2	0:33:32.8	
41		PRT Bruno SANTOS	Masters	DNF	0:24:41.6	0:31:17.8	0:32:45.0	0:29:50.9		
42		DNK Henrik LARSEN	Masters	DNF	0:24:41.0	0:28:08.8	0:55:42.4			
43		SPN Javier GUINEA	Masters	DNF	0:33:40.6	0:34:34.3	0:37:30.6	0:43:23.9		
44		AGO Fernando SANTOS	Elites	DNF	0:29:01.2	0:32:19.8	0:42:10.7	0:42:20.2		
45		AGO José DUNDUMULA	Elites	DNF	0:27:43.4	0:25:33.3	0:27:43.4	0:28:05.9	0:36:02.6	
46		AGO Carlos SOUSA	Elites	DNF	0:25:12.7	0:27:06.1	0:29:24.7	0:26:49.7	0:28:40.4	
47		AGO Leonete ALVES	Elites	DNF	0:24:42.5					
48		AGO Jorge OLIVEIRA	Masters	DNF	0:25:11.4	0:26:42.7	0:29:02.8	0:29:49.4	0:51:16.2	
49		BRA Sandro MENDONÇA	Masters	DNF	0:30:08.9	0:30:42.5	0:32:35.1	0:32:26.2		
50		ARG Pablo RIVAROLA	Masters	DNF	0:26:53.1	1:18:27.1	0:29:52.1	0:52:43.3		
51		PRT Hugo ALVES	Masters	DNF	0:23:24.8	0:25:26.7	0:26:19.6	0:27:16.5	0:29:08.9	
52		VEN Ronald HERRERA	Masters	DNF	0:29:02.8	0:32:20.5	0:35:29.1	0:34:29.0	0:34:10.0	
53		GBR Paul FROYDENLUND	Elites	DNF	0:35:18.8	0:36:24.8	0:38:33.8	0:27:28.4	0:30:42.4	