Dear Fellow Students,

This is an educational research project about learning vocabulary. Below is a series of statements about your learning experience of vocabulary. We would like to know how far these statements match your own perceptions, that is, your personal view. There are no ‘right’ or ‘wrong’ answers. Moreover, the data we collect are for research purposes and your opinions will be respected and kept confidential.

There are twenty items in total in the questionnaire. Please tick the appropriate box concerning your personal vocabulary learning experience. Thank you very much for your cooperation!

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<th>Strongly Agree</th>
<th>Agree</th>
<th>Partly Agree</th>
<th>Slightly Disagree</th>
<th>Disagree</th>
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<td>1.</td>
<td>Once the novelty of learning vocabulary is gone, I easily become impatient with it.</td>
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<td>2.</td>
<td>When I feel stressed about vocabulary learning, I know how to reduce this stress.</td>
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<td>When learning vocabulary, I have my special techniques to achieve my learning goals.</td>
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<td>6.</td>
<td>I feel satisfied with the methods I use to reduce the stress of vocabulary learning.</td>
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<td>When learning vocabulary, I believe I can achieve my goals more quickly than expected.</td>
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<td>8.</td>
<td>During the process of learning vocabulary, I feel satisfied with the ways I eliminate boredom.</td>
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<td>When learning vocabulary, I think my methods of controlling my concentration are effective.</td>
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<td>When learning vocabulary, I persist until I reach the goals that I make for myself.</td>
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<td>11.</td>
<td>When it comes to learning vocabulary, I have my special techniques to prevent procrastination.</td>
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<td>12.</td>
<td>I believe I can overcome all the difficulties related to achieving my vocabulary learning goals.</td>
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<td>13.</td>
<td>When learning vocabulary, I know how to arrange the environment to make learning more efficient.</td>
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<td>14.</td>
<td>When I feel stressed about my vocabulary learning, I cope with this problem immediately.</td>
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<td>When it comes to learning vocabulary, I think my methods of controlling procrastination are effective.</td>
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| 16. | When learning vocabulary, I am aware that the learning environment
18. During the process of learning vocabulary, I am confident that I can overcome any sense of boredom.

19. When feeling bored with learning vocabulary, I know how to regulate my mood in order to invigorate the learning process.

12. When I feel stressed about vocabulary learning, I simply want to give up.

20. When I study vocabulary, I look for a good learning environment.

**CHINESE VERSION OF THE INSTRUMENT**

親愛的同學：

這是一份有關英文單字教育專題研究的問卷，請細閱下列各題項的文字描述，以個人的理解及經驗去回答。研究者只希望聽取您的寶貴意見，回應中是沒有任何對錯之分，您的意見將會被尊重和保密，所收錄的數據只供學術研究之用，與此科成績無任何關係，敬請放心作答。

本問卷題本共有二十題。請您就您個人在單字學習上的學習經驗，在適當的「□」內打「ˇ」。謝謝您的合作！

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THE QUESTIONNAIRE ITEMS GROUPED ACCORDING TO THE FIVE CONSTITUENT SCALES

Commitment control (Items 4, 7, 10, 13)
- When learning vocabulary, I have my special techniques to achieve my learning goals.
- When learning vocabulary, I believe I can achieve my goals more quickly than expected.
- When learning vocabulary, I persist until I reach the goals that I make for myself.
- I believe I can overcome all the difficulties related to achieving my vocabulary learning goals.

Metacognitive control (Items 5, 9, 11, 16)
- When learning vocabulary, I have my special techniques to keep my concentration focused.
- When learning vocabulary, I think my methods of controlling my concentration are effective.
- When it comes to learning vocabulary, I have my special techniques to prevent procrastination.
- When it comes to learning vocabulary, I think my methods of controlling procrastination are effective.

Satiation control (Items 1, 8, 18, 19)
- Once the novelty of learning vocabulary is gone, I easily become impatient with it.
- During the process of learning vocabulary, I feel satisfied with the ways I eliminate boredom.
- During the process of learning vocabulary, I am confident that I can overcome any sense of boredom.
- When feeling bored with learning vocabulary, I know how to regulate my mood in order to invigorate the learning process.

Emotion control (Items 2, 6, 12, 15)
- When I feel stressed about vocabulary learning, I know how to reduce this stress.
- I feel satisfied with the methods I use to reduce the stress of vocabulary learning.
- When I feel stressed about vocabulary learning, I simply want to give up.
- When I feel stressed about my vocabulary learning, I cope with this problem immediately.

Environment control (Items 3, 14, 17, 20)
- When I am studying vocabulary and the learning environment becomes unsuitable, I try to sort out the problem.
- When learning vocabulary, I know how to arrange the environment to make learning more efficient.
- When learning vocabulary, I am aware that the learning environment matters.
- When I study vocabulary, I look for a good learning environment.