

## CHOOSE YOU THIS DAY

*“The magnitude of our eternal happiness depends on choosing the living God and joining Him in His work. **Our choices determine who we are and who we will become.**”*

*-Elder Dale G Renlund*

*List other women in the scriptures or your life like Ruth, Esther, and Mary whose choices have made a difference in your life.*

*List the choices they made and ponder what helped prepare them to choose God.*

*Elder Renlund teaches that, “Our Heavenly Father wants to help and bless us, but we do not always let Him. Sometimes, we even act as if we already know everything.” Do you allow Heavenly Father to help and bless you? Is there something that could be holding you back from letting Him in? Ponder and pray to know what you could do to humbly choose to let Him help and bless your life.*