LEARN, SKI, AND LEARN AGAIN

11th American-Brazilian Aesthetic Meeting®

PARK CITY, UTAH | FEBRUARY 14–18, 2019

Chairman: Renato Saltz, MD
Co-Chairs: Carlos Casagrande, MD • João Sampaio Goes, MD • Mark Jewell, MD
Foad Nahai, MD • Bianca Ohana, MD • Ricardo Ribeiro, MD • Osvaldo Saldanha, MD

This activity is designated for a maximum of 22.5 AMA PRA Category 1 credit™
Dear Friends,

Welcome back to Park City, home of the 11th American-Brazilian Aesthetic Meeting®!

ABAM provides an excellent forum for international exchange of knowledge in Aesthetic Surgery & Cosmetic Medicine in a very nice relaxing atmosphere in the majestic snowy mountains of Park City, Utah. The goal is to combine science with fun through friendship and collegiality while enjoying the best snow on earth!

For the past 11 years ABAM has served as a unique platform for residents, fellows and young colleagues from around the world to share their innovative work in the United States. ABAM’s success has opened the doors to young plastic surgeons to present and interact with their peers, many for the first time. Many presentations have now been published in top aesthetic & reconstructive Journals.

ABAM is a non-profit organization and proceeds are donated to the Image Reborn Foundation of Utah, another non-profit dedicated to provide no-cost 3-day retreats to Breast Cancer survivors. The Foundation is a 501(c)(3) that has been serving women with breast cancer in the beautiful mountains of Park City since 1998. Over 4000 breast cancer survivors have attended the IRF retreats for the past 20 years. You can learn more about the IRF mission by visiting www.imagerebornfoundation.org.

Enjoy this year’s ABAM great scientific and social programs, the outstanding presenters from 12 countries, international friendship and most importantly “the greatest snow on earth!”

We are delighted you are here, welcome to Park City!

Renato & Flavia Saltz
ABAM is a Utah non-profit organization dedicated to breast cancer survivors.

**PRESENTERS**

Ahmed Afifi, MD – US
Cori Agarwal, MD – US
Jaime Anger, MD – Brazil
Ana Zulmira Badin – Brazil
Mehmet Bayramicli, MD – Turkey
Giuliano Borille, MD – Brazil
John Burroughs, MD – US
Brian Brzowski, MD – US
Gianluca Campiglio, MD – Italy
Carlos Casagrande, MD – Brazil
Mauricio Castellon, MD – US
Nazim Cerkes, MD – Turkey
Grady Core, MD – US
Fabian Cortinas, MD – Argentina
Roger Dailey, MD – US
Claudio DeLorenzi, MD – Canada
Felmont Eaves, MD – US
Chad Erickson – US
Marcio Ferreira da Cunha, MD - Brazil
Julius Few, MD – US
Eugenio Gandolfi, MD – Switzerland
Rachel Garcia, MD – Brazil
Sebastian Garson, MD – France
Joao Sampaio Goes, MD – Brazil
Lawrence Gray, MD – US
H.L. Greenberg, MD – US
Joseph Gryskiewicz, MD – US
Haideh Hirmand, MD – US
John Holds, MD – US
Keith Jeffords, MD – US
Mark Jewell, MD – US
Mary Jewell, MD – US
Chia Chi Kao, MD – US
Khalil Khatri, MD – US
Brian Kinney, MD – US
Vakis K Kontoes, MD – Greece
Nelson Letizio, MD – Brazil
Bill Mack, MD – US
Catherine Maley – US
Mike Marion, MD – US
Timothy Marten, MD – US
Maria Roberta Martins, MD – Brazil
Gabriele Miotto, MD – US
Clayton Moliver, MD – US
Arturo Montanana, MD – Mexico
Izhak Musli – US
Foad Nahai, MD – US
Paul Nassif, MD – US
Wilson Novaes, MD – Brazil
Bianca Ohana, MD – Brazil
Tim Papadopolous, MD – Australia
Ricardo Ribeiro, MD – Brazil
Osvaldo Saldanha, MD – Brazil
Renato Saltz, MD – US
Chris Schaffer, MD – US
Steve Smith, MD – US
Patricia Sorrentino – Brazil
Ryan Stanton, MD – US
Niveo Steffen, MD – Brazil
Douglas Steinbrech, MD – US
Grant Stevens, MD – US
Mark Taylor, MD – US
Gordon Telepun, MD – US
Randy Torban - US
Bertha Torres, MD – Mexico
Lina Triana, MD – Colombia
Gregory Turowski, MD – US
Augusto Valente, MD – Brazil
Julie Woodward, MD – US
Akin Yucel, MD – Turkey
Karen Zupko – US
THE 11th AMERICAN-BRAZILIAN AESTHETIC MEETING

THURSDAY, FEBRUARY 14 • ABAM REGISTRATION

5:00–7:00 pm  EARLY REGISTRATION AND COCKTAIL RECEPTION

FRIDAY, FEBRUARY 15 • AM

6:30–7:00 am  Rise and Shine Coffee Bar

7:00–11:00 am  TEACHING SESSION 1 (EYELID, FACE & BROW)
Moderators—Grady Core, MD and Renato Saltz, MD

7:00–7:10 am  Burroughs: Keys To Success: Marking Eyelids For Blepharoplasty

7:10–7:20 am  Core: Lateral Access Only Minimal Incision Blepharoplasty: 10 Years with No Scleral Show

7:20–7:30 am  Mack: My Approach to Lower Lid Blepharoplasty: Fill, Reposition or Resection

7:30–7:40 am  Holds: Lower Blepharoplasty—What Are We Trying to Accomplish

7:40–7:50 am  Hirmand: Shape Preserving Belpharoplasty: From Concept to Technique

7:50–8:00 am  Gandolfi: Augmentation Blepharoplasty

8:00–8:10 am  Taylor: Laser Belpharoplasty—23 Years Experience

8:10–8:20 am  Dailey: Lower Lid Blepharoplasty: Techniques and Pearls ▲

8:20–8:30 am  Casagrande: Endoscopic Cantopexy and Canthoplasty

8:30–9:00 am  BREAKFAST AND VISIT EXHIBITS

9:00–9:30 am  Marten: Peri-orbital Fat Grafting—A New Paradigm for Rejuvenation of the Eyelids

9:30–9:40 am  Saltz: Endoscopic Facial Rejuvenation: 25 years and 2000 patients

9:40–9:50 am  Core: Evolution of Technique in Endoscopic Forehead Rejuvenation

9:50–10:00 am  Zulmira: 20 Years Experience in Endoscopic Surgery

10:00–10:10 am  Stevens: Minimally Invasive Midfacelifts With X-Act
10:10–10:20 am  Nassif: Temporal Brow Lift: 12 Pearls for Success
10:20–10:30 am  Holds: Managing the Patient with Mid-face Dermal Fillers Undergoing Blepharoplasty

10:30 am–3:30 pm  SKI / FREE AFTERNOON

FRIDAY, FEBRUARY 15 • PM

3:30–4:00 pm  AFTERNOON BREAK AND VISIT EXHIBITS

4:00–5:00 pm  ALLERGAN WORKSHOP

5:00–7:40 pm  TEACHING SESSION 2 (FACE & NECK)
Moderators—Foad Nahai, MD and Bianca Ohana, MD
5:00–5:10 pm  Anger: Aesthetic Otoplasty: 35 Years Experience
5:10–5:20 pm  Core: Plication Lifts Versus Tissue Transposition Lifts in Facial Rejuvenation
5:20–5:30 pm  Smith: Endobrowlift Revisited
5:30–5:40 pm  Letizio: Lateral Brow Lift: Double Angled Percutaneous Suture
5:40–5:50 pm  Ohana: Non-Invasive Facial Rejuvenation
5:50–6:00 pm  Papadopolous: A Relook Into the Cause(s) of Platysmal Bands ▲
6:00–6:10 pm  Taylor: Multimodal Resurfacing with CO2 and Erbium Lasers
6:10–6:20 pm  Few: Surgical vs Non-Surgical Treatments
6:20–6:30 pm  Ferreira da Cunha: Chin Augmentation with Cervical Flap Associated with Rhytidoplasty
6:30–6:40 pm  Borille: Eyebrow Reshaping
6:40–6:50 pm  Casagrande: Platismal Belt in Neck Rejuvenation
6:50–7:00 pm  Garson: Facial Aging in 3D
7:00–7:15 pm  Marten: The Short Scar Neck Lift: When and How
7:15–7:30 pm  Nahai: Four Principles That Apply to ALL Facelift Techniques ▲
7:30–7:40 pm  Discussion
7:40–8:00 pm  Opening Ceremonies
ABAM – Renato Saltz
UPSS – Brian Brzowski, Past-President
ASAPS – Grant Stevens, President
SBCP – Niveo Steffen, President
ISAPS – Nazim Cerkes, President-Elect

8:00–9:00 pm  Reception in Exhibit Hall

9:00 pm–12:00 am  ABAM Backyard Barbeque—Park City Marriott Hotel
Sponsored by Allergan

SUNDAY, FEBRUARY 17 • AM

6:30–7:00 am  RISE AND SHINE COFFEE BAR

7:00–10:30 am  TEACHING SESSION 3 (Rhinoplasty & Male Aesthetics)
Moderators—Nazim Cerkes, MD and Niveo Steffen, MD
7:00–7:10 am  Miotto: Rhinoplasty for Beginners: An Algorithm for Decision Making ▲
7:10–7:20 am  Nassif: Treatment Protocol for the Compromised Nasal Tip
7:20–7:30 am  Ohana: Nasal Anatomy Applied to Rhinoplasty
7:30–7:40 am  Campiglio: Diced Cartilage Wrapped in Retro-Auricular Fascia for Dorsal Augmentation
7:40–7:50 am  Bayramicli: Closed Rhinoplasty—Pros and Cons of the Technique
7:50–8:00 am  Cerkes: Structural Reconstruction in Secondary Rhinoplasty
8:00–8:10 am  Steffen: Osteotomies in 2018
8:10–8:20 am  Cortinas: Reshape a Complex Nose with HA and Threads
8:20–8:30 am  Gryskiewicz: Nasal Fillers: Wise or Foolish
8:30–8:40 am  Bayramicli: Nasal Skin Thickness: Rhinoplasty Effects
8:40–8:50 am  Cerkes: Recreation of Natural Dorsum After Reduction
8:50–9:00 pm  Discussion

9:00–9:30 am  BREAKFAST AND VISIT EXHIBITS
<table>
<thead>
<tr>
<th>Time</th>
<th>Presentation</th>
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<tbody>
<tr>
<td>9:30–9:40 am</td>
<td><strong>Jeffords:</strong> How to Develop a Practice for Men</td>
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<tr>
<td>9:40–9:50 am</td>
<td><strong>Triana:</strong> Facial Aesthetics in Men</td>
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<td>9:50–10:00 am</td>
<td><strong>Turowski:</strong> Robotic Hair Transplantation—Our Experience After Over 1 Million Follicle Transplants</td>
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<td>10:00–10:10 am</td>
<td><strong>Steinbrech:</strong> Men’s Abs Sculpting (BodyBanking Fat Grafting for Men)</td>
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<td>10:10–10:20 am</td>
<td><strong>Jeffords:</strong> Fat Grafting on Men</td>
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<td>10:20–10:30 am</td>
<td><strong>Agarwal:</strong> Female-to-Male Chest Wall Masculinization: Optimizing Results</td>
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10:30 am–3:00 pm  
**SKI / FREE AFTERNOON**

SATURDAY, FEBRUARY 16 • PM

<table>
<thead>
<tr>
<th>Time</th>
<th>Presentation</th>
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<tbody>
<tr>
<td>3:00–3:30 pm</td>
<td><strong>AFTERNOON BREAK AND VISIT EXHIBITS</strong></td>
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<tr>
<td>3:30–4:30 pm</td>
<td><strong>INDUSTRY WORKSHOP</strong></td>
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<td>4:30–8:30 pm</td>
<td><strong>TEACHING SESSION 4 (BREAST, BODY &amp; VAGINAL SURGERY)</strong></td>
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<td>Moderators—Joao Sampaio Goes, MD and Lina Triana, MD</td>
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<td>4:30–5:00 pm</td>
<td><strong>Goes:</strong> Augmentation Mastopexy</td>
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<td>5:00–5:15 pm</td>
<td><strong>Brzowski:</strong> Modern Breast Implant Choices—Stop the Madness!</td>
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<td>5:15–5:30 pm</td>
<td><strong>Mark Jewell:</strong> Betadine and Breast Implants</td>
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<td>5:30–5:45 pm</td>
<td><strong>Anger:</strong> Secondary Breast Augmentation: Diagnostic Tips and Surgical Strategies</td>
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<td>5:45–6:00 pm</td>
<td><strong>Gryskiewicz:</strong> Revisional Breast Augmentation for Dummies: How to Fix Them</td>
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<td>6:00–6:15 pm</td>
<td><strong>Kontoes:</strong> Infra mammary Fold (IMF) Violation in Augmentation Mammoplasty: How to Avoid and Correct</td>
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<td>6:15–6:30 pm</td>
<td><strong>Yucel:</strong> All-Quadrant Approach in Vertical Mammaplasty: It is Not Only an Inferior Pole Resection</td>
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<td>6:30–6:45 pm</td>
<td><strong>Telepun:</strong> No Needle Breast Tissue Expansion Using a New Expander with Compressed CO2 Gas</td>
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<td>6:45–7:00 pm</td>
<td><strong>Afifi:</strong> Aesthetics and Safety in Prepectoral Breast Reconstruction</td>
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<td>7:00–7:15 pm</td>
<td><strong>Garson:</strong> Anatomical Approach to Breast Fat Grafting</td>
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<td>7:15–7:30 pm</td>
<td><strong>Molliver:</strong> Symmastia</td>
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7:30–7:45 pm  **Saldanha:** New Tips and Tricks in Breast Reconstruction Abdominoplasty
7:45–8:00 pm  **Nahai:** Rethinking VTE Prophylaxis and Adbominoplasty
8:00–8:15 pm  **Triana:** Are Non-Surgicals a Good Option for Your Vaginal Rejuvenation Practice?
8:15–8:30 pm  **Martins:** Vaginal Rejuvenation: Laser and Surgery

8:30–9:30 pm  **Industry Workshop**

**SUNDAY FEBRUARY 17 • AM**

**SUNDAY AM  FREE MORNING TO SKI**

**SUNDAY FEBRUARY 17 • PM**

12:30–1:30 pm  **LUNCH AND VISIT EXHIBITS**

1:00–2:00 pm  **INDUSTRY WORKSHOP**

2:00–4:00 pm  **TEACHING SESSION 5 (BODY CONTOURING SURGERY)**
Moderators—Steven Smith, MD and Grant Stevens, MD
2:00–2:10 pm  **Stanton:** 800 Intramuscular Gluteal Implant Cases in the Last Four Years
2:10–2:20 pm  **Smith:** Safety in Buttock Augmentation ▲
2:20–2:30 pm  **Montanana:** Fat Grafting to Buttocks—An Update
2:30–2:40 pm  **Schaffer:** Technique Evolution to Enhance Safety and Outcomes in Gluteal Fat Grafting
2:40–2:50 pm  **Valente:** The Brazilian Butt Lift by a Brazilian
2:50–3:00 pm  **Castellon:** Radiofrequency Assisted Lipolysis in Private Practice
3:00–3:10 pm  **Kinney:** Melting Fat and Building Muscle—A Non-Invasive Treatment
3:10–3:20 pm  **Novaes:** Body Contour After Lipoabdominoplasty
3:20–3:30 pm  **Marion:** Liposuction in Body Contouring
3:30–3:40 pm  **Borille:** Medium Definition Abdominal Etching: Looking Natural
3:40–3:50 pm  **Gandolfi:** Stromal Vascular Fraction for Cosmetic Surgery in Switzerland
3:50–4:00 pm  Brzowski: Major Body Contouring in a Solo Surgeon Practice

4:00–4:30 pm  BREAK AND VISIT EXHIBITS

4:30–7:30 pm  TEACHING SESSION 5 (NON-INVASIVE TECHNOLOGY & INJECTABLES)
Moderators—Fabian Cortinas, MD and Claudio DeLorenzi, MD

4:30-4:45 pm  Stevens: The New Face of Aesthetic Medicine
4:45–4:50 pm  Few: The State of Art in Stacking Technology
5:00–5:15 pm  Woodward: Which Filler Where?
5:15–5:30 pm  Yucel: Reconstitution of Facial Framework with Fillers and Neurotoxins
5:30–5:45 pm  Garcia: Injectables for Tear Trough Deformity: Pearls and Pitfalls ▲
5:45–6:00 pm  Burroughs: Filler Blepharoplasty
6:00–6:15 pm  Cortinas: Blending the Eyelid Cheek Junction with Diluted HA
6:15–6:30 pm  DeLorenzi: Management of Sudden Filler Associated Blindness
6:30–6:45 pm  Torres: Facial Fat Grafting, Different Depths and Safety Guidelines
6:45–7:00 pm  DeLorenzi: Management of Late Inflammatory Filler Reactions ▲
7:00–7:15 pm  Garcia: Poli-l-lactic Zcid or Hyaluronic Acid?
7:15–7:30 pm  Nassif: How to Start Your Own Skincare Line

MONDAY FEBRUARY 18th • AM

6:00–7:00 am  RISE AND SHINE COFFEE BAR

7:00–8:00 am  SPECIAL PRESENTATIONS
7:00–7:15 am  Gray: Opioid Free Breast Surgery
7:15–7:30 am  Kao: Surgical Management of the Overfilled Face
7:30–7:45 am  Eaves: Technology Development—From Idea to Medical Device in Hand
8:00–12:30 pm  TEACHING SESSION 6 (PATIENT SAFETY & PRACTICE MANAGEMENT)  
Moderators—Haideh Hirmand, MD and Vakis Kontoes, MD

8:00–8:15 am  Kontoes: Beauty & The Golden Ratio: Applications in Aesthetic Surgery

8:15–8:30 am  Greenberg: PRP for Hair Loss and Anti-aging in the Clinic

8:30–8:45 am  Hirmand: Surgical-Non-Surgical Practice Composition: Are You Optimized for the Future?

8:45–9:00 am  Musli: Practice Management—Common Questions and Answers

9:00–9:15 am  Maley: 5 Simple Strategies to Get to a YES

9:15–9:30 am  Zupko: Why Your So-Called Conversion Rates are Wrong

9:30–10:00 am  BREAKFAST AND VISIT EXHIBITS

10:00–10:15 am  Zupko: Discounts and Deals: Eating Your Margins?

10:15–10:30 am  Woodward: Why Aesthetics? Physiology, Psychology & Philosophy

10:30–10:45 am  Greenberg: Instagram, Facebook and On-line Tools to Boost Your Business

10:45–11:00 am  Sorrentino: How to Win at the Social Media Game

11:00–11:15 am  Papadopolous: 6 Ways to Work ON, Not IN, Your Business

11:15–11:30 am  Maley: Selling the Invisible: Advanced Converting Strategies

11:30–11:45 am  Torban: Industry Insight: How to Leverage Your Data to Increase Profitability

12:00–12:15 pm  Saltz: Ingredients for Success in Your Practice and Medspa

12:15–12:30 pm  Discussion

12:30–1:30 pm  PANEL—WHAT MAKES MY PRACTICE GREAT?  
Moderators—Renato Saltz and Grant Stevens  
Panelists—Julius Few, MD; Rachel Garcia, MD; H.L. Greenberg, MD; Haideh Hirmand, MD; Mary Jewell, MD; Vakis Kontoes, MD; Catherine Maley, MD; Izhak Musli; Paul Nassif, MD; Tim Papadopolous, MD; Patricia Sorrentino; Julie Woodward, MD; Karen Zupko

1:30 pm  MEETING ADJOURNS
PROGRAM OBJECTIVES

At the conclusion of this activity, learners will be able to:

1. Review the anatomy of the face and periorbital regions in order to more safely perform common facial procedures including browlift, rhytidectomy, upper and lower blepharoplasty, ptosis, ectropian repair and surgical and non-surgical treatments of these regions,

2. Identify the latest strategies in body contouring, including invasive and non-invasive procedures,

3. Assess current trends and techniques in the use of breast implants for aesthetic and reconstructive breast surgery,

4. Discuss techniques which may be used to prevent and manage complications.

Accreditation Statement

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of The American Society for Aesthetic Plastic Surgery and the American-Brazilian Aesthetic Meeting.

The American Society for Aesthetic Plastic Surgery designates this live activity for a maximum of 21 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Of the 21 AMA PRA Category 1 Credits™, 1.75 have been identified as applicable to patient safety.

Disclosure Policy

The American Society for Aesthetic Plastic Surgery requires all instructors, planners, and other individuals in a position to control or influence the content of an activity to disclose all relevant financial relationships or affiliations. All identified conflicts of interest must be resolved and the educational content thoroughly vetted by ASAPS for fair balance, scientific objectivity, and appropriateness of patient care recommendations. ASAPS also requires faculty/authors to disclosure when off-label/unapproved uses of a product are discussed in a CME activity or included in related materials. Attendees providing comments or asking questions during presentations are also required to disclose all related commercial interests.