



Lemon Chicken and Potato Packets

MyPlate2Yours - Lynn Dugan

Ingredients

1 1/2 pounds boneless, skinless chicken breasts, cut into 1-inch cubes
1 pound Yukon Gold potatoes, cut into 1/2 -inch cubes
1 medium onion, diced
1 small zucchini, diced
2 tablespoons olive oil
3 tablespoons lemon juice
2 teaspoons dried oregano
2 garlic cloves, minced
1 teaspoon salt
1/2 cup diced tomatoes
1/2 cup crumbled feta cheese

Directions

Preheat oven to 400°F. Mix all ingredients together except tomatoes and feta. Place equal amounts onto 4 large squares of foil. Fold in top and sides of each to enclose. Place packets on a large baking sheet. Bake for 30 minutes until chicken is cooked through and potatoes are soft. Carefully open packets and sprinkle equal amounts of tomatoes and feta over each. Enjoy!