



Rice and Bean Burrito Bowl

MyPlate2Yours - Lynn Dugan

Ingredients

1 can black or pinto beans, drained & rinsed
1 can sweetcorn, drained
2 cups cooked brown rice
1/2 cup shredded cheddar cheese
Your favorite salsa
Your choice: cherry tomatoes, avocado, lite sour cream.

Directions

Divide rice between 2 bowls. Place 1/2 cup beans, 1/2 cup corn, and 1/4 cup cheese on top of each rice bowl. Top with your choice of salsa and toppings. Enjoy!