



Almond Butter Banana Mousse

MyPlate2Yours - Lynn Dugan

Ingredients

3 frozen bananas
1/3 cup almond butter, crunchy style
2 tablespoons honey
1/4 teaspoon salt
1/2 cup chocolate sauce
1/4 cup chopped almonds

Directions

Place bananas, almond butter, honey and salt in a food processor. Blend until well combined. Spoon into bowls and top with chocolate sauce and chopped almonds. Serve immediately and ENJOY!!