



## ***Festive Barley Salad***

*MyPlate2Yours - Lynn Dugan*

### ***Ingredients***

3 cups cooked pearled barley (pearled barley can take 45-60 minutes to cook. I use quick pearled barley, Quaker brand, which cooks in 10 minutes)  
1/3 cup olive oil  
1/4 cup red wine vinegar  
1 tablespoon finely chopped fresh basil leaves  
1/2 teaspoon salt, ground black pepper  
1 can corn, drained  
1 cup diced fresh tomato  
1/2 cup finely chopped red or green bell pepper  
2 green onions, thinly sliced

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### ***Directions***

Combine olive oil, vinegar, basil, salt and a dash pepper. Pour dressing over warm barley; toss to coat. Cool in refrigerator. Add corn, tomatoes, bell pepper and onions. Serve immediately or chill. Makes about 5 cups. Enjoy!