



Candy Corn Fruit and Yogurt Cups

MyPlate2Yours - Lynn Dugan

Ingredients

3 cups low fat vanilla yogurt
2 cans pineapples chunks (in juice), drained
2 cans mandarin oranges, drained
12 plastic, clear, 6-ounce cups
Candy corn, for garnish

Directions

Using a spoon, equally distribute pineapple in bottom of each cup. Repeat the process with orange slices. Top with a 1/4 cup dollop of yogurt. Garnish with a piece of candy corn. Now they are ready to share with your favorite goblins!