



Chocolate Almond Frosty

MyPlate2Yours - Lynn Dugan

Ingredients

12 ounces cold skim milk
1/4 cup cocoa powder
1/4 cup almond butter
2 tablespoons agave nectar (honey or brown sugar works too!)
1 teaspoon vanilla extract
8 ice cubes

Directions

Add all ingredients, except ice, in a blender cup. Pulse and puree until smooth. Add ice and blend until frothy. Pour into two chilled glasses and serve immediately. Enjoy!