



Banana Chip Soft Serve

MyPlate2Yours - Lynn Dugan

Ingredients

2 small (or one large) ripe banana, peeled and sliced
1/4 cup semi sweet or dark chocolate chips
Chopped nuts and chocolate syrup, if desired

Directions

Freeze sliced bananas for at least 2 hours in an airtight container. Chop chocolate chips with knife on cutting board (or with food processor), set aside.

Blend frozen bananas in a food processor. Scrape down food processor as banana goes from crumbled to gooey and again to smooth consistency (like 'soft-serve'). Add chocolate and blend briefly to combine. Eat immediately garnished with chopped nuts and/or chocolate syrup. Enjoy!