



# ***Submarinos***

*MyPlate2Yours - Lynn Dugan*

## ***Ingredients***

16 ounces milk  
1 ounce dark chocolate, split  
2 teaspoons sugar (optional)

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## ***Directions***

Heat milk in a small saucepan or microwave to warm. Divide among two mugs. Melt 1/2 ounce chocolate bar in each. Stir in 1 teaspoon sugar, if desired. Enjoy!