



Edamame and Carrot Salad

MyPlate2Yours - Lynn Dugan

Ingredients

1 package frozen shelled edamame, defrosted
1/2 cup shredded carrots
3 tablespoons rice vinegar
2 tablespoons soy sauce
1 tablespoon sugar
Pinch of salt

Directions

Whisk together rice vinegar, soy sauce, sugar, and salt. In separate bowl, place shelled edamame and shredded carrots. Pour dressing over vegetables. Chill or serve immediately. Enjoy!