



Starting Monday, 11th March x 4 weeks (€20)

## **WE'RE**



in Newport NS Hall

Junior/Senior Infants 2 - 3pm

1st - 6th Class: 3-4pm







## **HEALTHY CHILD, BALANCED MIND!**

Continue to introduce your child to tips and tricks to lead a flexible and healthy lifestyle through fun packed and educational games!

## то воок:

**Contact Fiona** 

In school office



Team Building,
Confidence,

Physical Development

Daily Exercise

**Fun Games** 

Knowledge

Stretching