

Eyewear Prescription Tracker

GLASSES PRESCRIPTION

Date	Sphere	Cylinder	Axis	Add Power	Notes
Expires: _____	RT:			+	
	LT:				
Expires: _____	RT:			+	
	LT:				
Expires: _____	RT:			+	
	LT:				

CONTACT LENS PRESCRIPTION

Date	Sphere	Cylinder	Axis	Add Power	Brand	Notes
Expires: _____	RT:			+		
	LT:					
Expires: _____	RT:			+		
	LT:					
Expires: _____	RT:			+		
	LT:					