



Chocolate AVOCADO PURE PROTEIN PUDDING

PUDDING

2 scoops Pure Protein Chocolate
1/2 cup Swerve Granulated Sugar
4 tbsp Cocoa Powder
1 cup Heavy Whipping Cream
4 Avocados

TOPPING

2 cups Heavy Whipping Cream
1/3 cup Swerve Confectioners Sugar

DIRECTIONS

1. Blend all ingredients until smooth, creamy, and textured like pudding.
2. Blend together whipped cream topping and spread on top of your pudding mixture.
3. Sprinkle shavings of Young Living's Ecuadorian Dark Chocolessence™
4. Enjoy!