MENTAL HEALTH IS A HUMAN RIGHT

44TH INTERNATIONAL MENTAL HEALTH NURSING CONFERENCE

CAIRNS | 24–26 OCTOBER 2018
#ACMHN2018
It is with great pleasure that I have this opportunity to provide a welcome message to delegates of the Australian College of Mental Health Nurse’s 44th International Mental Health Nursing Conference in Cairns.

Mental health conditions are estimated to be the leading cause of years spent living with disability globally. Despite having made significant progress in the last 20 years, we know there is still more to do.

We need to continue to support individuals experiencing mental illness to achieving optimal health and wellbeing and being able to access and experience employment and education, financial security, stable housing and meaningful relationships and connections with their community.

Recent investments in mental health demonstrate the Commonwealth Government’s commitment to facilitating the rights of people experiencing mental illness to be able to access appropriate high quality mental health services when they need them and have the opportunity to participate socially and economically in their community.

In the 2018-19 Budget, the Government announced an increase of $338.1 million in mental health funding, with a focus on suicide prevention, research and older Australians and advancing the Fifth National Mental Health and Suicide Prevention Plan - taking the total Government investment in mental health funding to $4.3 billion this year.

This includes investing $20 million to improve mental health services for Australians over 75 years of age whose mental and physical health is at risk because of social isolation and loneliness. This will include a two year trial in which GPs and mental health nurses will play a key role.

Importantly, we’re also putting more mental health nurses on the ground in rural and remote Australia through increased funding to the Royal Flying Doctor Service.

There is much more we can do to improve the lives of people experiencing mental illness and to support their rights to participate fully in the community. The mental health nursing workforce has clearly demonstrated its commitment to advancing the rights of people experiencing mental illness and has a crucial role to play in the development and delivery of the service system the community will need into the future.

The Australian College of Mental Health Nurses is a key stakeholder in us achieving real reforms. I wish you well for the conference.

Yours sincerely,

Greg Hunt MP
Minister for Health
Thank you to the Australian College of Mental Health Nurse’s for the opportunity to welcome you all to 44th International Mental Health Nursing Conference here in Cairns Queensland.

The theme of this conference, Mental Health is a Human Right, goes to the very heart of what it means to be a nurse and it is something that we hold in high regard here in Queensland. Nurses are committed to upholding the rights of every individual to experience good health and wellbeing through the provision of timely, quality health care to every member of the community. Nurses are in the most privileged of positions due to the trust of the community to uphold their best interests when they cannot. This is something I know all nurses take very seriously.

With the enormous and growing need for mental health care, mental health nurses are at the forefront of efforts to uphold the rights of all members of our community to experiencing good mental health, participating in their community and experiencing personal satisfaction in achieving one’s own life goals. With mental health repeatedly being identified as the most common co-morbidity in chronic disease, it is vital that we continue to champion innovation in mental health nursing and enable those we care for to care for themselves.

In Queensland we have led from the front in healthcare innovation with the introduction of 400 Nurse Navigators. These advanced practice nurses are focused on ensuring that the most complex and chronic disease patients receive the right care, at the right time in the right place. The Navigators are demonstrating fantastic outcomes for the community and are getting the balance of care right by actively managing mental health alongside the other co-morbidities these complex patients have. Another key area of innovation for us in Queensland has been championing the role of the Nurse Practitioner, particularly in Mental Health. We have more Nurse Practitioners in Queensland than any other state in Australia and I am committed to ensuring that we continue to develop this role to meet the needs of community.

Apologies that I cannot attend your 44th conference, I wish you every success and hope you all enjoy these 3 days. As nurses working in mental health, I look forward to continuing to work with you and the Australian College of Mental Health Nurses to meet the growing challenge of mental illness in our community, so that together we can ensure every member of our community is able to exercise their right to good mental health.

Yours sincerely,

Adjunct Professor Shelley Nowlan
Chief Nursing and Midwifery Officer
Clinical Excellence Queensland
Working in Far North Queensland offers a unique environment for our mental health staff, as soon as your shift finishes:

- Drive to one of many picturesque beaches and sink your feet into the golden sand
- Spend a day exploring the ancient Daintree rainforest
- Scuba dive the Great Barrier Reef, or
- Sample some of the fine fresh produce the area has to offer.

Ensuring you feel recharged and refreshed for your next shift.

As a skilled and passionate mental health nurse, Cairns and Hinterland Hospital and Health Service has opportunities to suit your interests in inpatient/residential care, outpatient care, case management, and specialist teams such as child and youth, and forensic mental health.

The Health Service cares for urban, rural and extremely remote communities across an area twice the size of Tasmania.

Contact Gino Richter, Nursing Director Mental Health and ATODS, Cairns and Hinterland Hospital and Health Service, Gino.Richter@health.qld.gov.au to begin your adventure in the far north!
Greetings everyone!

As President, I am delighted to welcome you to the 44th International Mental Health Nursing Conference in beautiful Far North Queensland. The theme this year is Mental Health is a Human Right and it is timely to focus on the clinical, educational, research, ethical and philosophical elements of this topic.

This year, we have five concurrent streams along with world class international keynote speakers over the three days. I am sure you will be intellectually stimulated in many ways by the content of all the presentations. I invite you to conference in the true sense, to share, reflect and debate critical issues facing mental health nurses, consumers and carers in the changing landscape of mental health care. With Cairns and the Great Barrier Reef as the backdrop to our International Conference this year, the event is set to challenge and invigorate clinicians, researchers, educators and policy makers alike.

Make the most of your time, enjoy and I look forward to meeting you!

Professor Eimear Muir-Cochrane

President, Australian College of Mental Health Nurses
All over the world, people with mental health issues experience a wide range of human rights violations - including lack of access to basic mental health care and treatment, and the complete absence of community based mental health care, resulting in institutional care - which, in many countries, is associated with degrading treatment and sub-standard living conditions.

In Australia, while a lot of progress has been made over recent years, human rights infringements still occur. This includes involuntary treatment and restrictive practices such as seclusion and restraint, but also issues such as exclusion from the community and discrimination borne from stigma - which can affect a person’s education, capacity for employment, opportunity to develop meaningful intimate relationships and friendships, as well as access to safe affordable housing, and a diminished opportunity to make a meaningful social contribution.

This year, speakers are going to discuss the ways mental health nurses work to improve outcomes for and with people experiencing mental health issues, with a focus on improving, maintaining and preserving their human rights.

The theme ‘Mental Health is a Human Right’ will be supported by a number of streams, each with a strong focus on evidence-based examples of best practice.
The following information is offered to make your attendance at the ACMHN 2018 as pleasant as possible. If you require help, please see ACMHN staff at the registration desk and we will do everything we can to assist you with your enquiry.

We would particularly like to welcome all our new members and first-time conference attendees. Please take the time to introduce yourself, we have placed a Yellow Dot for our new members and a Blue Dot for non-members on their name badges.

Upon arrival please ensure you collect your Conference satchel and name badge at the registration desk. The registration desk will be located on the Ground Floor of the Pullman Cairns International and will be open as follows:

<table>
<thead>
<tr>
<th>Registration Desk Opening Hours</th>
<th>Wednesday 24 October</th>
<th>7:30 am – 5:00 pm</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Thursday 25 October</td>
<td>10:00 am – 4:00 pm</td>
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<tr>
<td></td>
<td>Friday 27 October</td>
<td>8:30 am – 2:00 pm</td>
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</tbody>
</table>

You will find the abstract booklet which is published as a supplement of the International Journal of Mental Health Nursing in your satchel. This supplement is also available online at www.acmhn.org or please visit the ACMHN Registration Desk for assistance to access the digital version.

Join the conversation using the hashtag
#ACMHN2018
ENTRY

You will be issued with a name badge when you register. Please ensure you are wearing your name badge at all times, as it is your official pass to all sessions and the catering and exhibition area.

PHONES

Please ensure all mobile phones, tablets and devices are switched to silent during all Conference sessions.

EXHIBITION HOURS

The exhibition will be located on Level One of the Pullman Cairns International:

- **Wednesday 24 October**: 8:30am – 5:00pm
- **Thursday 25 October**: 8:30am – 4:00pm
- **Friday 26 October**: 8:30am – 2:00pm

TELEPHONE DIRECTORY

<table>
<thead>
<tr>
<th>Hotel</th>
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<tbody>
<tr>
<td>Pullman Cairns International</td>
<td>(07) 4031 1300</td>
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<td>Hilton Cairns</td>
<td>(07) 4050 2000</td>
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<td>Mantra Trilogy</td>
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<td>(07) 4042 6400</td>
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<td>Piermonde Apartments</td>
<td>(07) 4042 6500</td>
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CONFERANCE WI-FI

The ACMHN is providing a dedicated Wi-Fi connection to delegates for the duration of the conference. Details for Wi-Fi as follows:

- **Username**: Pullman-Cairns-Public
- **Password**: ACMHN2018
SOCIAL HIGHLIGHTS

ORATION AND INVESTITURE CEREMONY

The President, Board of Directors and CEO are joined by invited dignitaries, Fellows, members and delegates for an official Oration and Investiture Ceremony.

The President on behalf of the Board of Directors and the College will invest new Fellows and members into Australia’s peak professional mental health nursing organisation.

Professor Tom Calma will deliver this year’s annual Oration, entitled ‘Obligations, knowledge, rights and capacity’.

The Mental Health Nurse of the Year and Mental Health Nurse Achievement Awards will also be presented at this important formal College event.

WELCOME RECEPTION

The Welcome Reception is where members and non-members, delegates, and presenters all come together to celebrate the opening of the premier annual event for mental health nursing in Australia.

AGM BREAKFAST AND MEMBERS’ FORUM

The AGM and Members’ Forum provides members with important information about the status and progress of the organisation, and an opportunity to raise issues of significance with the Board, the CEO and the staff of the national office. 8:30am registration for a 9:00am start.

Join with fellow delegates in a night to remember. The Conference Dinner will offer the opportunity to meet like-minded people and enjoy a beautiful sit down meal at the Hilton Cairns, located a short 2 minute walk from the conference venue.

Venue: Hilton Cairns, 34 Esplanade, Cairns City QLD 4870
Start Time: 6:30pm arrival for a 7:00pm start
Theme: ‘Tropical’
Dress Code: Fancy dress to the theme of ‘Tropical’
AWARDS

MENTAL HEALTH NURSE OF THE YEAR

The purpose of the Mental Health Nurse of the Year Award is to publicly recognise the achievements of mental health nurses, and promote the role of mental health nurses in achieving positive outcomes for people who have mental health concerns, their family and the community. The Award will be presented to a mental health nurse who has demonstrated excellence in mental health nursing, having made an exceptional contribution to consumers, carers, mental health services and/or the profession.

This Award is proudly co-sponsored by: Wiley

MENTAL HEALTH NURSE ACHIEVEMENT AWARD

The Mental Health Nurse Achievement Award publicly recognises the achievements of mental health nurses, encourages professional development amongst mental health nurses, and promotes the importance of mental health nursing as a speciality.

This Award is proudly co-sponsored by: Curtin University and Wiley

STAN ALCHIN AWARD

Continuing a tradition of 24 years, the Stan Alchin Award will be presented during the closing ceremony of the Conference. The Award honours Stan Alchin’s commitment to mental health and mental health nursing. It was inaugurated and funded by Rozelle Hospital, where Stan Alchin undertook his influential work in Australian mental health nursing education. The Stan Alchin Award is presented to honour and recognise the primary place of clinical practice in mental health nursing. The Award goes to the outstanding clinical paper presented at the Conference by current practicing clinician(s).

THE ACMHN RESEARCH AWARD

This important Award was established to acknowledge excellence in mental health nursing research. Research papers are evaluated against a set of criteria, including relevance to mental health nursing, methodology and methods, internal consistency, contribution to knowledge, ethical considerations, and presentation performance.

This Award is proudly supported by: Murdoch University

THE CLINICAL SUPERVISION AWARD

The Clinical Supervision Awards are for the best presentations about Clinical Supervision (CS) at the 44th International Mental Health Nursing Awards to be hosted in Wed 24 October to Friday 26 October 2018.

This Award is proudly supported by: Clinical Supervision Consultancy – Paul Spurr & Associates

OTHER AWARDS

At the Conference closing ceremony, a number of other Awards will be presented, including Best First Time Presenter Award, Best Presentation in a General Category Award and the Poster Award.
Professor Calma is an Aboriginal elder from the Kungarakan tribal group and a member of the Iwaidja tribal group whose traditional lands are south west of Darwin and on the Coburg Peninsula in the Northern Territory of Australia, respectively. He has been involved in Indigenous affairs at a local, community, state, national and international level and worked in the public sector for over 40 years and is currently on a number of boards and committees focusing on rural and remote Australia, health, education, justice reinvestment, research, reconciliation and economic development.

These include the Reconciliation Australia; Australian Literacy and Numeracy Foundation; Poche Centres for Indigenous Health Network; The Charles Perkins Trust; Ninti-One Ltd; Aboriginal and Torres Strait Islander Mental Health and Suicide Prevention Advisory Group; NSW Justice Reinvestment for Aboriginal Young People Campaign; National Aboriginal and Torres Strait Islander Leadership in Mental Health and the Healing Our Spirits Worldwide - The Eighth Gathering and a number of public and education sector committees. He is an Ambassador for Suicide Prevention Australia.

Prof Calma was appointed National Coordinator Tackling Indigenous Smoking in March 2010 to lead the fight against tobacco use in Aboriginal and Torres Strait Islander communities.

Prof Calma was the Aboriginal and Torres Strait Islander Social Justice Commissioner from 2004 to 2010 and Race Discrimination Commissioner from 2004 until 2009 at the Australian Human Rights Commission.

Through his 2005 Social Justice Report, Prof Calma called for the life expectancy gap between Indigenous and non-Indigenous people to be closed within a generation and advocated embedding a social determinants philosophy into public policy around health, education and employment in order to address Indigenous inequality gaps. This spearheaded the Close the Gap for Indigenous Health Equality Campaign.

The Close the Gap Campaign has effectively brought national attention to achieving health equality for Indigenous people by 2030.
OPENING ADDRESS

IVAN FRKOVIC

Ivan Frkovic is Commissioner of the Queensland Mental Health Commission. He brings substantial policy, academic and patient-centred experience to the role. He previously held the position of Deputy Chief Executive Officer, National Operations for Aftercare, one of Australia’s oldest non-government mental health organisations. His responsibilities included leading Aftercare’s national operations and overseeing the development and implementation of new programs and services.

Prior to his five years with Aftercare, Ivan held senior government positions including as Director, Mental Health Programs and Reforms in the Department of Communities, where he was responsible for policy development, funding and reform of the non-government mental health sector in Queensland.

Ivan has worked extensively within the mental health system in Queensland for some 20 years, holding a number of senior positions across Government. He was also a director within the Mental Health Branch of Queensland Health where he led the Queensland Mental Health Commission Transition Team, which supported the establishment of the Commission.

While in the mental health sector, Ivan has focused on realising the benefits of strengthening partnerships and collaboration, into fully integrated relationships.

KEYNOTE SPEAKER

PROFESSOR AGNES HIGGINS

Agnes Higgins is Professor in Mental Health at the School of Nursing and Midwifery Trinity College, Dublin Ireland where she has held key administrative positions including Head of Mental Health Nursing and Head of School. Her research interests are in the area of mental health recovery, service user and family engagement, and sexualities. She has published over 100 journal articles/book chapters and two books in her area of research. She is a Fellow of Trinity College, an Elected Fellow (Ad Eundem) of Royal College of Surgeons in Ireland and a fellow of the European Academy of Nursing Science. She is the founding chairperson of the Irish Institute of Mental Health Nursing and is the current Chairperson of Mental Health Reform, Irelands leading service user organisation campaigning for improvements in mental health. She is registered mental health nurse, general nurse and with over forty years’ clinical and educational experience in the areas of mental health, palliative/hospice care and general nursing.
PROFESSOR BEN HANNIGAN

Ben Hannigan has worked as a researcher and teacher in Cardiff, UK, since 1997, having previously practised as a community mental health nurse in East London. His personal research training has been in in-depth qualitative case study design and methods, and he now collaborates with colleagues (including people with lived experience of mental health difficulties) to study mental health systems. This is his preferred term as it captures the idea that everything is connected: people, policies, processes and practice. Ben is Vice Chair (and Chair-Elect) of Mental Health Nurse Academics UK (https://mhnauk.wordpress.com/), and in 2017 became Professor of Mental Health Nursing.

DR CASSANDRA GOLDIE

Dr Cassandra Goldie has been CEO of ACOSS since July 2010. With public policy expertise in economic and social issues, civil society, social justice and human rights, Cassandra has represented the interests of people who are disadvantaged, and civil society generally, in major national and international processes as well as in grassroots communities. Cassandra has previously held senior roles in both the NFP and public sectors, including as Director of Sex and Age Discrimination with the Australian Human Rights Commission, Director and Principal Solicitor with the Darwin Community Legal Service and Senior Executive with Legal Aid in Western Australia. Cassandra has a PhD from the University of New South Wales, a Masters of Law from University College London and is an Adjunct Professor with the Faculty of Law, UNSW. In 2014, Cassandra was voted one of the Impact 25 Most Influential People in the Social Economy and recognised by the AFR in 2015 on their Annual Overt Power List. In 2018, Cassandra was recognised as one of Australia’s top 50 Outstanding LGBTI Executives by Deloitte.

DAMEYON BONSON

Dameyon Bonson, a Mangarayi and Torres Strait Islander male, is a Northern Territory based advisor in the prevention of suicide and workshop facilitator. Dameyon is the founder of Black Rainbow is a, 100% Indigenous LGBTQTI led grassroots national advocacy platform and social enterprise in the prevention of Indigenous LGBTQTI suicide. Dameyon has self-published the country’s only report in suicide prevention relating to Indigenous LGBTQTI people and has also developed the country’s only Indigenous LGBTQTI cultural competency workforce development training that looks to strengthen the capabilities of health and community services to work with Indigenous LGBTQTI clients. In 2016, Dameyon was awarded the Dr Yunupingu Award for Human Rights. He is recognised as the leading voice in the Indigenous LGBTQTI suicide prevention. This year Dameyon began his post graduate studies in Suicide Prevention, strengthening his frontline and lived experience contributions.
ELLE IRVINE

Elle Irvine has used her experiences inside the system as a mental health service user to become a passionate advocate for awareness and change. She is a volunteer photographer for Heartfelt (giving the gift of photographic memories), the author of ‘immeasurable—the psychological experience of eating disorders’ and a second year nursing student. Elle draws on her experiences, both personal and professional, in order to advocate for increased understanding of psychological conditions and the barriers that prevent people who experience mental illness from accessing help and recovery.

DR NIALL ‘JOCK’ MCLAREN

Dr Jock McLaren graduated in medicine in Perth, West Australia and completed his psychiatric training in 1977. He has worked in prisons, military and remote areas, and has extensive experience at what he calls the ‘rough end’ of psychiatry. Jock trained trained in philosophy and has published extensively in the application of philosophy of science to psychiatry.

DR YEGA MUTHU

Muthu studied law in Manchester and Staffordshire. He trained as a barrister in London. Given his interest in mental health, Yega completed a research project in a study of psychiatry in law. He obtained a PhD degree from Macquarie University in 2004. Yega has been practicing law since 2007 whilst retaining his academic position at several universities. Yega was a judicial member of the Mental Health Review Tribunal from 2007 to 2012 and has vast experience in dealing with mental health issues. Aside from litigating, Yega teaches Mental Health Law at Western Sydney University and is widely published in a variety of fields including mental health law and torts.
With our In-House Training, we come to you wherever you are.

YOU SAY WHERE - WE’LL BE THERE!

MENTAL HEALTH | MEDICAL & ALLIED HEALTH | MANAGEMENT & LEADERSHIP

Email or phone our program manager at info@PDPseminars.com.au or 1300 887 622 for a friendly and informative discussion about your training needs.
### Conference Registration
- **Time:** 7:30am - 5:00pm
- **Venue:** Ground Floor

### Exhibition Open
- **Time:** 8:30am - 5:00pm
- **Venue:** Level 1

#### Opening Plenary
- **Time:** 9:00am - 10:30am
- **Venue:** Grand Ballroom

#### Conference Open
- **Time:** 9:00am - 9:10am

#### Welcome to Country
- **Time:** 9:10am - 9:30am

#### Opening Address
- **Time:** 9:30am - 9:45am
- **Speaker:** Ivan Frkovic, Queensland Mental Health Commissioner

#### Keynote Speaker: Cassandra Goldie
- **Time:** 9:45am - 10:30am
- **Speaker:** Cassandra Goldie, CEO, Australian Council of Social Service

**Cassandra Goldie has been CEO of ACOSS since July 2010. With public policy expertise in economic and social issues, civil society, social justice and human rights, Cassandra has represented the interests of people who are disadvantaged, and civil society generally, in major national and international processes as well as in grassroots communities.**

#### Morning Tea and Exhibition
- **Time:** 10:30am - 11:00am
- **Venue:** Level 1

### Concurrent Session 1
- **Time:** 11:00am - 12:30pm

#### Speaker Times
- **Room:** Kuranda Room
- **Room:** Mossman Room
- **Room:** Tully Room 1
- **Room:** Tully Room 2
- **Room:** Tully Room 3

**Speaker Times**

<table>
<thead>
<tr>
<th>Time</th>
<th>1A Physical Health Room: Kuranda Room</th>
<th>1B Safety in Care Room: Mossman Room</th>
<th>1C Exploring Lived Experience Room: Tully Room 1</th>
<th>1D Clinical Supervision Room: Tully Room 2</th>
<th>1E Rural and Remote Room: Tully Room 3</th>
</tr>
</thead>
</table>
| 11:05am - 11:25am | **Speaker:** Joanne Suggett  
Physical health is a human right: Addressing premature mortality of consumers. | **Speaker:** Deborah Nelson  
Restraints in acute mental health services: Let's fix it! | **Speaker:** Rebecca Watson  
Electroconvulsive therapy - the making of 3 consumer led films to demystify the ECT experience. | **Speaker:** Tom Ryan  
Alone and unsupported: a mental health nurse’s experience of trauma, PTSD, institutional response and resilience. | **Speaker:** Scott Trueman  
Remote mental health nurses and generalist nurses delivering mental health care; exploring critical symbiotic relationship. |
| 11:25am - 11:45am | **Speaker:** Birgitte Lerbaek  
Mental health care professionals’ accounts of managing physical health among people with severe mental illness. | **Speaker:** Jaclyn Mitchell  
Hope O:penness, P:erson-centred, E:mpowerment. | **Speaker:** Simon Gillard  
PTSD: A lived experience. | **Speaker:** James Houghton  
Clinical supervision for Victorian mental health nurses: What an integrative review told us. | **Speaker:** Laurinne Campbell  
The Royal Flying Doctor mental health nursing service: a collaborative, stepped care approach. |
| 11:45am - 12:05am | **Speaker:** Trentham Furness  
Addressing health inequities: nurses’ attitudes, skills, knowledge to physical health care acute MH inpatient units. | **Speaker:** Luke Lindsay  
Reducing restrictive interventions in the emergency department. | **Speaker:** Brenda Happell  
Breaking through the status quo: barriers to partnering with consumers in mental health research. | **Speaker:** Helen Cartwright  
Group supervision with undergraduates: a three year experience. | **Speaker:** Jos Middleton  
“Furthest corner, finest care” - mental health. |
### ACMHN2018 Program

#### 12:05pm - 12:25pm
- **Speaker:** Fiona Nolan  
  Mixed methods survey of stakeholder views relating to electronic recording of inpatient physical observations.

- **Speaker:** Justine Fletcher  
  The impact of Safewards training and subsequent implementation into practice in Victoria.

- **Speaker:** Niels Buus  
  Involving stakeholders in the development of the MYPLAN safety planning app: a case study.

- **Speaker:** Brad Roser  
  A team’s experience of supervision to foster healing in the aftermath of a critical incident.

- **Speaker:** Kim Usher  
  Fentanyl diversion in Australia and the impact on human rights.

#### 12:30pm - 1:30pm  
**Lunch and Exhibition**  
Level 1

#### 1:30pm - 2:40pm: Concurrent Session 2

| Speaker Times | 2A Contemporary Practice  
| Room: Kuranda Room | 2B Seclusion and Restraint  
| Room: Mossman Room | 2C Technology and Mental Health  
| Room: Tully Room 1 | 2D Aged Care  
| Room: Tully Room 2 | 2E Forensic  
| Room: Tully Room 3 |
|-----------------|-----------------------------|-------------------|----------------|-----------------|----------------|
| 1:35pm - 1:55pm | **Speaker:** Christine Palmer  
  Risk aversion trumps human rights. | **Speaker:** Justine Fletcher  
  Key stakeholder views: Least restrictive environments in the context of the Queensland locked door policy. | **Speaker:** Paul McNamara  
  Conversations, not just citations, count: Social media and the International Journal of Mental Health Nursing. | **Speaker:** Diana Velasquez Reyes  
  Mental health is a human right in residential aged care too: The BAN-Dep trial protocol. | **Speaker:** Christine Cummins  
  The challenges of caring: ethical dilemmas in health care. |
| 1:55pm - 2:15pm | **Speaker:** Fiona Kumar  
  The use of advanced statements in community mental health. | **Speaker:** Hannah Bushell  
  Exploring the impact of a psychiatric behaviours of concern team in reducing restrictive intervention. | **Speaker:** Rhonda Wilson  
  Bring your own (BYO) wearable or smartphone technology to mental health care. | **Speaker:** David Ekers  
  Depression prevention in older adults. | **Speaker:** Brad Roser  
  Redesigning consumer rights. Developing a model for forensic consumer engagement and peer support. |
| 2:15pm - 2:35pm | **Speaker:** Russell James  
  Advance statements within the mental health setting. | **Speaker:** Anna Love  
  Mental health intensive care: A new way forward in Victoria. | **Speaker:** John Hurley  
  Is pathologizing gaming robbing young people of social capital: What is mental health nurses position? | **Speaker:** Sonya Ojala  
  Older persons’ perspectives on satisfaction with a mental health service and its impact on recovery. | **Speaker:** Deb OKane  
  Anticipating the needs of justice-involved women who have experienced intimate partner violence (IPV). |

#### 2:40pm - 3:30pm  
**Afternoon Tea and Exhibition**  
Level 1

#### 3:30pm - 5:00pm: 26th Oration and Investiture Ceremony  
**Grand Ballroom**

- **Orator:** Professor Tom Calma  
  Vice Chancellor, University of Canberra  
  Co-Chair, Aboriginal and Torres Strait Islander Mental Health and Suicide Prevention Advisory Group, Poche Indigenous Health Network
  **Oration Topic:** ‘Obligations, knowledge, rights and capacity’

#### 5:00pm - 6:00pm  
**Welcome Reception**  
Daintrees Pooldeck

**End of Conference Day 1**
### 44TH INTERNATIONAL MENTAL HEALTH NURSING CONFERENCE, CAIRNS

**THURSDAY 25 OCTOBER 2018 - CONFERENCE DAY 2**

<table>
<thead>
<tr>
<th>Time</th>
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<tr>
<td>9:00am – 4:00pm</td>
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<td>Level 1</td>
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<tr>
<td>10:00am – 4:00pm</td>
<td>Conference Registration</td>
<td>Ground Floor</td>
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<tr>
<td><strong>9:00am – 11:00am:</strong></td>
<td><strong>AGM Breakfast and Members Forum</strong></td>
<td>Grand Ballroom</td>
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<tr>
<td>8:30am – 9:00am</td>
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<tr>
<td>11:00am – 11:30am</td>
<td>Morning Tea and Exhibition</td>
<td>Level 1</td>
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<tr>
<td><strong>11:30am – 12:30pm:</strong></td>
<td><strong>Plenary Session 2</strong></td>
<td>Grand Ballroom</td>
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| 11:30am – 12:00pm  | **Keynote Speaker: Dameyon Bonson**, Founder, Black Rainbow  
Presentation Title: 'Black Rainbow; who, why and what.'  
Black Rainbow is a 100% Indigenous LGBTQI led grassroots national advocacy platform and social enterprise in the prevention of Indigenous LGBTQI suicide. It is recognised as increasing the visibility of the Indigenous LGQBTI community and leading the charge for inclusion and structural change across the mental health, suicide prevention, health, and community and social services sector. |
| 12:00pm – 12:30pm | **Keynote Speaker: Elle Irvine**, Author of ‘Immeasurable’, Mental Health Advocate, Freelance Photographer  
Presentation Title: ‘Immeasurable – inside the system’  
Elle will be using her lived experience as a patient (CPTSD, Anorexia Nervosa, MDD) in the mental health system to discuss the benefits and downsides of accessing appropriate mental health treatment in Australia. Elle will also draw from her experiences as a heartfelt photographer on the benefits of acknowledging and discussing trauma and grief and the ongoing implications for mental health following traumatic loss. |
| 12:30pm – 1:30pm   | Lunch and Exhibition                       | Level 1        |
| **1:30pm – 3:00pm:** | **Concurrent Session 3**                  | Level 1        |
| **Speaker Times**  | **3A Physical Health Room: Kuranda Room**  |                |
| **3B Psychotherapeutic Approaches Room: Mossman Room** |                |                |
| **3C Education Room: Tully Room 1** |                |                |
| **3D Aboriginal and Torres Strait Islander Mental Health Room: Tully Room 2** |                |                |
| **3E Workplace Culture Room: Tully Room 3** |                |                |
| 1:35pm – 1:55pm    | **Speaker: Teresa Kelly**  
Every heart matters: A call for a radical wholehearted approach to addressing cardiovascular inequalities.  
**Speaker: David Ekers**  
Findings from process evaluation to support clinical delivery of behavioural activation for people with depression.  
**Speaker: Lorna Cave**  
Adventures in clinical facilitation: Supporting graduate mental health nurses in practice.  
**Speaker: Matthew James**  
White fella in the Aboriginal Medical Service.  
**Speaker: Bethne Hart**  
Safe cultures of care: Rights and reckonings. |
| 1:55pm – 2:15pm    | **Speaker: Ali Thorn**  
Chronic kidneys and the social determinants of health: a lived experience.  
**Speaker: Andrea McCloughnen**  
Un-learning and not-knowing: auto-ethnographic tales by mental health nurses engaging with dialogical practice.  
**Speaker: Mary Ellen Hooper**  
Organisational culture and the mental health nurse: Understanding the subculture of the new graduate nurse.  
**Speaker: Pat Bradley**  
Research partnership: A commitment to strengthening human rights by knowledge sharing for cultural security.  
**Speaker: Helen Strong**  
Mental health is a human right: Denied in workplace bullying. |
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<tr>
<th>Time</th>
<th>Session</th>
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<tr>
<td>2:15pm – 2:35pm</td>
<td><strong>Speaker: Brenda Happell</strong>&lt;br&gt;Developing the physical health nurse consultant role: A nurse-led initiative to improve physical health.</td>
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<td><strong>Speaker: Nirosha Kodikara</strong>&lt;br&gt;Why the wait? The rocky road in the uptake of eMental health in Australia.</td>
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<td><strong>Speaker: Paul Van Houts</strong>&lt;br&gt;An integrated skill set for mental health nurses; a holistic, empowering, positive blend.</td>
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<td><strong>Speaker: Helen Reeves</strong>&lt;br&gt;Mi nam im Helen. Mi nam im Keith. We wok bla pipl bla gudwan gabarra.</td>
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<td><strong>Speaker: Gary Ennis</strong>&lt;br&gt;Shifting the focus from management to leadership.</td>
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<td>2:35pm – 2:55pm</td>
<td><strong>Speaker: Deborah Nelson</strong>&lt;br&gt;Introduction of the health improvement profile (HIP) in acute mental health units.</td>
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<td><strong>Speaker: Caroline Picton</strong>&lt;br&gt;Meaningful engagement for people who are often hard to reach.</td>
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<td><strong>Speaker: Finbar Hopkins</strong>&lt;br&gt;Evaluating action learning sets with postgraduate mental health nurses: A qualitative study.</td>
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<td><strong>Speaker: Josephien Rio</strong>&lt;br&gt;Culturally appropriate care is a human right: The cultural learning day.</td>
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<td><strong>Speaker: Ben Hannigan</strong>&lt;br&gt;Connecting and coordinating in mental health care.</td>
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<tr>
<td>3:00pm – 3:30pm</td>
<td>Afternoon Tea and Exhibition</td>
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<td>3:30pm – 4:00pm</td>
<td><strong>Plenary Session 3</strong>&lt;br&gt;Level 1</td>
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<td><strong>Keynote Speaker: Yega Muthu, Lawyer and Adjunct Fellow,</strong> YM Lawyers, Sydney/ Western Sydney University&lt;br&gt;<strong>Presentation Title:</strong> ‘Achieving recovery through legal representation’&lt;br&gt;Recovery requires a collaborative approach between consumer and clinicians. I will explore the connection between representing and advocating for a consumer before the tribunal. Consumers who are discharged on a community treatment order often do not have capacity to consent to treatment and medication. Can a CTO mitigate against any risk practices taking into account patient’s individual autonomy and choice? There is a tension for practitioners to balance their decision against their own management of risks, legislation and practice. Coercion is detrimental to recovery. Using language such as empathy and respect may ease the tension, including building calculated risk and choice into the treatment plan. One would hope in a discourse of a recovery pathway, risk management and advocacy, the consumer gains insight, personal responsibility to live life in a meaningful way.</td>
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<td>4:00pm - End of Conference Program</td>
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<tr>
<td>Conference Dinner</td>
<td>Hilton Cairns</td>
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<td>6:30pm – 12:00am</td>
<td>Conference Dinner</td>
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</table>
### 9:30am - 10:00am: Plenary Session 4

**Keynote Speaker:** Niall McLaren, Psychiatrist, Northern Psychiatric Services

**Presentation Title:** ‘Why do people experiencing mental disorder need rights?’

Practically all of the rights of people detained under mental health legislation in Australia are extinguished by the act of detention and are vested in the state. But the state leaves all responsibility for care to the psychiatric profession which is driven by ideological imperatives. People who are mentally-disordered have fewer rights than prisoners, with no guarantee that their carers will tell them the truth.

### 10:00am - 10:30am

**Keynote Speaker:** Ben Hannigan, Professor of Mental Health Nursing, Cardiff University, United Kingdom

**Presentation Title:** ‘Rights, recovery and responsibilities: observations from a small country’

Wales is a small, but ambitious, country with an internationally distinct approach to health and social care, and to the promotion of mental health and wellbeing. Taking Wales as a case study this keynote presentation has three aims. First, it outlines the large-scale shape of mental health policy and services. It then introduces Wales’ framework for mental health nursing, before drawing on evidence from recent research and organisational developments to explore what we know about services and practice and the implications of this for nurses.

### 11:00am - 12:30pm: Concurrent Session 4

<table>
<thead>
<tr>
<th>Speaker Times</th>
<th>4A Physical Health Room: Kuranda Room</th>
<th>4B Contemporary Practice Issues Room: Mossman Room</th>
<th>4C Exploring Lived Experience Room: Tully Room 1</th>
<th>4D Clinical Supervision Room: Tully Room 2</th>
<th>4E Future Directions in MHN Room: Tully Room 3</th>
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</thead>
</table>
| 11:05am - 11:25am | **Speaker:** Jacqui White  
Nurse-facilitated health checks for persons with severe mental illness: Process outcomes of the HIP trial. | **Speaker:** Tom Ryan  
Ability, sustainability and visibility: Articulating, promoting and enhancing mental health nursing psychotherapy in Australia. | **Speaker:** Sini Jacobs  
Engaging clients in nursing handover. Perceptions of nurses on the effectiveness of a training program. | **Speaker:** Norah Alyahya  
The daily experience of mental health nurses in providing care for women with psychosis. | **Speaker:** Andrew Simpson  
Implementation of strengths based care coordination in a front line public mental health service. |
| 11:25am - 11:45am | **Speaker:** Akashdeep Singh  
Introducing a new model of care aiming to improve adherence to clozapine treatment. | **Speaker:** John Hurley  
Socially constructing mental health nursing: From sleepwalking zombies through to brave new worlds. | **Speaker:** Kylie Hall  
Listening to learn: A unique opportunity to read, reflect and respond. | **Speaker:** Kim Foster  
Not asking nurses to do more or better: Prioritizing wellbeing and building a resilient workforce. | **Speaker:** James Houghton  
Co-designing a workshop on responding to suicide for peer support workers: The lived experience. |
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<tr>
<th>Time</th>
<th>Speaker</th>
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<tr>
<td>11:45pm – 12:05pm</td>
<td>Speaker: Joanne Suggett</td>
<td>Influenza vaccination for consumers: Introducing a pilot program within a public mental health service.</td>
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<td>Speaker: Josephien Rio</td>
<td>Accountability facilitating recovery: An exploration of the enactment of accountability by mental health nurses.</td>
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<td>Speaker: Carmen Lehtoren</td>
<td>Through conversation comes change - shattering the stigma of mental health in rural remote Australia.</td>
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<td>Speaker: Andrew Pridding</td>
<td>Human rights and intellectual disability mental health, analysis of referrals to a specialist service.</td>
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<td>Speaker: Justin Chia</td>
<td>Reconnecting AFter self-harm (RAFT) – A technology based brief contact intervention.</td>
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<tr>
<td>12:05pm – 12:25pm</td>
<td>Speaker: Brett Heslop</td>
<td>Something to smile about - improving oral health outcomes through partnership with oral health services.</td>
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<td>Speaker: Amanda Waters</td>
<td>The measurement of Australian consumer experiences of mental health care.</td>
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<td>Speaker: Paul Spurr</td>
<td>What’s the link between mental health nursing, clinical supervision and human rights?</td>
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<td>Speaker: Jennifer Rambocus</td>
<td>Why don’t we practise what we preach? Self-care is a human right for all.</td>
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<td>12:30pm – 1:30pm</td>
<td>Lunch and Exhibition</td>
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<td>1:30pm – 3:00pm</td>
<td>Closing Plenary Session</td>
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| 1:30pm – 2:00pm | Keynote Speaker: Agnes Higgins | Professor in Mental Health, Trinity College Dublin, Ireland                                                                                           | Presentation Title: ‘Mental health a human right: harnessing individual and collective voices’
|              |                          | Throughout the world multiple and intersecting forms of discrimination both within and outside the healthcare system continue to obstruct the ability of people to realize their right to mental health. In particular, people with mental health problems continue to experience challenges accessing education, employment, and housing, have a reduced life expectancy and receive care within services that are under resourced, over medicalised, and where rates of restrictive practices are on the increase. Despite having ratified the convention on rights of people with disability and having a mental health policy that is underpinned by recovery principles, Ireland is no different in this regard. This paper will explore some of the issues that undermine people’s rights to mental health, and through the use of case studies present some strategies that are being used to harness the voices and power of service users and family members within the Irish context. The presentation will give some consideration to the challenges we need to address if we are to disrupt traditional conversations on mental health and help close the human rights gaps that currently exist. |
| 2:00pm – 2:30pm | Delegate Conference Wrap Up |                                                                                                                                   |
| 2:30pm – 2:40pm | Scientific Chair Conference Wrap Up |                                                                                                                                   |
| 2:40pm – 2:55pm | Award Ceremony          |                                                                                                                                        |
| 2:55pm – 3:00pm | Conference Close        |                                                                                                                                        |
| 3:00pm - 3:30pm | End of Conference       |                                                                                                                                        |
Influencing behaviour change

Are you barking up the wrong tree?

Visit www.veriti.com.au now to learn more about motivational interviewing: an evidence based intervention proven to initiate and support behaviour change. *(And to watch Bobby’s video!)*
### POSTER DISPLAYS

<table>
<thead>
<tr>
<th>DAY 1</th>
<th>WED 24 OCT</th>
<th>DAY 2</th>
<th>THURS 25 OCT</th>
<th>DAY 3</th>
<th>FRI 26 OCT</th>
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<td>12:30pm - 1:30pm</td>
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<td>P1.001 - Presenter: Shane Bautista</td>
<td>P2.001 - Presenter: Katrina Campbell</td>
<td>P3.001 - Presenter: Kerry Dawes</td>
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<td>How mental health nurses can promote a healthy lifestyle to people with severe mental illness</td>
<td>Contemporary issues in mental health nursing: diagnostic practice</td>
<td>Resilience in mental health</td>
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<td>P1.002 - Presenter: Niall Higgins</td>
<td>P2.002 - Presenter: Cathy Daniel</td>
<td>P3.002 - Presenter: David Ekers</td>
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<td>Respiratory observations by optical technology</td>
<td>Methamphetamine use among patients admitted to the behavioural assessment unit: Screening and referral outcomes</td>
<td>Community pharmacy mood intervention study (CHEMIST). Improving depression prevention in people with physical health problems</td>
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<td>P1.003 - Presenter: Peter Hjorth</td>
<td>P2.003 - Presenter: Niall Higgins</td>
<td>P3.003 - Presenter: Kara Hannigan</td>
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<tr>
<td>Improving physical health for people with severe mental illness</td>
<td>Screening for sleep disordered breathing in a mental health population</td>
<td>The nurse leadership role in promoting quality and standards in ECT: a UK perspective</td>
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<td>P1.004 - Presenter: Zara Mills</td>
<td>P2.004 - Presenter: Tania Manser</td>
<td>P3.004 - Presenter: Niall Higgins</td>
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<td>Feminist theory and nursing enquiry: An infrequent collaboration</td>
<td>Innovative service models in primary care</td>
<td>Use of Safewards to increase therapeutic optimism and reduce seclusion rates</td>
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<tr>
<td>P1.005 - Presenter: Sonja Ojala</td>
<td>P2.005 - Presenter: Linda Mora</td>
<td>P3.005 - Presenter: Glenda McDonald</td>
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<td>Comprehensive discharge care planning from inpatient unit to community</td>
<td>Establishing a clozapine clinic within an early intervention youth mental health service</td>
<td>Impacts of seclusion on recovery and personal resilience: Perceptions of consumers and mental health nurses</td>
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<td>P1.006 - Presenter: Amanda Petrie</td>
<td>P2.006 - Presenter: Christine Palmer</td>
<td>P3.006 - Presenter: Fiona Nolan</td>
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<td>Acute management plans: The clinician’s perspective of the usefulness of this advanced planning tool</td>
<td>A biomedical view dismisses the human experience of trauma</td>
<td>Results from a collaborative programme of research to inform mental health service development in Mongolia</td>
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<td>P1.007 - Presenter: Naveen Savio</td>
<td>P2.007 - Presenter: Tracy Tabvuma</td>
<td>P3.007 - Presenter: Amanda Petrie</td>
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<td>Reducing unplanned readmissions in an acute inpatient unit</td>
<td>Credentialed mental health nurses in primary care: making mental health care more accessible</td>
<td>Examination of processes for triage of consumers with a mental illness in a multi-site hospital and health service</td>
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<td>P2.008 - Presenter: Kate Thwaites</td>
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<td>Victoria’s Office of the Chief Mental Health Nurse – clinical leadership through engagement</td>
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<td>A safe space for reflection on practice for nurse unit managers</td>
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<td>P2.009 - Presenter: Rhonda Wilson</td>
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<td>P3.009 - Presenter: Andrew Simpson</td>
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<td>Human computer interaction implications for e-mental health interventions among people with depression and/or anxiety</td>
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<td>Development of a side effect &amp; preventative health screening tool in a community mental health setting</td>
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<td>P3.010 - Presenter: Rebecca Tambasco</td>
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<td>The mental health nurse role in providing psychoeducation to carers within a CAMH inpatient unit</td>
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<td>Implementing the Broset Violence Checklist to predict violence and aggression in the Psychiatric Emergency Department</td>
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The Queensland Mental Health Commission has been established to improve the mental health and wellbeing of all Queenslanders by driving reform of the mental health, alcohol and other drug and suicide prevention systems. The Commission’s efforts span a broad range of areas, including health, employment, education, communities, sport and recreation, housing and justice.

**Contact person:** Kelina Miller (Communications Officer)
**Phone:** 07 3033 0327
**Email:** kelina.millereqmhc.qld.gov.au

Lundbeck and Otsuka collaborate for the benefit of patients with mental disorders and together pursue a world-class partnership in the field of CNS disorders. We share knowledge and research experience to drive the development and commercialisation of innovative new products for the treatment of mental illnesses. We are pleased to support the ACMHN 2018 ASM and wish you a very successful meeting.

**Contact person:** Maureen O’Hara-Aarons (Regional Sales Leader)
**Phone:** 0401 946 329
**Email:** maue@lundbeck.com

The Cairns and Hinterland Hospital and Health Service (CHHHS) strives to provide excellence in health care, wellbeing, research and education in Far North Queensland. It provides an extensive range of health services at more than 30 regional, rural and remote facilities across a geographical area of 142,900 square kilometres, ranging from Cairns to Tully in the south, Cow Bay in the north and Croydon in the west.

**Contact person:** Gino Richter (Nursing Director)
**Phone:** 0407 130 508
**Email:** Gino.Richterehealth.qld.gov.au
BD Pharamaceuticals

BD is one of the largest global medical technology companies in the world and is advancing the world of health by improving medical discovery, diagnostics and the delivery of care. The company develops innovative technology, services and solutions that help advance both clinical therapy for patients and clinical process for health care providers. BD has 65,000 employees and a presence in virtually every country around the world to address some of the most challenging global health issues. BD helps customers enhance outcomes, lower costs, increase efficiencies, improve safety and expand access to health care bd.com

Contact person: Mimi Nuam (Marketing Event Coordinator)
Phone: 0427 687 100
Email: medical_anze@bd.com

Central Queensland Mental Health and ATODS

Central Queensland Mental Health Alcohol and Other Drug Service (CQMHAODS) is expanding. A 32% increase in referral since 2013 has seen $4.3 million of recurrent funding recently announced to enhance capacity in the delivery of community services. 24 newly established career opportunities currently exist for professional enthusiastic individuals. Are you this person?

Contact person: Brett Heslop (Nursing Director)
Phone: 07 4920 5673
Email: Brett.heslop@health.qld.gov.au

EMHPRec, Queensland University of Technology

The e-Mental Health in Practice (eMHPrac) Project is funded by the Australian Government and raises awareness and knowledge of evidence-based digital mental health amongst health practitioners (GPs, Allied Health Professionals and service providers working with Aboriginal and Torres Strait Islander people), and provides free training and support.

Contact person: Heidi Sturk (Deputy Director)
Phone: 0412 013 993
Email: Heidi.sturk@qut.edu.au

Gold Coast Mental Health

In recent years, Gold Coast Health’s Mental Health and Specialist Services have seen rapid growth. Inpatient bed numbers have more than tripled from 44 to 152, and there are now two principal teaching hospital campuses, at Gold Coast University Hospital in Southport, and Robina Hospital.

Our inpatient and outpatient teams work together to deliver a fully-integrated mental health service to the Gold Coast community, across a range of community and inpatient services, programs and service improvement initiatives.

Contact person: Thazin Pyone (Assistant Director of Nursing)
Phone: 07 56877097
Email: Thazin.poyne@health.qld.gov.au
HETI

Make a difference in mental health. HETI’s Applied Mental Health Studies postgraduate courses offers specialisations in Perinatal & Infant, Child & Adolescent, Adult and Older Person. Visit our stand at ACMHN2018 and ask us about our flexible delivery, application to practice, scholarships and FEE-HELP eligibility.

Contact person: Dr Silke O’Callaghan (Director, Education & Training)
Phone: 02 9844 6551
Email: Silke.OCallaghan@health.nsw.gov.au

Medisure

Health Professionals Insurance is a division of Medisure Indemnity Australia, a specialist-underwriting agency for healthcare related risks, specifically Professional Indemnity and Commercial Property Risks. HPI Online offers a professional insurance solution to Nurses, Pharmacists, and Allied Health practitioners, at an affordable cost.

Contact person: Leigh Hagen (Underwriting Manager)
Phone: 07 3426 0440
Email: admin@medisure.com.au

Mental Health & ATODS, Torres and Cape Hospital and Health Service

Torres and Cape the “Tropical Nursing and Allied Health Adventure”

It’s hard to resist employment in the Torres Strait Cape York Peninsula QLD. The indigenous cultural aspects/landscapes/lifestyle make it a wonderful employment opportunity. You could be on your way to work via 4WD or helicopter plus free travel, accommodation, bills. Pop in and visit us at Torres & Cape booth.

Contact person: Leanne Buckley (Team Leader)
Phone: 07 4069 0695
Email: Leanne.buckley@health.qld.gov.au

Monash Health

Monash Health is Victoria’s largest, integrated public health service, providing care to a quarter of all Victorians at every stage of their life. From newborn and children, to adults, the elderly, their families and carers, each year we provide more than 3.9 million episodes of care across 40 locations.

Contact person: Tracey Harmer (Director of Nursing Mental Health Program)
Phone: 0438 524 729
Email: Tracey.harmer@monashhealth.org
Nurse and Midwife Support

Nurse & Midwife Support (NM Support) is the national, 24/7 support service for nurses, midwives and students. The service is anonymous, confidential and free. NM Support provides brief intervention counselling and referral pathways 1800 667 877, www.nmsupport.org.au

Contact person: Mark Aitken (Stakeholder Engagement Manager)
Phone: 0427 714 805
Email: sepoenmhp.org.au

Pathtech

Pathtech are an Australian owned company with more than 30 years’ experience in supplying workplaces, government departments, scientific and forensic communities with high quality products, including drug and alcohol testing devices. They provide cutting-edge solutions tailored to help meet customer’s needs.

Pathtech are Australia’s largest supplier of saliva detection devices. The DrugWipe is used by Police in EVERY jurisdiction for roadside drug testing nationally. The Pathtech drug detection product ranges are designed and manufactured in strict compliance with the highest clinical standards.

Contact person: Lisa Took (Business Development Manager)
Phone: 1800 069 161
Email: Lisa.tooke@pathtech.com.au

University of Melbourne

The Department of Nursing at Melbourne School of Health Sciences, The University of Melbourne has prioritised the development of mental health nursing curriculum and have launched the on line Graduate Diploma of Mental Health Nursing for 2019. Our curricula reflects the needs of consumers, families and health services.

Contact person: Dr Cathy Daniel (Coordinator of Post Graduate Mental Health Nursing)
Phone: 8344 4253
Email: Daniel.ceunimelb.edu.au

Your Nursing Agency

Your Nursing Agency (YNA) is a 100% Australian owned and operated company, focused on providing the best level of support to healthcare staff. Our business was founded to improve on the services offered by other agencies and provide nursing staff with a caring and personal approach.

Contact person: Kylie-Ann Hogg (Operations Manager, Cairns & Darwin)
Phone: 07 4031 0377
Email: Recruitment.cairns@yna.com.au