

YES, I CAN BE SCREEN-FREE!!



www.screenfree.org

Participate in Philipstown's 6th Annual Screen-Free Week April 30th-May 6th 2018

Join families in our community and around the world in a week of rest from screen-based entertainment. It is an opportunity to reset, refresh, and make sure we control our own devices, not the other way around.

Screen-Free Week is not anti-technology, but US children ages 8-18 spend an average of 7 hours a day using screens.



To participate in Screen-Free Week please fill out the form below and return to school via backpack, or to the Desmond Fish & Butterfield libraries. Please keep the attached listing of local events and ideas for the week.

Name: _____

Grade / Teacher: _____

Parent contact info: _____

I/we are looking forward to participating in Screen-Free Week April 30th - May 6th 2018. During that week I/we will use screens only for school and work related purposes.

Signed _____ Date _____

THANK YOU for joining us for Screen-Free Week 2018!

-The Philipstown Screen-Free Week committee