

# Spring-Ford Diner Gluten-Free Menu

## Breakfast

Served with Home Fries & Your Choice of Applesauce or Grilled Tomato

**Rise & Shine-** Two Eggs, any Style- \$3.75

**Corned Beef Hash-** Two Eggs- \$6.50

**Hungry Man-** Three Eggs, Bacon, Scrapple & Sausage- \$9.99

**Boneless NY Strip Steak-** Three Eggs- \$9.99

**Downtown Special-** Two Eggs & Your Choice of any Breakfast Meat- \$5.75

**\*\*“Load” your Home Fries with Cheddar Cheese, Fried Onions, Green Peppers & Crumbled Bacon for \$1.50\*\***

**Dutch Fries-** Three Eggs, Home Fries, Onions & Green Peppers Scrambled Together, Topped with American Cheese, served with Your Choice of Applesauce or Grilled Tomato- \$5.99

**Omelettes-** Made with Three Large Eggs, Home Fries and your choice of Applesauce or Grilled Tomato  
(Please refer to Regular Menu for Omelette Description)

Cheese Omelette- \$4.99

Broccoli & Cheddar Omelette- \$5.75

Spanish Omelette- \$5.75

Florentine Omelette- \$5.75

Veggie Omelette- \$6.99

Mushroom & Swiss Omelette- \$5.75

Western Omelette- \$6.99

Meat Lover's Omelette- \$7.99

Ham Omelette- \$5.99

Healthy Heart Omelette- \$7.99

**Kids One Egg,** any Style, Home Fries, Bacon or Sausage & Applesauce- \$3.99

**Kids Cheese Omelette,** Home Fries & Applesauce- \$3.99

(For Children 10 Years Old & Under)

## Lunch

Sandwiches served with your Choice of Steak Fries, Sweet Potato Fries or Potato Chips, Cole Slaw & Pickles

**\*\*All Sandwiches are served without a Bun\*\***

**Grilled Hot Dog-** \$3.99

**Cheeseburger-** \$5.49

**Mushroom & Swiss Burger-** \$5.99

**Bacon Cheeseburger-** \$6.99

**Turkey Burger-** Lettuce & Tomato- \$6.25

**Veggie Burger-** Lettuce & Tomato- \$6.25

**Grilled Chicken-** Lettuce & Tomato- \$5.99

**Spring-Ford Chicken-** Cheddar Cheese, Crisp

**Grilled Chicken Delight-** Swiss Cheese,

Bacon, Lettuce, Tomato & BBQ Sauce- \$7.99

sautéed Mushrooms & Green Peppers- \$6.99

**Cheese Pizza-** Gluten-Free Crust topped with Marinara Sauce and Shredded Cheddar/Jack Cheese- \$7.99

## Appetizers & Salads

Basket of Steak Fries- \$2.99

Basket of Sweet Potato Fries- \$2.99

Basket of Cheesy Steak Fries- \$3.99

Potato Skins- Cheese Sauce, Bacon, Sour Cream- \$6.99

Garden Salad (Sm) \$2.99.....(Lg) \$5.99

Cobb Salad- \$7.99

Grilled Chicken Salad- \$7.99

Grilled Chicken Caesar Salad- \$7.99

Chef's Salad- \$7.99

Three Scoop Salad- \$7.99

Dressings- French, Ranch, Blue Cheese, Honey Mustard, Caesar, Thousand Island, Italian, Balsamic Vinaigrette

(Please refer to Regular Menu for Salad Description)

## **Dinner**

Served with your Choice of One Vegetable and Unlimited Soup & Salad Bar

**Broiled Pork Chops-** \$12.99

**BBQ Baby Back Ribs** (Half) \$11.99.....(Full) \$14.99

**NY Strip Steak-** w/ Sautéed Onions & Mushrooms- \$15.99

**Smothered Steak-** NY Strip Steak topped with sautéed Mushrooms, Onions, Green Peppers & Cheddar Cheese- \$16.99

**Chicken Supreme-** Grilled Chicken Breast topped with sautéed Mushrooms, Onions, Green Peppers & Cheddar Cheese- \$12.99

**Southwest Chicken-** Grilled Chicken Breast topped with Bacon, Cheddar Cheese & BBQ Sauce- \$12.99

**Penne Pasta-** topped w/ Marinara Sauce- \$10.99

**Cheese Ravioli-** topped w/ Marinara Sauce- \$12.99

**Chicken Marsala-** Chicken Breast sautéed with Mushrooms & Marsala Wine served over Penne Pasta- \$13.99

**Shrimp & Scallop Scampi-** Shrimp & Scallops sautéed with Garlic, Lemon & White Wine serve over Penne Pasta- \$14.99

**Chicken A La Broccoli-** Chicken Breast sautéed with Broccoli, Mushrooms, Garlic & White Wine served over Penne Pasta- \$13.99

Entrées Above Include the Soup & Salad Bar

## **Seafood**

Served with your Choice of One Vegetable and Unlimited Soup & Salad Bar

**Broiled Filet of Flounder-** \$13.99

**Broiled Filet of Tilapia-** \$13.99

**Broiled Filet of Haddock-** \$13.99

**Broiled Salmon Filet-** \$14.99

**Broiled Sea Scallops-** \$15.99

## **Soups & Sides**

French Onion Soup (Menu)- \$3.50

Ham & Cabbage Soup (Bar)

Steak Fries- \$1.99

Mashed Potatoes- \$1.99

Stuffed Cabbage Soup (Bar)

Chicken & Rice Soup (Bar)

Sweet Potato Fries- \$1.99

Baked Potato- \$1.99

Chili (Bar)

Fresh Vegetable Soup (Bar)

Rice- \$1.99

Ask your Server about the Soups & Vegetables of the Day

## **Children's Menu- \$4.99**

**Cheeseburger (no bun)-** w/ Steak Fries or Applesauce

**Hot Dog (no bun)-** w/ Steak Fries or Applesauce

**Penne Pasta-** topped w/ Marinara Sauce

**Cheese Ravioli-** topped w/ Marinara Sauce

**Soup & Salad Bar**

**Includes Milk, Juice or Soda & a Cup of Ice Cream**

## **Dessert**

**Ice Cream** (Vanilla, Chocolate, Strawberry)

One Scoop- \$1.99.....Two Scoops- \$2.99

**Ice Cream Sundae-** your choice of Ice Cream, topped with Hershey's Chocolate Syrup, Whipped Cream & a Cherry- (Sm) \$2.99.....(Lg) \$3.99

**Milkshake-** Vanilla, Chocolate, Strawberry or Black & White- \$3.99