

Community Education Series


The Clare Estate

Falling is not an inevitable result of aging. Through practical lifestyle adjustments, falls prevention programs, and education the number of falls among seniors can be reduced. Pete Caldiero, PT, DPT from Bayada Home Health Care will present a lively discuss on fall prevention. Come join us!

Preventing Slips, Trips and Falls



**Thursday,
November 16**

11:00am

The Clare Estate

201 Crosswicks Street

Bordentown, NJ

Please RSVP by

November 13th

seating is limited

609-298-9960



Lunch will be served. We will feature food from a local restaurant. November's featured restaurant is Mario and Franks!



201 Crosswicks Street Bordentown, NJ 08505 609-298-9960 www.theclareestate.com