



MDI Y – ACADIA HALF MARATHON

Step – by - Step Course Directions

- ✓ **Start** on Livingston Ave ¼ mile from the YMCA. Run straight down Park St. (slight downhill) past the YMCA.
- ✓ **Next** – MAKE A LEFT on Glen Mary Road.
- ✓ **Next**, You'll make a QUICK RIGHT turn on Norris Ave and go about ¼ mile.
- ✓ **You will then** turn LEFT on Spring Street.
- ✓ **TURN RIGHT** on Cromwell Harbor Road.
- ✓ **Turn LEFT** on Kebo Street. You will have the beautiful golf course on both sides of the road. Run right past the lusciously green Kebo Golf Course where you take in the views of Cadillac Mountain, the first spot to see the sunrise on the eastern seaboard.
- ✓ **Next TURN LEFT** on Park Loop Road. You will have a view of the Great Meadow on your right.
- ✓ **Continue on** the beautiful Park Loop Road for 4.5 miles. There will be beautiful views on both sides of the road. After passing Bear Brook Picnic area, you'll pass the Precipice Trail Lot, and come to Acadia's Fee Station, where you'll be directed to enter on the RIGHT SIDE OF THE ROAD. You'll then pass Sand Beach, Thunder Hole (bathrooms available) and stunningly gorgeous Otter Cliffs (more port a potties).
- ✓ **Exit the park Loop** to the RIGHT at Fabbri Picnic Area. There are bathrooms there!
- ✓ **Turn LEFT** on Otter Cliff Road until it ends at Route 3 (for about 1 ½ mile)
- ✓ **Make a RIGHT** on Route 3 towards Bar Harbor.
- ✓ **Continue on** Main Street / Route 3 for about 2.5 miles towards the YMCA. You will pass Jackson Laboratory on the right (known for its worldwide genetic research).
- ✓ **Make a left** into the parking area by the ball fields (before Park Street).
- ✓ **Almost Done! Finish is about 100 meters away.** Finish Line is at the end of the ball field.
- ✓ **Shower, socialize,** replenish and refresh at the MDI Y - just across the street!!

CONGRATULATIONS...You are Done!