



## **HATTIE CARTHAN COMMUNITY URBAN AGRICULTURE CORPS Youth Farmer & Food Educator Program 2016**

The Hattie Carthan community market will recruit, train and empower youth to grow and identify local food, become market sellers and to lead cooking demonstrations and provide information about the merits of local, seasonal eating in our two community markets in the 2016 market season. In 2016, The Hattie Carthan community market will identify and select 10 young people (ages 14- 23 yrs old) to join its Urban agriculture youth corps and work in the market in a variety of positions operating all aspects of our farmers market and conducting seasonal cooking demonstrations in our two community based markets.

The selected youths will be recruited, mentored and retained by The Hattie Carthan community market through its application process, receive urban agriculture training and mentorship from market founding farmer & seasoned community educator Yonnette Fleming and receive food education training through skilled organic chefs through our food education training program. Youths will learn how to conduct cooking demonstrations focused on local, seasonal, and healthy eating and cooking. Four trained youths will function as dedicated Youth food educators, helping to inspire and teach youths, adults and elders about healthful eating and cooking and how to create delicious and healthy meals for themselves and their families.

Each youth food educator will conduct weekly cooking demonstration workshops for a minimum of 10 weeks at the Hattie Carthan community market & Hattie Carthan After Church markets. Each Youth Community Chef will receive a \$50 stipend per cooking demonstration. Stipends will be paid through the Hattie Carthan community market.

Urban Agriculture Youth corps participants receive a stipend of up to \$750 in their initial year of enrollment while 2<sup>nd</sup> to 4<sup>th</sup> year returning youths receive up to \$1000 for 2<sup>nd</sup> to 4<sup>th</sup> . 3<sup>rd</sup> & 4<sup>th</sup> year returning participants will serve as mentors and assist with training new youths.

### **Eligible Applicants:**

- Are 14 years old to 23 years old
- Are familiar with and interested in cooking and healthy eating
- Are interested in learning about how to grow local and seasonal food
- Are independent, self-sufficient workers
- Work well with groups
- Are outgoing with a desire to teach
- Are able to think on their feet with creative flare
- Are willing and able to speak in front of crowds about the importance of cooking, growing food and healthy living.

# HATTIE CARTHAN COMMUNITY URBAN AGRICULTURE CORPS Youth Farmer & Food Educator Program 2016

## What is required to become a Youth Farmer/Food Educator?

- Complete and return your application to Hattie Carthan community market director yonfleming@yahoo.com by **June 15,2016**
- Acceptance into the training program.

If accepted, you agree to:

- Attend Youth Food Educator Training on Wednesday, June 29th and Thursday, June 30<sup>th</sup> Hattie Carthan Community market – 363-365 Clifton place.
- (I'd like to do a 30 minute "meet and greet" on **Friday June 24<sup>th</sup> 2016** from 4:00-4:30 pm at The Hattie Carthan Herban Farm – 49 Van Buren Street bet Tompkins and Troop. )
- Attend Urban Agriculture Corps Training July 7<sup>th</sup>,8<sup>th</sup> 2016– 49 van Buren Street bet Tompkins & Troop
- Use training techniques learned at the Training of Trainers workshops and pass on gifts to other youths working in the market and in the communities you belong to
- Conduct cooking demonstrations for six to ten weeks this summer

- **Trainings:**

### 1) Urban Agriculture Corps Training

This 2 day training program will provide youths with basic working knowledge of growing, harvesting and recycling local food. The training will also introduce youth participants to understand the basics of food justice and how to operate a small scale food venture in NYC. Topics, botany, wild foods, food identification, operating a commercial scale, weights and fractions, customer service 101, basic herbalism

### 2) Cooking Demonstration Workshop /Training of trainers

*This 2 Day training will provide you with the knowledge and skills to conduct a cooking demonstration including the importance of local, seasonal food; basic culinary techniques; how to talk about healthy eating; recipe selection and creation; food storage and preparation; and food safety. You will also learn how to plan and conduct an interactive workshop, training techniques, facilitation skills, and adult learning principles.*

**Friday June 24<sup>th</sup> 2016 – Meet and Greet other youths and core volunteers -4pm to 5pm Hattie Carthan Herban farm 49 Van Buren Street bet Tompkins & Troop**

**Monday / Tuesday June 27<sup>th</sup> / 28<sup>th</sup> 2016 9am to 5 pm Youth food educator training -Hattie Carthan Community market - / 363-365 Clifton Place**

**Thursday/Friday July 7<sup>th</sup>, 8<sup>th</sup> 2016 – 9am to 5pm Youth farmer training**



## HATTIE CARTHAN COMMUNITY URBAN AGRICULTURE CORPS Youth Farmer & Food Educator Program 2016

**\*\*\*APPLICATIONS MUST BE RECEIVED BY JUNE 15<sup>TH</sup> 2016**

Applications should be sent to 677 Lafayette Avenue Brooklyn NY 11216 or emailed to [yonfleming@yahoo.com](mailto:yonfleming@yahoo.com)

### **Personal Information**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Mobile Phone: \_\_\_\_\_

E-mail Address: \_\_\_\_\_

### **Questions** (feel free to use additional pages):

- 1) How did you hear about the Hattie Carthan Urban Agriculture Corps?
- 2) What do you hope to learn from our training program?
- 3) Do you cook for yourself and/or your family? If so, how often?
- 4) Being a Youth Farmer & Food educator requires a commitment. Please tell us about a time that you committed to something and stuck with it.
- 5) Tell us about a time that you've worked together with other people. It could be in a school, at home, or work experience. What did you like about working with other people? What is challenging about working with other people?
- 6) Please attach your resume if you have one: