Life’s Building Blocks:

* Your Health
* Family
* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Items for each Block:

* Your Health

1.

2.

3.

4.

5.

* Family

1.

2.

3.

4.

5.

* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

1.

2.

3.

4.

5.

* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

1.

2.

3.

4.

5.

* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

1.

2.

3.

4.

5.

MON            TUES WED            THURS FRI SAT            SUN

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