
1st Middle East Orthopaedic Manual Therapy (MEOMT) Congress

9-10 February 2018

Nile-Ritz Carlton Hotel

Cairo, Egypt



Congress Schedule

Day 1, 9th February-2018, Orthopaedic Manual Therapy for the Upper quadrant

Time	Speaker	Session
8:15- 9:55	Registration	
9:00-9:05	Mahmoud Saad. OMTA Chairman Sheffield Hallam University.UK	Opening speech. Get the most out of this event!! Why this congress is unique?
9:05-9:15	Dr Ken Olson. IFOMPT President	IFOMPT. Raising the standards in Orthopaedic Manual Therapy education.
9:15- 10:45	Mr. Brian Mulligan. Mulligan concept founder.	Brian Mulligan Upper quadrant clinical master session.
10:45-11:00	Coffee Break	
11:00-11:45	DR Ken Olson IFOMPT President.	<u>An impairment-based manual physical therapy approach for the examination and treatment of neck pain with mobility deficits: A Case Presentation.</u>
11:45-12:30	Prof. Karen Beeton University of Hertfordshire.	<u>Writing for publication.</u>
12:30-14:00	Lunch – Poster and Trade exhibition- Friday Prayer	

Day 1, 9th February-2018, Orthopaedic Manual Therapy for the Upper quadrant

Time	Speaker	Session
14:00-14:45	Sarah Mottram Head of Movement Performance Solutions.UK	<u>Scapula & synergies - Reading movement in clinical practice</u>
14:45-15:30	Prof. Samir Sabbahi Deraya University. Egypt	<u>Physical Therapy for Head and face pain</u>
15:30-16:00	Dr Firas Mourad OM Delegate ITALY	<u>Primary Headaches and cervical musculoskeletal afferents: the role of physiotherapy and the non-specific headaches model</u>
16:00-17:00	Prof. M Sabbahi Professor of Neuroscience and PT Texas Woman's University.USA	<u>Electrotherapy-Based evaluation & treatment of patients with cervical rediculopathy</u>
17:00-19:30	<i>Mr. Brian Mulligan. Mulligan concept founder.</i>	<i>Patient Demonstration-practical session <u>Tickets holders only.</u></i>

Day 2, 10th February-2018, Orthopaedic Manual Therapy for the Lower quadrant

Time	Speaker	Session
8:15- 9:55	Registration	
9:00- 10:30	Mr. Brian Mulligan. Mulligan concept founder.	Brian Mulligan Lower quadrant clinical master session.
10:30-10:45	Coffee Break	
10:45-11:30	DR Ken Olson IFOMPT President.	<u>An impairment-based manual physical therapy approach for the examination and treatment of low back pain with mobility deficits: A Case Presentation</u>
11:30-12:15	Sarah Mottram Head of Movement Performance Solutions	<u>Movement assessment connecting the older adult and junior athlete across movement life span</u>
12:15- 12:45	Dr. Nathan Hutting MO delegate IFOMPT	Self-management for musculoskeletal disorders
12:45-13:45	Lunch – Poster and Trade exhibition	
13:45-14:15	Platform presentations	Session moderator Prof. Naguib Salem Dean of Faculty of Physical Therapy, MTI University.

14:15-14:45	Mahmoud Saad OMTA chairman, senior Sheffield Hallam University, UK.	Manual Therapy and pain management
14.45-15.00	Coffee Break	
15.00-15:30	Sherif A-Enin Consultant Orthopaedic surgeon at University Hospital Southampton.UK.	To Operate or not to operate this is the question!! Orthopaedic surgeon point of view
15:30-16:00	Geoffrey Foat International Certified Manual Therapist	Anterior knee Dilemma
16:00-16:45	Prof. M Sabbahi Professor of Neuroscience& PT Texas Woman's University.USA	<u>Electro diagnosis-based evaluation & treatment of patients with lumbosacral radiculopathy</u>
16:45-17:00	Mahmoud Saad. OMTA chairman	Closing ceremony Life member award ceremony.
17:00-19:30	Prof. M Sabbahi	Patient Demonstration-practical session. Tickets Holders Only

Pre and post congress Workshop

MTI University- Faculty of physical therapy

Thursday 8th February 2018

Time	Speaker	Session
9:00 am- 4:00 pm	Mr. Brian Mulligan. Mulligan concept founder.	<u>A 1 Day Practical Clinical Master class</u>
4:30 -7:30 pm	DR. Karen Beeton Head of Department of Allied Health Professions and Midwifery at the University of Hertfordshire.	<u>Writing for publication</u>

Sunday 11th February 2018

Time	Speaker	Session
9:00 am- 4:00 pm	DR Ken Olson IFOMPT President	<u>Manipulation with integration of therapeutic exercise for patients with neck pain with mobility deficits: A hands-on course for physical therapists</u>
9:00 am-4:00 pm	Sarah Mottram Head of Movement Performance Solutions	<u>Kinetic Control: Movement Assessment, Clinical Reasoning and Movement Retraining - exploring the principles in a practical workshop with a focus on the scapula</u>
4:30-7:30 pm	Dr Nathan Hutting MO delegate IFOMPT	<u>Considerations to improve the safety of cervical spine manual therapy</u> <u>Pre-manipulation screening</u>