



University of Wisconsin Stevens Point. Over 20 years of traveling with us during  
Winter Break, December 27, 2014 January 14, 2015

## UWSP- COSTA RICA 2013-2014

- Fri 27 Arrive in San Jose. We will be met by our local private guides.  
Transfer to the hotel will be provided  
Dinner provided at local restaurant  
Overnight at Europa Hotel or other  
<http://www.hoteleuropacr.com/>
- Sat 28 Departure to Tirimbina Rainforest .  
Morning drive to Tirimbina with one or two stops along the way. Short  
hike to the Sarapiquí River before lunch if time allows  
Lunch at Tirimbina.  
Banana plantation tour at 2 30 p.m.  
Nighttime Critter walk.  
All meals included at Tirimbina.  
Overnight at Tirimbina Rainforest Center.  
<http://www.tirimбина.org/>
- Sun 29 La Selva Biological Station, all day tour.  
Whole day spent at the La Selva Biological Station. In the morning the  
official tour, wildlife viewing and learning about the vegetation structure  
of a primary lowland rainforest.  
[http://www.ots.ac.cr/index.php?option=com\\_content&task=view&id=162&Itemid=348](http://www.ots.ac.cr/index.php?option=com_content&task=view&id=162&Itemid=348)  
Lunch at La Selva.  
After lunch, talk about projects and research being done at La Selva.  
Bird watching in the afternoon and maybe a mini assignment or field lab  
exercise.  
Afternoon debriefing from the first two days  
Dinner at Tirimbina  
Evening Bat Tour  
Overnight at Tirimbina Rainforest Center.



Mon 30

White Water Rafting tour (optional) or independent study/work  
Morning – Breakfast at La Tirimbina. Optional white water rafting on  
the Sarapiquí River.  
Approx. \$50 extra cost

Lunch at La Tirimbina  
Pineapple Plantation tour at 2:30 p.m.  
Overnight at La Tirimbina Hotel

Tue 31

Hike at La Tirimbina Rain Forest  
Lunch at La Tirimbina  
Chocolate Tour at 2 p.m.  
Overnight at La Tirimbina

Wed 1

Morning departure to Arenal stopping at family farm for lunch and  
cultural event.  
Afternoon visit to Arenal Volcano and Lake  
Overnight at La Pradera de Arenal  
<http://www.lapraderadelarenal.com/>

Thu 2

Departure to Monteverde  
Early breakfast in Arenal  
Lunch in Monteverde  
Lodging at La Casona.  
<http://www.reservamonteverde.com/>

Fri 3

Monteverde Cloud Forest visit  
Explore Monteverde Cloud Forest Reserve. Hike the trails,  
Hummingbird garden  
Sketching epiphytes exercise  
Overnight at La Casona.

Sat 4

Open day in Monteverde  
Free day for activities. Zip-lines, Canopy tours, Serpentarium, Butterfly  
garden, Shopping in Santa Elena etc.  
Overnight at La Casona.



Sun 5

Departure to Santa Rosa  
Breakfast at Monteverde Lodge.

Drive to Liberia for shopping prior to camping

Lunch in Liberia provided

Drive to Santa Rosa National Park and set up camp  
Night Hike for critters  
[http://en.wikipedia.org/wiki/Santa\\_Rosa\\_National\\_Park](http://en.wikipedia.org/wiki/Santa_Rosa_National_Park)

Mon 6

Playa Naranjo  
Early breakfast followed by 8 mile hike to the beach. Camping gear/luggage will be transported by truck.  
Lunch at the beach  
Free afternoon to explore the beach  
Night hike after dinner to search for nesting sea turtles

Tue 7

Playa Naranjo

Mangrove exploration  
Dry tropics tree identification  
Nighttime turtle watching

Wed 8

Departure to Hotel Cana Brava Inn

Breakfast at Camping area.  
Stop in Tilaran or Cañas to allow the students to explore a town. Lunch included  
Overnight at Hotel Cana Brava Inn  
<http://www.hotelcanabrava.com/>

Thurs 9

Departure to CoopeSilencio  
Morning Bebedero River boat tour - "The lowlands and marshes of Palo Verde create the perfect conditions for the largest concentration of waterfowl and wading birds in all Central America. This is a perfect spot to see lots of crocodiles, iguanas, coati mundi and monkeys as you cruise the Bebedero River by boat. You will have the opportunity to admire scores of tropical birds, such as the roseate spoonbill, white ibis, great egret, little blue heron, tricolored heron, motmot, and bare-throated tiger heron, among others."  
Lunch at Bebedero  
Depart for CoopeSilencio  
Overnight at CoopeSilencio  
([www.geocities.com/coopesilencio/albergue/main.htm](http://www.geocities.com/coopesilencio/albergue/main.htm))





Friday 10 CoopeSilencio

CoopeSilencio is a true cooperative of mostly farmers who recently have been trying to get into the tourism scene visit Palm Oil plantations, wildlife rehabilitation center, etc.

Morning Oil Palm Tour, wildlife rehabilitation center (We had a really great tour in 2011 and it would be good to have this again)

Afternoon service project or other activity.

Overnight at CoopeSilencio

<http://coopesilencio.blogspot.com/p/projects-on-farm.html>

Fri 11 Departure to Trogon Lodge  
Breakfast at CoopeSilencio  
Drive to Savegre with a brief stop to see the páramo, a high elevation plant community. Free time after arrival at Savegre.  
Overnight at Trogon Lodge  
<http://www.trogonlodge.com/>

Sat 12 Savegre  
Morning - Hike the trails in this high elevation forest of oaks, magnolias, podocarpus conifers and giant dogwoods and in the  
Afternoon - do a field lab exercise or possibly free time for birdwatching, horseback ride, photography, exploring waterfalls, or maybe do some trout fishing (for extra cost).  
Overnight at Trogon Lodge

Sun 13 Departure to San Jose  
Breakfast at Trogon Lodge  
Drive to Cartago to visit the Basilica.  
Drive to San Jose, afternoon shopping and farewell dinner.  
Overnight at Europa Hotel (or other)

Mon 14 Return to Chicago

Includes:

All Lodging

All transfers by bus are included.

All tours described in the itinerary

Escorted by private bilingual/ biologist

All meals are included.

Fees for camping, park entrances

Exit Taxes

Services of local tour operator Viajes Colibri

[www.CostaRicanSpecialties.com](http://www.CostaRicanSpecialties.com) [Rosie@CostaRicanSpecialties.com](mailto:Rosie@CostaRicanSpecialties.com)  
979-219-2868 (in Costa Rica call 8391-6745)