

Talbot Goes Purple is a substance abuse awareness program that will engage our community and youth to stand up against substance abuse.

The project is based upon THP Project Purple, an initiative of The Herren Project, a 501(c)3 non-profit foundation established by former NBA basketball player, Chris Herren, that assists individuals and families struggling with addiction.

Talbot Goes Purple also includes implementing in-school Purple Clubs and prevention programs.

Talbot Goes Purple is an initiative from Talbot County Sheriff's Office and Tidewater Rotary, in partnership with Talbot County Schools, Mid-Shore Community Foundation and Talbot Partnership.

The purpose of the project is to promote the 'new conversation' - one that includes prescription drugs.

More information on Talbot Goes Purple is available on our website at [www.TalbotGoesPurple.org](http://www.TalbotGoesPurple.org).

# TALBOT GOES PURPLE

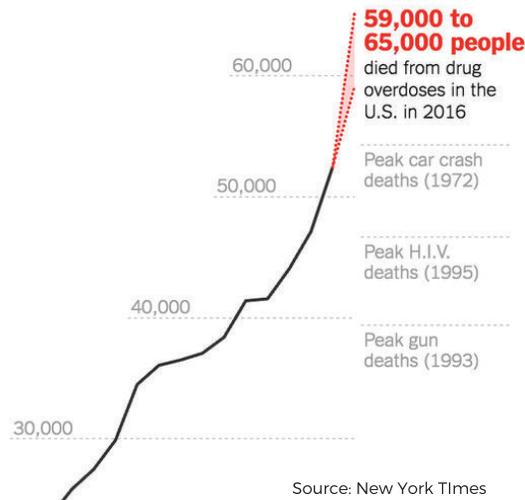
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We're in the middle of the deadliest drug epidemic in our history - and much of it starts with prescription painkillers. Your child has a much higher chance of dying from an opioid overdose than anything else.

--Joe Gamble, Talbot County Sheriff

**2,089** people in Maryland died from an overdose in 2016.

Overdoses have become the leading cause of accidental deaths in people younger than 50.



## WHAT DO I DO IF MY CHILD IS USING DRUGS?

First, sit down and take a deep breath. You don't need to assume the worst but you do need to act. Prepare for a conversation with your child - there are many valuable tips online at [www.drugfree.org](http://www.drugfree.org).

It may also help to reach out to a trained professional or support group - Talbot County Addictions is a good place to start: call 410-819-5600.

## A MESSAGE FROM OUR SHERIFF:

Prescription painkillers are the reason for our heroin epidemic here in Talbot County. Most parents and young people have no idea that these pills are driving heroin use. Every week I meet with families who have kids addicted to heroin - all of the people I've interviewed started with alcohol, marijuana and then prescription pills. These pills are just as dangerous as heroin, yet many mistakenly believe they're safe because they come from a doctor.



**4** out of 5 people who use heroin started with recreational use of prescription painkillers.

As a parent I preach to my kids not to text and drive, not to drink and drive, always wear a seatbelt - but overdose deaths far outweigh any other cause of accidental death in our young people.

CONTACT US:  
[TALBOTGOESPURPLE@GMAIL.COM](mailto:TALBOTGOESPURPLE@GMAIL.COM)

## LOCAL RESOURCES

Crisis Hotline: 888-407-8018  
Parent Support Line: 855-DRUGFREE  
SAMHSA's treatment referral: 800-662-HELP  
Local Family Peer Support Specialist:  
Val Albee 443-741-8328/ Cell: 443-545-9927

## TREATMENT

Talbot County Health Department Addictions  
410-819-5600  
Shore Behavioral Health 410-822-1000 x5452  
For All Seasons 410-822-1018  
Corsica River Mental Health 410-745-8028  
Eastern Shore Psychological Services 410-822-5007

## SUPPORT: 12-step

Alcoholics anonymous: 410-822-4226  
Narcotics anonymous: 800-317-3222  
Al-Anon: 888-4AL-ANON

## PEER SUPPORT:

Chesapeake Voyagers 410-822-1601  
Maryland Coalition of Families 410-730-8267  
Recovery for Shore  
recoveryforshore@gmail.com

## SUPPORT GROUPS:

Together: Positive Approaches - meets the second Wednesday each month, 6-7:30 Talbot Partnership. Contact: mariahsmission2014@gmail.com 443-545-9927

Coffee Connections - meets the fourth Tuesday each month, 9-10:30 am at Panera. Contact: jmcgarry@mdcoalition.org 443-480-2966

Visit our website for additional resources.

## NEVER LEAVE SOMEONE WHO OVERDOSES!

Maryland's Good Samaritan Law protects people who help with an overdose from arrest and prosecution for certain crimes. It DOES NOT protect people who leave someone who has overdosed.

**91** Americans die every day from an opioid overdose.

## GET NARCAN TRAINED!

Narcan is a life-saving drug that reverses the effects of an overdose. Get trained and get a prescription. Call the Talbot County Health Department Prevention Office for **FREE** trainings at 410-819-5600.

Maryland now has a standing order for Narcan, which means you no longer need a prescription. Call your pharmacist for details.



**Tidewater**



**GET THE FACTS.  
GET INVOLVED.  
GET TALKING.**

**TALBOT GOES PURPLE**

**JOIN THE  
MOVEMENT.**