This week was a complete whirlwind! Between tests in classes, work, orchestra officer requirements, working on my final product, and preparing for my Final Presentation Night speech rehearsal, this week flew by.

My mentor was out of town this week, so I did not have a mentor visit. However, I was still able to make a lot of progress on my final product. I did a lot of writing and I was able to complete the introduction, variables, and procedure portions of the paper. I am still working on the abstract, results, and discussion sections. Overall, this portion of my final product has taken a lot more time than I had originally anticipated when I was creating my calendar for my final product. This has caused me to feel behind in my progress. Regardless, I am proud of the work I have completed so far. This paper is very detailed and I know I have put a lot of hard work into this project.

This week, I gave my rehearsal speech for Final Presentation Night. This speech went a lot smoother than I had anticipated and I am proud of all the progress made this year in public speaking. At the beginning of the year, public speaking made me really nervous. When I gave my presentation last Wednesday, I felt very little anxiety about the prospect of speaking in front
of an audience. In the future, I will continue to practice this presentation in order to reduce the pauses and increase the fluidity of the presentation.

Over the course of the next week, I will do what I can to work on my final product. This week is AP testing and EOC week, so it will be difficult to manage studying for AP exams and working on my final product. If I plan my time wisely, I should have time for both.
Accomplished this week:

- Worked on final product paper
- Prepared and presented my FPN presentation rehearsal speech

Goals for next week:

- Ace my AP exams!
- Continue to work on research paper
- Create FPN program
- Complete speech self-evaluation