

# Tennessee Sports Medicine Group

## Sponsor Spotlight

**Founded:** 1999

### **What inspired the birth of the business?**

The inspiration for Tennessee Sports Medicine Group (TSMG) came from establishing a unique medical management model that used God's laws of tissue physiology to assist in controlling inflammation, facilitating healing and protein synthesis, and progressing people's functionality to a point where they can improve their quality of life and return back to sports activities.

### **What are TSMG's most popular services?**

Our most popular services are video gait analysis and movement analysis. Our Titleist Performance Institute certification incorporates 16 different tests in combination with dynamic movement analysis, core testing, and swing analysis.

### **Tell us about the TSMG facility.**

We are a 33,000 sq ft orthopedic clinic equipped with the latest cutting edge technology including but not limited to: diagnostic ultrasound, x-ray, two Alter-G anti-gravity treadmills, 3D motion analysis, plantar pressure mapping, a full biomechanics lab, and a full orthotic lab in order to make custom, in-house orthotics.



### **What should people know about TSMG?**

In addition to three Doctors of Physical Therapy and their support staff, our team includes two chiropractors, and a number of exercise physiologists and exercise specialists that implement dynamic movement patterns. We have a comprehensive, cutting-edge biomechanics lab where we can assess and quantify the degrees and speed at which people move and where they are struggling. We have also recently opened SquareOne Restorative Health, which provides hormone balance, IV hydration infusion, regenerative medicine, nutrition services, cellular detox program, and more!



### **What do you see in the future for TSMG?**

I see us continuing to be a comprehensive facility adding integrative health, which isn't the mainstream allopathic health model where we suppress symptoms. We want to focus on the cause of the problem. Certainly **playing golf well into your 80s**, having great energy, and making a difference in the relationships around you is a focus of TSMG and will continue to be our focus in the future.

### **Upcoming Events:**

Thursday, September 21 from 2 p.m. to 7:30 p.m.: We're hosting the grand opening for our sister company, SquareOne, at Cherokee Mills complete with educational booths, refreshments, and giveaways! Everyone is welcome and can check out more details on the SquareOne Facebook page.

[www.tennsportsmed.com](http://www.tennsportsmed.com)