



Financial Wellness tips by Theresa Gray

Checklist

Making Profit From Your Clutter
and

How to Find Extra Space in Your Home

MONEYMATTERS.LIFE

How to sort, select, and sell your stuff - 16 Steps

Congratulations! You have taken the first step to taking control of the clutter in your house. This process takes time and can be stressful to imagine a change to your environment, so give yourself some grace. However, if you do the work, you will be rewarded with more space, less chaos, a sense of accomplishment, and maybe some financial rewards (CA\$H!).

This checklist is to be used with my Guide to Making Profit from Your Clutter, which was also a blog post. To see the blog post in entirety, click [here!](#)

Grab a pen and keep an open mind doing this activity, this is an exercise to get your ideas flowing on what you can make money off in your house AND/OR how you can create less chaos in your environment. People tend to feel like life is out of control when they surround themselves with more things than they can manage - it can be hard to focus on ANY thing when you feel like you are crowded by EVERY thing!

Take a few pictures of what you see as you are making these lists and filling out the table. These will be fun to look back on next year when you have a clutter free home (create a before and after photo and [email me](#) with it), and are also good for insurance documentation of your home's contents.

Right now we are just making lists, not committing to doing anything, so don't get hung up on deciding whether to put something on the list. If it occurs to you to list something, then list it! The first time you do this process I would recommend that you only fill in 5 items for each step on the list and then move to the next step.

THE LISTS

These list titles may not make sense without first reading

“Guide to Selling - Making Profit from Your Clutter”, so be sure to read the blog post [here](#).

A ‘stranger’ would notice
these things:

- 1)
- 2)
- 3)
- 4)
- 5)

Things you haven’t used in a
year:

- 1)
- 2)
- 3)
- 4)
- 5)

Areas in your home that need
to be cleaned out:

- 1)
- 2)
- 3)
- 4)
- 5)

Things you just do not like:

- 1)
- 2)
- 3)
- 4)
- 5)

Forgotten or misused items:

- 1)
- 2)
- 3)
- 4)
- 5)

Things that are broken and
need to be fixed:

- 1)
- 2)
- 3)
- 4)
- 5)

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SELL THESE THINGS

Item	Original Cost	When did you buy it?	Where did you buy it?	Resale Price	Resale spot

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Your selling notes:

Local resale or consignment shops

Local online resale results (Craigslist, NextDoor, etc.) sign ins/
passwords:

App store search results (ie Decluttr.com) and sign in info/
passwords:

THE LISTS

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General Selling

<input type="checkbox"/>	Have you filled out “THE LISTS” pages?
<input type="checkbox"/>	Have you filled out the “SELL THESE THINGS” table?
<input type="checkbox"/>	What is your accepted minimum profit? Items that net you below this amount will be sold in bulk (local store/garage sale)
<input type="checkbox"/>	Have you identified your local market resale or consignment shops? Write down their information to have it handy for future iterations.
<input type="checkbox"/>	Have you created accounts for online local selling options like Craigslist, NextDoor, OfferUp, etc. and noted your sign in information?
<input type="checkbox"/>	Have you researched how to sell online? There are several selling apps that make scanning the barcode easy.
<input type="checkbox"/>	Before moving items, have you taken the ‘before’ photos to post your bragging rights later?

Selling Checklist

This checklist supplements my “Guide to Selling - Making Profit from Your Clutter” post, so to get the most out of this checklist below, be sure to read the blog post [here](#).

Item Specific	
<input type="checkbox"/>	Are you willing to ship your item? Pick your resale spot accordingly.
<input type="checkbox"/>	How motivated are you to sell? (Hold out for full price if you can wait)
<input type="checkbox"/>	What is the lowest price offer you would accept?
<input type="checkbox"/>	Have you moved the item to a new spot to make sure you are comfortable with the change?
<input type="checkbox"/>	Have you made sure the item is clean?
<input type="checkbox"/>	If selling online, have you taken great photographs? <ol style="list-style-type: none">1. Take several different shots from different angles in good light2. Include flaws in the pictures3. Make sure the background of the photo looks clean4. Include shots of brand labels, UPC codes and tags
<input type="checkbox"/>	If selling online, have you written a good description? <ol style="list-style-type: none">1. Do you tell a good story that lets the new buyer see why you are selling and feel good about buying from you?2. Do you include original price, how long you've owned the product, and where you purchased it?3. Do you disclose any flaws?4. Have you included any write ups from the manufacturer?
<input type="checkbox"/>	Post item for sale! Or, take it to a store! Good luck!