



## Senior Companion Program



*Making Independence A Reality*

### Become a Senior Companion Volunteer

#### Types of activities volunteers provide:



- ❖ Companionship and support (non-medical)
- ❖ Talking, listening, cheering up and playing games
- ❖ Assist with simple meal preparation
- ❖ Assist in accessing needed services
- ❖ Assist with letter writing, reading, sorting bills, and shopping
- ❖ Accompany to medical appointments

#### Who may serve as a companion?

- ❖ Must be at least 55 years in age
- ❖ Meet income eligibility guidelines
- ❖ Willing to volunteer at least 15 hours a week
- ❖ Have a valid ID
- ❖ Willing to submit to criminal background checks
- ❖ Willing to attend monthly trainings

#### How do I apply?

- ❖ Complete an application
- ❖ Schedule an interview. (Application may be completed at time of interview)
- ❖ Bring ID, income information and at least 2 references

#### Application Process

1. Complete application and interview
2. Complete background checks (scheduled and paid for by program)
3. Complete physical and bring in any require documentation
4. Complete 20 hours of pre-service orientation

#### CONTACT INFORMATION

**New Castle County**  
Rose Hill Community Center Inc.  
19 Lambson Lane, Suite 105A  
New Castle, DE 19720  
Phone: 302-498-0454

**Kent County**  
Blue Hen Corporate Center  
655S. Bay Road, Suite 4J  
Dover, DE 19901  
Phone: 302-674-5229

**Sussex County**  
Stanford I. Bratton Building  
308 N. Railroad Avenue  
Georgetown, DE 19947  
Phone: 302-856-7761